

Think on These Things

An Anthology
of Inspirational Quotations

Leonard S. Kenworthy

The Four Corners Press

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Preface

For more than 40 years I have kept notebooks or scrapbooks of my favorite quotations on a wide variety of subjects. They were collected for my own personal use, although they have been helpful in preparing speeches and articles and for use in church bulletins or newsletters.

In that same period I published 63 titles in the *Speaks* series of biographical booklets, each containing a one page account of the life of a prominent individual with seven pages of quotations from that writer's works, arranged topically.

Friends who have known of these efforts have urged me to prepare an anthology, based in large part on those two, long-term projects.

In preparing this book, however, I have done a great deal more reading, consulting scores of volumes I had previously read, plus many more that I had never perused. From those various efforts, this book has finally emerged.

Of course, there are many existing books of quotations, such as those by Bartlett and Stevenson, plus many books of meditations, and the several Oxford Books of. . . . Yet most of them are long, expensive, and better suited for reference use than for daily or intermittent reading.

Therefore, this volume differs from them in several respects. It is a highly personalized collec-

tion of favorite quotations and although it covers a wide range of topics, it makes no effort to be comprehensive. It includes many references to authors from the distant past but it highlights selections from the last 50 years. It is short and therefore manageable as well as relatively inexpensive. And it is a paperback which can be carried around in a pocket, pocket-book, rucksack, or duffle bag, and read almost anywhere. Consequently, it is far less expensive than most such collections.

Despite its comparative brevity, it contains a wide range of topics—from Adventure to Youth. It includes the great themes of life, such as childhood and parenting, youth, middle-age, and the later years; courage, faith, love, Jesus, God, religion, ourselves and others; and the world orientation and world-oriented individuals, plus many other themes.

A few topics are limited to one or two pages; most are covered in two or three. A few are expanded into several pages, such as the sections on God, religion, prayer, and social justice.

Some of the authors are from the distant past, but most are from the recent past or present. There are selections from a large number of persons: philosophers—like Buber, de Chardin, James, and Whitehead; ministers—like Coffin, Fosdick, Gordon, Marshall, Sockman, and Thurman; psychologists—like Erikson, Fromm, Jung, Kunkel, and May; poets—like Dickinson, Frost, Gibran, Sandburg, Rilke, and Tagore.

Most of the authors are Americans, but there are quotations from such writers as Dostoyevsky,

Gandhi, Gibran, Goethe, Nehru, Paton, Temple, Tolstoy, and van der Post.

The topics are arranged alphabetically, as indicated in the Table of Contents. Then, within each topic, the approach differs. Sometimes the quotations are arranged alphabetically. In other instances they are treated by themes,—occasionally with subtopics. More often they are arranged somewhat like an essay.

Since some topics overlap, there are a few cross-references. In order to assist readers, there is also an index of authors.

This anthology should serve several purposes. It can be used as a reference volume. It can also serve as the basis of devotional readings,—daily or intermittent. Some groups, especially in churches, may find it useful as the basis for common readings and/or discussions. Writers should find some choice selections in this volume, and editors, especially of church bulletins, should find this a rich resource of quotations. Ministers should find many suitable selections for their sermons in it, and there may be other uses, too.

Through these pages readers may hear the voices of many of the world's great men and women. It is my hope that many of these selections will, in the apt words of Quakers, "speak to their condition."

As its compiler, I would welcome the reaction of readers to this anthology—an indication of the uses to which this book has been put, the quotations which were found to be most helpful, and the selections which might be omitted in another edition. If readers would like to suggest suitable

quotations which might be included in such a book, I would welcome them.

I trust, then, that this volume will prove enriching to many people and in many different ways.

Leonard S. Kenworthy

*Kendal at Longwood
Kennett Square, Pennsylvania*

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Adventures and Adventurers

(See also Courage and Faith)

Without adventure civilization is in full decay.

Alfred North Whitehead

Adventure is the vitamizing element in histories, both individual and social.

William Bolitho

It is always the adventurers who accomplish great things.

Montesquieu

The life of an adventurer is the practice of the art of the impossible.

William Bolitho

We all have a Land of Beyond to see in life—what more can we ask? Our part is to find the trail that leads to it. A long trail, a hard trail it may be; but the call comes and we have to go.

Fridtjof Nansen

The only life worth living is the adventurous life. Of such a life the dominant characteristic is that it is unafraid. In the first place, it is unafraid of what other people think. Like Columbus, it dares not only to assert a belief, but to live it in the face of contrary opinions. It does not adapt either its pace or its objectives to the pace and objectives of

its neighbors. It is not afraid of dreaming dreams that have no practical meaning. It thinks its own thoughts, it reads its own books, it develops its own hobbies, it is governed by its own conscience. The herd may graze where it pleases or stampede when it pleases, but he who lives the adventurous life will remain unafraid when he finds himself alone.

Raymond Fosdick

The Aims of Life The Purposes of Existence

For what doth the Lord require of thee but to do justly, to love mercy, and to walk humbly with thy God.

Micah 6:8

. . . you shall love the Lord your God with all your heart, and with all your soul, with all your mind, and with all your strength. . . . You shall love your neighbor as yourself.

Mark 12:30-31

The great aim of life is to spend it for something that will outlast it.

William James

. . . to turn all that we possess into the channel of universal love becomes the business of our lives.

John Woolman

The whole aim of life is self-sacrificing labor for others. . . . I should like to be firmly convinced that I give people more than I take from them.

Leo Tolstoy

The purpose of man's life is not happiness, but worthiness.

Felix Adler

The meaning of life is to build a life as if it were a work of art.

Abraham Heschel

Every man is tasked to make his life, even in its details, worthy of the contemplation of his most elevated and critical hour.

Henry David Thoreau

To be carried out of yourself by something that you serve, so that you forget yourself in something other than yourself and so enlarge yourself—that is the secret of a healthy and happy life.

Harry Emerson Fosdick

Be not afraid of life. Believe that life is worth liv-

ing and your belief will help create the fact.

William James

That life is worth living is the most necessary of assumptions, and, were it not assumed, the most impossible of conclusions.

George Santayana

Life is a trust, given into our hands, to hold carefully, to use well, to enjoy, to give back when the time comes

Elizabeth Gray Vining

To finish the moment, to find the journey's end in every step of the road, to live the greatest number of good hours, is wisdom.

Ralph Waldo Emerson

A man who takes the betterment of humanity for his aim and end must also take the daily experiences of humanity for the constant correction of his progress.

Jane Addams

To give one's life away to what one knows to be of highest worth, not only for oneself, but for all mankind, is the most mature experience open to man. It can help him face death and tragedy undismayed. It possesses the secret of life everlasting.

Gregory Vlastos

Something to do, someone to love, and something to hope for, are the true essentials of a happy and meaningful life.

David Goodman

I shall study how I may be tender without being soft; gracious without being ingratiating; kind without being sentimental; and understanding without being judgemental.

Howard Thurman

Every man has the task of arranging his life into a pattern of unity, but that unity will always be a unity of diverse parts, a harmony of many varied elements.

Joshua Liebman

The essential philosophical quest in the world is for integration—which is to say, the need to bring together rational philosophy, spiritual belief, scientific knowledge, personal experiences, and direct observation into an organic whole.

Norman Cousins

Do not be timid and squeamish about your actions. All life is an experiment. The more experiments you make the better. What if they are a little course and you may get your coat soiled or torn? What if you do fail and get fairly rolled in the dirt once or twice? Up again, you shall never be so afraid of a tumble.

Ralph Waldo Emerson

But what I want first of all—in fact, as an end to these other desires—is to be at peace with myself. I want a singleness of eye, a purity of intention, a central core to my life that will enable me to carry out these obligations and activities as well as I can. I want, in fact—to borrow from the language of the saints—to live “in grace” as much of the time as possible. I am not using this term in a strictly theological sense. By grace I mean an inner harmony, essentially spiritual, which can be translated into outward harmony. I am seeking perhaps what Socrates asked for in the prayer from the *Phaedrus* when he said, “May the outward and the inward man be one.”

Anne Morrow Lindbergh

Appreciation—Gratitude

Well done, good and faithful servant. . . .

Matthew 25:21

Let us not neglect meeting together as some do, but let us encourage one another.

Hebrews 10:25 (Goodspeed)

Nothing is more honorable than a grateful heart.

Seneca

While I would fain have some tincture of all virtues, there is no quality I would rather have, and be thought to have, than gratitude. For it is not only the greatest virtue, but even the mother of all the rest.

Cicero

Appreciation is the truest liberality.

Johann von Goethe

Generosity wins for its possessor favor for all, especially if joined with humility.

Johann von Goethe

Gratitude is the fruit of great cultivation; you do not find it among gross people.

Samuel Johnson

When I look back upon my early days, I am stirred by the thought of the number of people whom I have to thank for what they gave me or for what they did for me. At the same time I am haunted by an oppressive consciousness of the little gratitude I really showed them when I was young. . . . We ought all to make an effort to act on our first thoughts and let our unspoken gratitude find expression. Then there will be more sunshine in the world and more power to work for what is good.

Johann von Goethe

We have a great deal more kindness than is ever spoken.

Ralph Waldo Emerson

Some people are always grumbling that roses have thorns; I am thankful that thorns have roses.

Alphonse Karr

Expressed appreciation does not increase the expense account but it is very apt to result in increased profits.

James J. Rand, Jr.

I look back upon my youth and realize how so many people gave me help, understanding, courage, meant something important to me—and they never knew it. They entered into my life and became powers within me. All of us live spiritually by what others have given us, often unwittingly, in the significant hours of our lives. . . . We all owe to others much of gentleness and wisdom that we have made our own; and we may well ask ourselves what will others owe us?

Fulton Oursler

I Give Thee Thanks

For these, O God, I give Thee thanks:
For autumn hills all tapestried in gold,
For sleeping valleys nestled near Thy heart,
For gleams of burnished silver on a stream,
For jewels flashing in the night-time skies,
For flaming sunlit clouds,

For soft horizon haze,
For bare brown earth and rugged wind-swept
trees,
For rain,
For dew,
For frost,
For nature's sleep,
And then for glad, resurgent life of Easter time—
For these, O God, I thank Thee.

Again, O God, I give Thee thanks for these:
For song and symphony,
For age-long quest of truth,
For minds full-grown that would not play in
shallow pools,
For mariners that launched their barks toward
unknown seas,
For prophets crying in a desert waste,
Unheard till lifted on a cross they drew men near,
For all the great who dipped their pens in gold
And wrote in deathless words the deeps of life,
For humble folk who died unheralded
And left the world enriched by wealth of love—
For these, O God, I thank Thee.

Again, O God, I give Thee thanks for these:
For friends who understand,
For useful work, and laughter lightening toil,
For comradeship with you, alive to know and do.
For mellowed age,
For homes where happy children's voices sound,
For hearths where lambent flames play merrily,
For tables with daily sustenance,
And couches that give rest when day is done—
For these, O God, I thank Thee.

I give Thee thanks, O God,
For these Thy gifts unbought with coin:
For beauty of the earth and sky,
For goodly heritage,
For life and love and fellowship,
For that great Gift, surpassing all,
The gift of Thine own Life to men—
For these, O God, I give Thee thanks,
And lift my hymn of praise to Thee.

Georgia Harkness

The Arts

What about the creative state? In it a man is taken out of himself. He lets down, as it were, a bucket into the unconscious and draws up something which is beyond reach. He mixes this thing with his normal experience and out of the mixture he makes a work of art.

E. M. Forster

Reading, music, art, travel, all provide fodder for the silo of the unconscious. . . . But like the fodder in the silo, it has to ripen and ferment before it is brought out for use.

Elizabeth Gray Vining

Art is a step from nature toward the infinite.

Kahlil Gibran

A work of art is a mist carved into an image.

Kahlil Gibran

The power of the artist is the power to share and interpret universal life. . . . what is the function of art but to preserve in permanent and beautiful form those emotions and solaces which cheer life and make it kindlier, more heroic and easier to comprehend, which lift the mind of the worker from the harshness and loneliness of his task, and, by connecting him with what has gone before, free him from a sense of isolation and hardship.

Jane Addams

Of any artistic act and product, it may be said both that it is inevitable in its rightness, that nothing in it can be altered without altering all, and that its occurrence is spontaneous, unexpected, fresh, unpredictable.

John Dewey

A man is as old as the creative force within him.

Irving Stone

I cry out for order and find it only in art. I think, now that I needn't work any longer and still do, it is because the theater offers me meaning, and always has. When I do a play, everything is in its place, like my drawer, and all's right with the world.

Helen Hayes

Art, as best it can, doth follow nature, as pupil follows master; industry or Art is, so to speak, grandchild to God. From these two sources (if you call to mind that passage in the Book of Genesis) mankind must take its sustenance and progress.

Dante

It is not the facts of life alone that give you understanding, but your deep responses to them. There is a special eye that an artist must have.

Helen Hayes

True, sculpture shares nothing with painting. It exists on its own premises. But primitive man carved in stone for thousands of years before he began to paint on cave walls. Sculpture is the first and original art.

Irving Stone

Trading on a sense of fun, and a natural gift, I only started to grow up when the truth sank in—that there are no gifts, that there is a price for everything—and you've got to be willing to pay for it.

Helen Hayes

What a magnificent artist was God when He created the universe: sculptor, architect, painter. He who originally conceived space, filled it with His wonders.

Irving Stone

Ugliness is evil.

Irving Stone for Michaelangelo.

The Arts and Religion

God conceived the world, that was poetry;
He formed it; that was sculpture;
He colored it; that was painting;
He peopled it with living beings; that was the
grand, divine, eternal drama.

Charlotte Chushamn

The universal love of beauty is one of the resources of human life that Christianity ought to pervade with its spirit and claim as its own. It is to the instinctive love of the beautiful that the artist makes his appeal, and gets, therefore, a wider hearing for the truth he presents in this universally beloved form.

Cynthia P. Maus

The principle of art is the incarnation of God's eternal beauty. The principle of religion is the incarnation of God's eternal heart. Neither can do the other's work, yet their work is complementary and I wish the divorce between them—art and religion—were more nearly healed. I wish the artists felt more of the need which art can never fill

and I wish the religious felt more of the need that art can fill.

Principal Forsyth

The Christian world is beginning to turn to art with a new spirit of appreciation due largely to the ease with which the public may now have access to at least reproductions of great masterpieces at a comparatively nominal cost. Just as the printing press ushered in the democracy of learning, so the camera ushered in the democracy of art; and pictures that were once found only in the great cathedrals and art galleries or in the homes of the rich are now found everywhere in reproductions.

Cynthia P. Maus

Awe and Wonder

The most precious possession of the human race is the wonder of the world.

Kenneth Graham Greene

To me every hour of the day and night is an unspeakable miracle.

Walt Whitman

My heart leaps up when I behold
A rainbow in the sky.

William Wordsworth

The most beautiful thing we can experience is the mysterious. It is the source of all true art and power. . . . He who can no longer pause to wonder and stand rapt in awe is as good as dead; his eyes are closed.

Albert Einstein

Two things fill the mind with ever new and increasing admiration and awe, the oftener and the more steady we reflect on them: the starry heaven above and the moral law within.

Immanuel Kant

What is this life, if full of care,
We have no time to stand and stare.

William H. Davies

A child's world is fresh and new and beautiful, full of wonder and excitement. . . . If a child is to keep alive his inborn sense of wonder . . . he needs the companionship of at least one adult who can share it, rediscovering with him the joy, the excitement, and mystery of the world we live in.

Rachel Carson

A child said, "What is the grass?", fetching it to me with full hands.
How could I answer the child? "I do not know what it is" any more than he.

Walt Whitman

Beauty

Everything has its beauty, but not everyone sees it.

Confucius

Earth's crammed with Beauty
And every common bush afire with God.

Elizabeth Barrett Browning

Open your eyes and the whole world is full of
God.

Johann von Goethe

I have always been captivated by the beauty of
the world, to which the science I love constantly
adds new vistas.

Eve Curie

Though we travel the world over to find the beau-
tiful, we must carry it with us or we find it not.

Ralph Waldo Emerson

But in the mud and scum of things
There always something sings.

Ralph Waldo Emerson

When I contemplate the human eye, I find myself
marvelling at the work of God. For it is through
the eye, as the window of the body, that the soul
enjoys the beauty of the world.

Leonardo da Vinci

I would build a city near to a harbor and upon an island in that harbor I would erect a statue, not to Liberty, but to Beauty. For Liberty is that one about whose feet men have forever fought their battles; and Beauty is that one before whose face all men reach hands unto all men as brothers.

Kahlil Gibran

Beauty is eternity gazing at itself in a mirror.
But you are eternity and you are the mirror.

Kahlil Gibran

A morning glory at my window satisfied me more than the metaphysics of books.

Walt Whitman

Flower in the crannied wall,
I pluck you out of the crannies,
I hold you here, root and all, in my hand,
Little flower—but if I could understand what you
are, root and all, and all in all,
I should know what God and man is.

Alfred Lord Tennyson

Beauty seen is never lost.

John Greenleaf Whittier

Beauty is the harmony realized in things which are bound by law. Love is the harmony realized in wills which are free.

Rabindranath Tagore

Wonderful . . . is the way in which beauty breaks through. It breaks through not only at a few

highly organized points; it breaks through almost everywhere. Even the minutest things reveal it as well as the sublimest things, like the stars. Whatever one sees through the microscope—a bit of mould, for example—is charged with beauty. Everything from a dewdrop to a mountain is charged with beauty. And yet beauty has no function, no utility. Its value is intrinsic, not extrinsic. It is its own excuse for being. It greases no wheels, it bakes no puddings. It is a gift of sheer grace, a gratuitous largess. It must imply behind things a Spirit that enjoys beauty for its own sake and that floods the world everywhere with it.

Rufus M. Jones

Never lose the opportunity of seeing anything that is beautiful, for beauty is God's handwriting—a wayside sacrament. Welcome it in every fair face, in every fair sky, and in every flower, and thank God for it as a cup of blessing.

Ralph Waldo Emerson

One cannot learn to live beauty as one learns arithmetic. The sense of beauty can only be given by beauty itself. Beauty is to be found everywhere.

Alexis Carrel

We are living in a world of beauty but how few of us open our eyes to see it. What a different place this would be if our senses were trained to see and hear. We are the heirs of wonderful treasures

from the past: treasures of literature and of the arts. They are ours for the asking—all our own to have and to enjoy, if only we desire them enough.

Lorado Taft

I still find each day too short for all the thoughts I want to think, all the walks I want to take, all the books I want to read, and all the friends I want to see. The longer I live the more my mind dwells upon the beauty and wonder of the world.

John Burroughs

If I were to choose the sights, the sounds, the fragrances I would want to see and hear and smell—among all the delights of the open world—on a final day on earth, I think I would choose these: the clear, ethereal song of the white-throated sparrow singing at dawn; the smell of pine trees in the heat of noon; the lonely calling of the Canada geese; the sight of a dragonfly glinting in the sunshine; the voice of a hermit thrush far in a darkening woods at evening; and—the most spiritual and moving of sights—the white cathedral of a cumulus cloud floating serenely in the blue of the sky.

Edwin Way Teale

One cannot collect all the beautiful shells on the beach. One can collect only a few, and they are more beautiful if they are few. Gradually one discards and keeps just the perfect specimens. One

sets it apart by itself, ringed around by space—like the island.

For it is only framed in space that beauty blooms. Only in space are events and objects and people unique and significant—and therefore beautiful. Even small and casual things take on significance if they are washed in space, like a few autumn grasses in one corner of an Oriental painting—the rest of the page bare.

Anne Morrow Lindbergh

God, who touchest earth with beauty,
Make me lovely, too;
With Thy Spirit re-create me,
Make my life anew.

Like the springs and running waters,
Make me crystal pure;
Like Thy rocks of towering grandeur,
Make me strong and sure.

Like Thy dancing waves in sunlight,
Make me glad and free;
Like the straightness of the pine trees
Let me upright be.

Like the arching of the heavens,
Lift my thoughts above;
Turn my dreams to noble action—
Ministries of love.

God, who touchest earth with beauty,
Make me lovely, too;
Keep me ever by Thy Spirit,
Pure and strong and true.

Mary S. Edgar

The beautiful is a phenomenon which is never apparent of itself, but is reflected in a thousand different works of the Creator.

Johann von Goethe

The most beautiful thing we can experience is the mysterious. It is the source of all true art and power. He who can no longer pause to wonder and stand rapt in awe is as good as dead; his eyes are closed.

Albert Einstein

For the beauty of the earth,
For the glory of the skies,
For the love which from our birth
Over and around us lies;
Lord of all, to thee we raise
This, our grateful hymn of praise.

For the wonder of each hour,
Of the day and of the night,
Hill and vale and tree and flower,
Sun and moon, and stars of light;
Lord of all, to thee we raise
This our grateful hymn of praise.

For the joy of human love,
Brother, sister, parent, child,
Friends on earth and friends above,
For all gentle thoughts and mild;
Lord of all, to thee we raise
This, our grateful hymn of praise.

For thy church that evermore
Lifteth holy hands above

Off'ring up on every shore
Her pure sacrifice of love;
Lord of all, to thee we raise
This, our grateful hymn of praise.

Elliott S. Pierpont

The Bible

The Bible, then, is a collection, a library of various books, reflecting and illuminating the long life of a small, yet a great people.

Mary Ellen Chase

The Bible is the book of choice. From end to end it sets man face to face with the supreme choice which determines all the other choices in life; from the law of Moses: "I have set before you life and death . . . therefore choose life" (Deuteronomy 30:19) to the words of Christ: "No man can serve two masters" (Matthew 6:24). In each of the personal dialogues of which the Bible is full, the Word of God speaks to man, making him a person, a responsible human being who must answer. The Bible stresses the inexorable and radical nature of that choice: from the Old Testament where the prophet Elijah cries: "How long halt ye between two opinions" (I Kings 18:21) to the Revelation: "Thou art neither hot nor cold; I would thou were cold or hot" (Revelations

3:15). At the same time the Bible shows us where true life and liberty are to be found.

Paul Tournier

The Bible is so full of matter, that, more than any other book it offers material for reflection and opportunity for meditation on human affairs. As for myself, I loved and valued it, for almost to it alone did I owe my moral culture. . . .

Johann von Goethe

It (the Bible) is . . . definitely the world's greatest literature of revelation. There is a uniqueness about this Book which research has only heightened and it will still be read with awe and wonder as the sifted spiritual literature of the ages. It contains almost every type of literature—epic, lyric, exhortative. It has furnished models and suggested material for hosts of writers. It is woven into the seamless structure of the world's greatest poetry, and, what is even more important, it has gone into the moral and spiritual fiber of countless lives. . . . It contains the best story material by which the minds of children have ever been trained, and it is the greatest revelation that has come out of the far past of the race. . . . It is bound to recover its place of influence in the race and be once again *the* Book of the family, the church, and the educator. But this will happen only if it is seen and read in the new light that has been flooded upon it, and if it is interpreted so as no longer to be ipse dixit out of line and

harmony with the established truths of science and the known facts of history. . . .

Rufus M. Jones

(The Bible is) the noblest monument of English prose.

John Livingston Lowes

The storytellers of the Bible, both in the Old Testament and the New, understood men and women of all sorts and in all conditions. There is literally no type of person whom they have neglected. . . . the Bible in its slow and patient evolution is the noblest record in any language of the hearts and the minds of men. Those who wrote it and those of whom it was written thought and wondered over the eternal questions of life and death, of man's lot upon this earth, and of his ultimate destiny.

Mary Ellen Chase

The best letters ever written are in the Bible, and St. Paul is the author of them, a more vivid letter writer than even Horace Walpole or Lord Chesterfield, largely because he had far more important things than they to say.

Mary Ellen Chase

I think of each book of the Bible as like a huge treasure chest, inside which is a glittering variety of riches.

Chuck Fager

Knowing it as many of them knew no other book, the great writers of English for three centuries have made of it a requirement for the understanding of their works, indeed of themselves. Milton, Sir Thomas Browne, Swift, Lamb, Newman, Hazlitt, Macaulay, de Quincy, Ruskin, Dickens, George Eliot, Hardy, Emerson, Thoreau, Hawthorne, Melville, Lincoln—to name only those best known to us, have woven its words, its characters, its incidents, its imagery, its style into the very fabric of their lowly literature. If we would truly understand them, we must know the Bible in its translation (the King James version) which they knew and honored.

Mary Ellen Chase

In retrospect, the road travelled by the idea of God through the Bible as a whole presents a fascinating spectacle.

Beginning with a storm god on a desert mountain, it ends with men saying, God is a spirit and they that worship him must worship in spirit and truth.

Beginning with a tribal god, leading his devotees to bloody triumph over their foes, it ends with men seeing that "God is love" and "he that abideth in love abideth in God, and God abideth in him."

Beginning with a territorial deity who loved his clansmen and hated the remainder of mankind, it ends with a great multitude out of every tribe and tongue and people and nation, worshipping one universal Father.

Beginning with a god who walked in the gar-

den in the cool of the day or who showed his back to Moses as a special favor, it ends with a God whom "no man hath seen . . . at any time" and in whom "we live and move and have our being."

Beginning with a God who commanded the slaughter of infants and sucklings without mercy, it ends with the God whose will it is that "not one of these little ones should perish."

Beginning with a god from whom at Sinai the people shrank in fear, saying, "Let not God speak with us, lest we die," it ends with the God to whom one prays in the solitary place and whose indwelling spirit is our unseen friend.

Beginning with a god whose highest social vision was a tribal victory, it ends with the God whose worshippers pray for a world-wide kingdom of righteousness and peace."

Harry Emerson Fosdick

I saw how people read the Scriptures without a right sense of them, and without duly applying them to their own states . . . they read these things and applied them to others, but they did not turn in to find the truth of these things in themselves.

George Fox

I told him that all Christendom (so-called) possessed the Scriptures, but wanted the Power and Spirit that they had who gave forth the Scriptures, and that was the reason they were not in fellowship with the Son, or with the Father, or one another.

George Fox

Take all this book (the Bible) upon reason that you can, and the balance on faith, and you will live and die a happier and better man.

Abraham Lincoln

You search the scriptures because you think that in them you have eternal life and it is they that bear witness to me; yet you refuse to come to me that you may have your life.

Jesus

Books

The book is still the finest portable university known to man.

Norman Cousins

When we are collecting books, we are collecting happiness.

Vincent Starrett

A good book is the best of friends, the same today and tomorrow.

Martin F. Tupper

A man who buys a book is not just buying a few ounces of paper, glue, and printer's ink; he may be buying a whole new life.

Anonymous

A book is a garden, an orchard, a storehouse, a party, a company by the way, a counsellor, a multitude of counsellors.

Henry Ward Beecher

For books are more than books, they are the life,
The very heart and core of ages past;
The reason why men lived, and worked, and
died,
The essence and quintessence of their lives.

James Russell Lowell

There is no frigate like a book
To take us lands away,
Nor any coursers like a page
Of prancing poetry.

This traverse may the poorest take
Without oppress of toll;
How frugal is the chariot
That bears a human soul.

Emily Dickinson

Except a living man, there is nothing more wonderful than a book—a message to us from the dead—from human souls we never saw and who lives perhaps thousands of miles away, and yet those words on those little sheets of paper speak to us, amuse us, and comfort us.

Charles Kingsley

There they are, waiting and silent. They neither urge nor call, or press their claims. Mutely they are

ranged along the wall. They seem to be asleep and yet from each one a name looks at you like an open eye. If you direct your glances their way or move your hands over them, they do not call out to you in supplication, nor do they obtrude themselves upon you. They make no demands. They wait until you are receptive to them; only then do they open up.

Stefan Zweig

Some books are to be tasted; others to be swallowed, and some few to be chewed and digested.

Francis Bacon

To be well informed, one must read quickly a great number of merely instructive books. To be cultivated, one must read slowly and with a lingering appreciation the comparatively few books that have been written by men who lived, thought, and felt with style.

Aldous Huxley

There is no reader so parochial as the one who reads none but this morning's books. Books are not rolls, to be devoured only when they are hot and fresh. A good book retains its interior heat and will warm a generation yet unborn.

Clifton Fadiman

The worth of a book is to be measured by what you can carry away from it.

James Bryce

The best books are those which best teach each man how to live.

Israel Abrahams

Caring – Concern – Compassion

(See also Love, Others, and Service)

As he saw the crowds, he was moved with pity for them; they were harassed and dejected.

Matthew 9:36 (Moffatt)

Now we that are strong ought to bear the infirmities of the weak and not to please ourselves.

Romans 15:1

I feel the capacity to care is the thing which gives life its deepest significance.

Pablo Casals

The good we secure for ourselves is precarious and uncertain . . . until it is secured for all of us and incorporated into our common life.

Jane Addams

No one is useless in this world who lightens the burden of it for anyone else.

Charles Dickens

I am tired of men of ability; give me men who care.

Louis Brandeis

It (caring) is a state composed of the recognition of another—a fellow human being like one's self; of identification of one's self with the pain or joy of the other; of guilt, pity, and the awareness that we all stand on the base of a common humanity from which we all stem.

Rollo May

Christianity has taught us to care. Caring is the greatest thing—caring matters most.

Baron von Huegel

The truth is, this quality of compassion—and the word means “to suffer with”—has been transforming the world and especially in the last century or two. It was the force that abolished slavery and put an end to child labor. It was the power that sent Florence Nightingale to the Crimea and Albert Schweitzer to Africa. Mobilized in the March of Dimes, it helped conquer polio. Without it there would be no Social Security, no Medicare, no S.P.C.A., no Red Cross. But the most remarkable thing about it is what it can do to—and for—the person who feels it deeply.

Arthur Gordon

Fortunate, indeed, is it that care is born in the same act as the infant.

Rollo May

Real caring is costly in time and in involvement, and wittingly or unwittingly, how often we are not there.

Douglas V. Steere

Our fellowship with God issues in world concern. We cannot keep the love of God to ourselves. It spills over. It quickens us. It makes us see the world's needs anew. We love people and we grieve to see them blind when they might be seeing; asleep with all the world's comforts when they ought to be awake and living sacrificially, accepting the world's as their right when they really hold them only in temporary trust. It is because of this Holy Center we relove people, relove neighbors as ourselves, that we are bestirred to be the means of their awakening.

Thomas Kelly

Expressing confidence in a person's ability to accomplish something actually strengthens that ability.

Arthur Gordon

Most of us spend our lives trying to escape from self-centeredness. Maybe that's the whole point, the whole challenge, what the whole thing is about. Some of us succeed better than others. It seems to me that the ones who have the most success are those who somehow turn self-caring into what might be called other-caring.

It takes courage to be other-caring, because people who care run the risk of being hurt. It's not easy to let your guard down, open your heart, react with sympathy or compassion or indignation or enthusiasm when usually it's much easier—and sometimes much safer—not to get involved.

But people who take the risk make a tremendous discovery. The more things you care about,

and the more intensely you care, the more alive you are.

This capacity for caring can illuminate any relationship: marriage, family friendships—even ties of affection that often join humans and animals. Each of us is born with some of it, but whether we let it expand or diminish is largely up to us.

Arthur Gordon

Compassion is not quantitative. Certainly it is true that behind every human being who cries out for help there may be a million or more equally entitled to attention. But this is the poorest of all reasons for not helping the person whose cries you hear. . . . Reach out and take hold of the one who happens to be nearest. If you are never able to help or save another, at least you will have saved one. To help put meaning into a single life may not produce universal regeneration, but that happens to represent the basic form of energy in society. It also is the test of individual responsibility.

Norman Cousins

Change-Renewal

I believe that man's noblest endowment is his capacity to change.

Leonard Bernstein

Today is not yesterday; we ourselves change; how can our works and thoughts, if they are always to

be the fittest, continue always the same? Change indeed is painful, yet needful, and if memory has its place and worth, so also has hope.

Thomas Carlyle

The old order changeth, yielding place to new,
And God fulfils himself in many ways,
Lest one good custom should corrupt the world.

Alfred Lord Tennyson

Societies are renewed—if they are renewed at all—by people who believe in something, care about something, stand for something.

John W. Gardner

. . . flexibility is the key to success—and a touch of humility, perhaps. The rigid person is the least likely to learn new thought-patterns, acquire new habits, experiment with new philosophies or life-styles. Self satisfied people see no need for change. . . .

Arthur Gordon

Perhaps the most important characteristic of an ever-renewing system is that it has built-in provisions for vigorous criticism. It protects the dissenter and the non-conformist. It knows that from the ranks of the critics come not only cranks and troublemakers but saviors and innovators. And since the spirit that welcomes nonconformity is fragile, the ever-renewing society does not depend upon spirit alone. It devises explicit legal and constitutional arrangements to protect the critics.

John W. Gardner

Children and Parents

Suffer the little children to come unto me . . . for to such belongeth the Kingdom of God.

Mark 10:14

Every child comes with the message that God is not yet discouraged with man.

Author unknown

You may strive to be like them, but seek not to make them like you.

For life goes not backward nor tarries with yesterday.

You are the bows from which your children as living arrows are sent forth.

The Archer sees the mark upon the path of the infinite and He bends you with his might that His arrow may go swift and far.

Let your bending in the Archer's hand be gladness;

For even as He loves the arrow that flies, so He loves also the bow that is stable.

Kahlil Gibran

The religion of infancy is not concerned with God but with the figure of a parent who seems to make and sustain the child's world. . . . Whether we like it or not, we are our children's diety, and they have to make the most of what we are.

Harold Loukes

Selfish parents fall into the class of those:

. . . who have too many interests outside the home.

- . . . who keep children tied to their apron strings.
- . . . who think their children are perfect; hence need no correction.
- . . . who expect too much of a child; i.e. try to make the child fit into a mold of the parents' making.

M. B. Durfee

I pray I may let my children lead their own lives and not the ones I wish I had lived. . . . Help me to see today's missteps in perspective against the long road they must travel, and grant me the grace of patience with their slow pace. . . . I pray that I may raise my voice more in joy at what they are than in vexation at what they have done, so each day they may grow in sureness of themselves.

M. B. Durfee

It would seem probable that in an environment in which so many things change so rapidly, the children of this generation will need more close, dependable control, particularly with the mother, in order to help them develop their own feelings of security and belonging. Given that feeling of security in their own environment, which can come only from dependable love, other places will be a challenge to exploration and not fearful and threatening.

Brock Chisholm

But if homes must face more difficulties in the next half century, they will also be an even more

necessary part of our social structure. No other institution is so well built to offer security in the midst of change. No other institution can provide sufficient affectional underpinning for growing children. For a child, the home offers more continuity than school or church. In the home he must live with his habits, good and bad, and work out his problems. For parents, likewise, home is the place of rest and recreation, both of which become increasingly important as social-economic life becomes more complex. It is the most reasonable context of experience in which emotional discipline may hope to match intellectual development.

Marguerite Harmon Bro.

I was not "christened" in a church but I was sprinkled from morning till night with the dew of religion.

Rufus M. Jones

The Christian home is the basic functioning unit of a redeemed society. It is unlike any other home because it seems to do one thing, and that is to embody the love of God and to bring into the orbit of that love every person who touches it.

Elizabeth O'Connor

The child must know that he is a miracle . . . that since the beginning of the world there hasn't been and until the end of the world there will not be another child like him.

Pablo Casals

What makes a household a family is that each member will care about each other member and be available in time of need with no expiration date on that availability. This includes a commitment to sharing the experience of facing death, something we do not talk enough about as a family commitment. In the case of divorced or remarried combinations, the concept of continued availability to past spouses and children living in other families to meet the crises of life and death, still holds in principle. While the bitterness surrounding divorce sometimes makes this impossible, in fact most divorced persons do continue to be helpful to one another. Single person households can also be included in the rubric "family," particularly if the individual makes home a center for a network of nonresident friends and relatives and defines these relationships in terms of long-term commitment.

Elise Boulding

We expect parents to nurture children but forget that children nurture parents.

Elise Boulding

The easiest door to open for a child, usually, is one that leads to something you love yourself.

Arthur Gordon

There is a more continuous opportunity for an effective Christian ministry in the home than anywhere else in the world. What goes on in churches is highly important, but it is always in

some degree abstract, in that most of what is said to one another is out of its immediate context. We talk, in church, about moral values, but we talk of them in separation from the situations in which most problems arise. In a home, however, when parents instruct their children or engage in family conferences and worship, the ministry of word and deed is in the closest contact with the practical problems. The situations of selfishness and of lack of concern for others are handled directly and in context. Accordingly such ministry, even though the congregation is tiny, is in close touch with reality.

Elton Trueblood

Every home which is built on love and understanding works out certain ways of coming to decisions and dealing with the apparently conflicting desires on the part of different family members.

Elise Boulding

Grandparents need grandchildren to keep the changing world alive for them. And grandchildren need grandparents to help them know who they are and to give them a sense of human experience in a world they cannot know. In the past this was literally so. Now, and in the future, when more adults will be concerned with the care of children who are not their own descendants, this remains a model of mutual learning across generations.

Rhoda Metraux and Margaret Mead

Choices—Options

To live is to choose.

Paul Tournier

. . . I must select, must choose the option which will make possible the largest fulfillment of my own life, plus the other lives of which I am the shared expression. One option is always available to me—I can choose the things for which I shall stand and work and live, and the things against which I shall stand and work and live. To yield this right is to fail utterly my own self and all others upon whom I must depend.

Howard Thurman

As a student of history I have been impressed again and again by man's potentialities for good and evil.

Saul Padover

Santayana made one of his most brilliant observations when he pointed out that the great difficulty in life does not so much arise in the choice between good and evil as in the choice between good and good.

Joshua Liebman

It is better to make a mistake in an honest choice than never to choose at all.

Paul Tournier

If we hesitate and retreat when faced with the need to choose, we become . . . ever more hesitant; we no longer even know what our convictions are. But once we boldly obey the call within us, all these gathering mists are swept away. Life regains its clarity, the person appears, refreshed and able once more to see clearly and to choose.

Paul Tournier

Christianity

I am the way and the truth and the life; no man cometh unto the Father but by me.

John 14:6

Christianity breaks into meaning when we see Jesus. The incredible becomes the actual; the impossible becomes the possible.

E. Stanley Jones

What Christianity needs is that it shall be filled to overflowing with the spirit of Jesus, and in the strength of that shall spiritualize itself into a living religion of inwardness and love, such as its destined purpose should make it. Only as such can it become the leaven in the spiritual life of mankind. What has been passing for Christianity during these nineteen centuries is merely a beginning, full of weaknesses and mistakes, not a

full-grown Christianity springing from the spirit of Jesus.

Albert Schweitzer

A Christian is ordinarily defined as "one who believes in Jesus Christ" or as "a follower of Jesus Christ. He might more adequately be described as one who counts himself as belonging to that community of men for whom Jesus Christ—his life, words, deeds, and destiny—is of supreme importance as the key to the understanding of themselves and their world,—the main source of the knowledge of God and man, good and evil, the constant companion of the conscience, and the expected deliverer from evil.

Paul Tillich

Christianity cannot take the place of thinking but it must be founded on it.

Albert Schweitzer

Christianity faces up to the facts of life and gives an answer to the deep problems of men's souls—those problems about which they are afraid to speak. . . . It tells about God and man and one's neighbor and of one's right relationships to each. It tells about life and what it means and how it can be lived. It tells us about beauty and truth and goodness and love. I tells about suffering and it tells about joy. It tells about the great experiences of life: of friendship and parenthood and marriage and birth. Yes, it tells us all these things and it tells of death.

Ernest Gordon

Christianity is the most encouraging, the most joyous, the least repressive, and the least forbidding of all the religions of mankind. There is no religion that throws off the burden of life so completely, which escapes so swiftly from sad moods, which gives so large a scope for the high spirits of the soul, and welcomes to its bosom with so warm an embrace those things of beauty which are joys forever. The Christian religion has arduous phases; there are points on its onward path where it enters the deepest of shadows and may even be made to descend into hell. But the end of it all lies in a resurrection, not a burial; a festival and not a funeral, an ascent into the heights and not a lingering in the depths.

L.P. Jacks

The great difference between present-day Christianity and that of which we read in these letters (the Epistles) is that to us it is primarily a performance,—to them it was a real experience.

J.B. Phillips

Christianity essentially means winning a spiritual victory in the face of hostile circumstances; that is what being a Christian is all about.

So Christian experience protects pluralism with the recognition that we need many angles of vision, many ways of reflecting and refracting the light of the Spirit in our midst. Once we think our conception of God *is* God, we have committed idolatry. The diversity of the public, its many

voices and points of view, is to be treasured by those who are seekers after truth.

Parker Palmer

This is not to say that Christianity is finished. I am, on the contrary, convinced that it is not Christianity, but our conception and interpretation of it, that has become antiquated in the face of the world situation.

Carl Jung

Gilbert Chesterton once said that Christianity has not, as so many suppose, been tried and found a failure. It has been found hard and not tried. There is no one of us who does not shrink from a cross. To practice Christian doctrine is the challenge of a lifetime.

Fulton Oursler

Even those who have renounced Christianity and attack it, in their inmost being still follow the Christian ideal, for hitherto neither their subtlety nor the ardor of their hearts has been able to create a higher ideal of man and of virtue than the ideal given by Christ of old. When it has been attempted, the result has been grotesque.

Fedor Dostoevski

Christianity began as good news. We have permitted it to be diluted into good advice.

Peter Marshall

One of the distinguishing features of Christianity

is its capacity to serve various temperaments, moods, racial demands, and the exigencies of acute problems. . . . You can't standardize Christianity and try to make it do the same thing for everybody. Not everybody wants the same thing,. But, of this we may be sure, whatever it is that we want Christianity to do for us, it has the power to do it if we make the proper connections with it, and bombard it, in faith believing, until we achieve our desire. . . . Christianity seeks a reproduction of the Christ-spirit. And that spirit can be easily translated into the speech, conduct, and ambitions of every citizen of this earth, regardless of his background or his outlook. And if Christianity were ever left utterly without words to express it, it could still make its way by the universal gesture of the outstretched hand—"Come! Come all ye that labor and are heavy-laden. Come!"

Lloyd Douglas

The living spirit of the Galilean Teacher is progressively adaptable to the needs of each generation. If, in any way, we fail to interpret that energy to the adequate solution of new demands, it is not the fault of the energy, but of the interpretation.

Lloyd Douglas

Now that Christianity is becoming so respectable again, we are sometimes apt to forget that the Gospel . . . was addressed mostly to the down and outs, to those who had gone through the mill, to slaves, to peasants, to oppressed paupers, to moral failures, to social misfits, to harassed

housewives, and to conscripted soldiers, and that it was not a clever psychological formula for the successful, the powerful, the ambitious, the satisfied.

Ernest Gordon

Aren't we inclined to forget that the Christian faith is for everyday use? It isn't to be put away, like your best china, in the china closet and brought forth only on Sundays; it is to be used over all the time.

Ernest Gordon

The church can become a community which frees us from the fears that breed private seclusion and leads us instead toward the creative possibilities of public life. If this is to happen, it will depend not so much on the sociological sophistication of church programs as on the quality of the church's spiritual life. For only as we learn to discern the presence of God—within us, between us, among us, beyond us—will we develop human relations full of hope and healing, relations of the sort which could renew the public life.

Parker Palmer

I believe in the possibility of a Christian world, not because I have been argued into it, but because I have seen Christian living done. I have seen it in persons firm as steel and beautiful as music, who poured out into this pagan world a Christlike integrity and humaneness which made spiritual life real. I have seen it in homes where

what Jesus said ought to be the law of life was the actual principle of fellowship. It was not Christianity argued; it was Christianity achieved. I have seen it in social movements that leaped high barricades, belied the scoffing of cynics and the fears of friends and opened doors of new eras. It was not Christianity debated; it was Christianity done.

Harry Emerson Fosdick

The heart of the idea which has helped to give meaning to my life is that, to be a Christian, I must be yoked with others because I am yoked to Christ.

Elton Trueblood

Christian Unity—Ecumenicity

But I urge you all, brothers, for the sake of our Lord Jesus Christ, to agree in what you say, and not to allow factions among you.

I Corinthians 1:10 (Goodspeed)

I believe the reunion of American Protestantism a far easier task than is generally thought. . . . It is really a problem of will and of heart rather than intellect. We simply do not want it enough. We do not love enough.

G. Bromley Oxnam

. . . one can see that the force of habit constitutes a much greater obstacle to the reunion of Christian Churches than doctrinal differences. Each Church cherishes its traditional forms, and all that I have written helps us to see that it is incapable of making any change in them unless a new creative explosion of spiritual life comes to overthrow these rigid automatisms.

Paul Tournier

Man builds his little shelter. He raises his little wall, builds his little altar, worships his little God, organizes the resources of his little life to defend his little barrier, and he can't do it. What we are committed to here, and what many other people in other places are committed to, is very simple—that it is possible to develop a religious fellowship that is so creative in character, so convincing in quality, that it inspires the mind to multiply experiences of unity—which experiences of unity become over and over again more compelling than the concepts, the ways of life, the sects and creeds that separate men.

Howard Thurman

It is doctrines that divide; it is Christ who unites.

E. Stanley Jones

There is a conceivable kind of unity which is based on the meager uniformity of the least common denominator. This would be dull, indeed,

and, moreover, it would be lacking in power. It would be hard to become enthusiastic or excited about such a prospect. There is, however, another ideal and that is the pooling of rich resources. The result is not the dull monotone, but the brilliance of the patchwork quilt or the beauty of the mosaic.

Elton Trueblood

Forgive, O Lord, our severing ways,
The separate altars that we raise.
The varying tongues that speak Thy praise.

Suffice it now. In time to be
Shall one great temple rise to Thee,
Thy church our broad humanity.

The hymn long sought, shall then be heard
The music of the world's accord,
Confessing Christ, the inward word.

John Greenleaf Whittier

Also I must recognize, without any reserve whatever, the Spirit of Christ present in those who (in India) did not call themselves Christians. I had to stand on their side and not with those who were keeping alive the spirit of racial and religious exclusion. There must not be a single vestige of the caste spirit left in my own heart. I must be wholly on the side of God who is no respecter of persons. sons.

Charles Francis Andrews

Christmas
Christmas

And it came to pass, while they were there, the days were fulfilled that she should be delivered. And she brought forth her firstborn son, and she wrapped him in swaddling clothes, and laid him in a manger, because there was no room for them in the inn.

Luke 2:6-7

Christmas, my friends, has to do with the most profound theology that the mind and spirit of mortal man can ever dare grapple with. It is a holy festival which commemorates the greatest of all mysteries: the mystery of why, and how, God became man.

Ernest Gordon

Christmas is not only the revelation of God, but also of man. It brings to view the divine spark of goodness in the human heart. It is the time when truth takes on its loveliest forms and speaks its simplest language; when love becomes articulate in accents which little children understand.

Ralph Sockman

. . . Christmas is both a fact and a faith; but even if it were only a brief season of goodwill, a holiday from our forgetfulness of others, or just a family festival, it would be welcome. At least it is a day of poetry in the midst of drab days of prose.

Cynthia Pearl Maus

Keep while you need it, brothers mine,
With honest zeal your Christmas sign,
But judge not him who every morn
Seeks in his heart the Lord Christ born!

John Greenleaf Whittier

I am thinking of you today because it is Christ-
mas;
And I wish you joy.
And tomorrow, because it is the day after Christ-
mas
I shall wish you joy.
Mayhap I cannot tell you about it day to day
For you may be far away,
Or we may be entangled with things of life.
But it makes no difference—
My thoughts and my wish will be with you.
Whatever joy or success comes to you
I shall be glad.
Clear through the year,
Without pretense,
I wish you the Spirit of Christmas.

Henry Van Dyke

And so at this Christmas time I greet you. Not
quite as the world sends greetings, but with the
prayer that now and forever the day breaks and
the shadows flee away.

Fra Giovanni

Joy to the world, the Lord is come:
Let earth receive her king.
Let every heart prepare him room,
And heaven and nature sing.

Joy to the world, the Savior reigns;
Let men their songs employ.
While fields and floods, rocks, hills, and plains
Repeat the sounding joy.

No more let sins and sorrows grow,
Nor thorns infest the ground;
He comes to make his blessings flow
Far as the curse is found.

He rules the world with truth and grace,
And makes the nations prove
The glories of his righteousness,
And wonders of his love.

Isaac Watts

Silent night, holy night
All is calm, all is bright,
Round yon Virgin Mother and Child,
Holy infant so tender and mild,
Sleep in heavenly peace,
Sleep in heavenly peace.

Joseph Mohr

Oh little town of Bethlehem,
How still we see thee lie;
Above thy deep and dreamless sleep
The silent stars go by;
Yet in thy dark streets shineth
The everlasting Light;
The hopes and fears of all the years
Are met in thee tonight.

Phillips Brooks

*Sonnet for the First Christmas
of an Atomic Age*

On all the earth two nations now remain,
The Kingdom of This World, and of the Lord.
The one, content no longer with the sword
That takes one life, now with murderous rain
Blankets whole towns with ruin, death, and pain.
The other is not seen, not yet outpoured
In visible might, yet here and now adored
By those whose hearts are bound by love's bright
chain.

And you must choose. You are no longer free
To dally with them both. The time's too late.
Our cities all must share in Sodom's fate,
And where's the ark to ride a brimstone sea,
Except a manger?—what, except the blood of
Christ can quench the fire of this last flood?

Kenneth Boulding

Civilization

A society is to be termed civilized whose members participate in the five qualities—Truth, Beauty, Adventure, Art, and Peace.

Alfred North Whitehead

The vigor of civilized societies is preserved by the widespread sense that high aims are worthwhile. Vigorous societies harbor a certain extravagance

of objectives, so that men wander beyond the safe provision of personal gratifications.

Alfred North Whitehead

. . . it is quite clear that the real aim of civilization should be to help man to improve himself in every way and not to devise contraptions destined to reduce physical evolution.

Lecomte duNoüy

While civilizations rise and fall, and in falling, give rise to others, some purposeful enterprise, higher than theirs, may all the time be making headway, and, in a divine plan, the learning that comes through suffering caused by the failures of civilizations may be the sovereign means of progress.

Arnold Toynbee

Its true signs are: thought for the poor and suffering, chivalrous regard and respect for women, the frank recognition of human brotherhood—irrespective of race or color or nation or religion, the narrowing of the domain of mere force as a governing factor in the world, the love of ordered freedom, abhorrence of what is mean and cruel and vile, (and) ceaseless devotion to the claims of justice.

Lord Russell of Killowen

Twentieth Century Civilization

It is an amazing civilization. This last century was lighted in by tallow dips and out by electricity; rode in on horseback and out in an airplane; came in talking like a Neanderthal man and ended using a microphone; commenced with quill pens and finished with linotypes; started with hands for labor and ended with the harnessed forces of the universe.

Harry Emerson Fosdick

The twentieth century marks the middle period of a great transition in the state of the human race. It may properly be called the second great transition in the history of mankind. The first great transition was that from pre-civilized society which began to take place five (to ten) thousand years ago. This is a transition that is still going on in some parts of the world, although it can be regarded as almost complete. . . . Even as the first great transition is approaching completion . . . a second great transition is treading on its heels. It may be called the transition from civilized to post-civilized society.

Kenneth Boulding

. . . there is no inevitability and no determinism in making this great transition. . . . There are a number of traps that lie along the way and which may either prevent man and his planet from making the transition altogether or delay it for generations or even thousands of years. The first most

obvious and immediate trap is the war trap. . . . Another possible trap which might delay the attainment of the transition for a long time is the population trap. A third possible trap is the technological trap. . . . Any one of them could be fatal. No one of them has to be fatal.

Kenneth Boulding

Crises in Our Civilization

We are living today under the sign of the collapse of civilization. The situation has not been produced by the war; the latter is only a manifestation of it. . . . My own impression was that in our mental and spiritual life we were not only below the level of past generations, but were in many respects only living on their achievements . . . and that not a little of this heritage was beginning to melt away in our hands.

Albert Schweitzer

There is nothing to prevent our Western civilization from following historical precedent, if it chooses, by committing social suicide. But we are not doomed to make history repeat itself; it is open to us, through our own efforts, to give history . . . some new and unprecedented turn. As human beings we are endowed with this freedom of choice, and we cannot shuffle off our responsi-

bility upon the shoulders of God or nature. We must shoulder it ourselves. It is up to us.

Arnold Toynbee

Of the twenty or so civilizations known to modern Western historians, all except our own appear to be dead or moribund, and, when we diagnose each case, in extremis or post mortem, we invariably find that the cause of death has been either War or Class or some combination of the two.

Arnold Toynbee

In a live civilization there is always an element of unrest.

Alfred North Whitehead

The West is too restless, too impatient, too unstable. The Orient is too meditative, too philosophical, not progressive enough.

U Thant

It (the crisis of our times) concerns the relationship of the individual to society. The individual has become more conscious than ever of his dependence upon society. But he does not experience this dependence as a positive asset . . . but rather as a threat to his natural rights, even to his economic existence. Moreover his position in society is such that the egotistical drives of his make-up are constantly being accentuated, while his social drives, which are by nature weaker, progressively deteriorate. All human beings,

whatever their position in society, are suffering from this process of deterioration. Unknowingly prisoners of their egotism, they feel insecure, lonely, deprived of the naive, simple, and unsophisticated enjoyment of life. . . . Perfection of means and confusion of goals seem to characterize our age.

Albert Einstein

The crisis now confronting mankind is a worldwide crisis in human relations. It is the dangerous culmination of centuries of human greed and callousness. The biggest guns and the most powerful bombs can never solve it.

Ralph Bunche

The terrible danger of our time consists in the fact that ours is a cut-flower civilization. Beautiful as cut-flowers may be, and much as we use our ingenuity to keep them looking fresh for a while, they eventually die, and they die because they are severed from their sustaining roots. We are trying to maintain the dignity of the individual apart from the deep faith that every man is made in God's image and is therefore precious in God's eye.

Elton Trueblood

Is it possible that despite our discoveries and progress, despite our culture, religion, and world wisdom, we still remain on the surface of life?

Rainer Maria Rilke

Creating a Better Civilization

For the first time in the history of humanity a crumbling civilization is capable of discerning the gigantic strength of science. Will we utilize this knowledge and this power? It is our only hope of escaping the fate common to all great civilizations of the past. Our destiny is in our hands. On the new road we must go forward.

Alexic Carrell

If we could put the same keen intelligence and careful judgement into the revival of faith and the proper objects of faith that we now put into the production of magnificent machines, man's life on this earth might come into a new and glorious day.

Elton Trueblood

Not only in our personal lives but also in the life of humanity must we have the ability to live in long-term instead of short-term values. We should know that civilization is a tougher plant than we usually imagine. Its roots are widely spread over the earth and even when war comes as a blight to wither some of its tendrils, nevertheless it sends forth bud and blossom and rich fruit in other climates and at other times.

Joshua Liebman

The ability of the human race to survive will depend on its ability to adjust itself to an entirely new kind of environment. The ability to adjust ef-

fectively to changed circumstances is dependent on the degree of mental health and maturity of the people who must make the adjustment—all of us.

Broch Chisholm

. . . knowledge is pessimistic but my willing and hoping are optimistic. . . . Because I have confidence in the power of truth and of the spirit, I believe in the future of mankind.

Albert Schweitzer

Courage

. . . and enable Thy servants to proclaim Thy message with fearless courage. . . .

Acts 4:29 (Weymouth)

Courage is the first of human qualities because it is the quality which guarantees all the others.

Winston Churchill

A great deal of talent is lost to the world for want of a little courage. Every day sends to their graves obscure men whom timidity prevented from making a first effort.

Sydney Smith

Behold the turtle. He makes progress only when he sticks his neck out.

James Bryant Conant

There is but one salvation for man—to have the courage to go forward on truth's highest pinnacle.

Pierre Ceresole

Without courage other values wither away into mere facsimiles of virtue.

Rollo May

Frirjof Nansen christened his ship, which sailed to the North Pole, to his wife—"To her who had the courage to stay behind."

No one can possibly be satisfied or happy who feels that in some paramount affair he has failed to take up the challenge of life. For a voice within him, which none else can hear, but which he cannot choke, will constantly be murmuring, "You lacked courage. You ran away." It is happier to be unhappy in the ordinary sense than to have to listen at the end of one's life to that dreadful interior verdict.

Arnold Bennett

The greatest test of courage on earth is to bear defeat without losing heart.

Robert Ingersoll

Courage is resistance to fear, mastery of fear—not absence of fear.

Mark Twain

What a new face courage puts on everything.

Ralph Waldo Emerson

There is no point in giving the slightest amount of time to any argument in favor of your truth as long as you have not courageously lived it. To act courageously—that is the only argument; otherwise it is too easy and it carries no weight. Christ hardly argued otherwise.

Pierre Ceresole

Any life truly lived is risky business, and if one puts up too many fences against the walls, one ends up shutting out life itself.

Kenneth S. Davis

In our age of social convulsion a man must rely on courage if he is either to experience the deeper satisfactions of life or to render significant service in creating the good society.

Kirby Page

We are living at a time when one age is dying and the new age is not yet here. We cannot doubt this as we look about us to see the radical changes in sexual mores, in marriage styles, in family structures, in education, in religion, technology, and almost every other aspect of modern life. And behind it all lies the threat of the atom bomb, which recedes into the distance but never disappears. To live with sensitivity in this age of limbo indeed requires courage.

Rollo May

Courage and Wisdom

God of grace and God of glory,
 On Thy people pour Thy power;
 Crown thine ancient church's story;
 Bring her bud to glorious flower.
 Grant us wisdom,
 Grant us courage,
 For the facing of this hour.

Lo! the hosts of evil round us
 Scorn Thy Christ, assail his ways!
 Fears and doubts too long have bound us,
 Free our hearts to work and praise;
 Grant us wisdom,
 Grant us courage,
 For the living of these days.

Cure Thy children's warring madness,
 Bend our pride to Thy control;
 Shame our wanton, selfish gladness,
 Rich in things and poor in soul.
 Grant us wisdom,
 Grant us courage,
 Lest we miss Thy Kingdom's goal.

Set our feet on lofty places;
 Gird our lives that they may be
 Armored with all Christ-like graces
 In the fight to set men free.
 Grant us wisdom,
 Grant us courage,
 That we fail not man nor Thee!

Save us from weak resignation
 To the evils we deplore;

Let the search for Thy salvation
Be our glory evermore.
Grant us wisdom,
Grant us courage,
Serving Thee whom we adore.

Harry Emerson Fosdick

Creativity-Originality

(See The Arts)

The first thing we notice in a creative act is that it is an encounter.

Rollo May

What is originality? It is being one's self and reporting accurately what we see and are.

Ralph Waldo Emerson

A thought is often original, though you have uttered it a hundred times.

Oliver Wendell Holmes

Art celebrates with peculiar intensity the moments in which the past reenforces the present and in which the future is a quickening of what now is.

John Dewey

Creativity must be seen in the work of the scientist as well as in that of the artist, in the thinker

as well as in the aesthetician; and one must not rule out the extent to which it is present in captains of modern technology as well as in a mother's relationship with her child. Creativity, as Webster's rightly indicates, is basically the process of making, of bringing into being.

Rollo May

I think that the reason the dance has held such an ageless magic for the world is that it has been the symbol of the performance of the living. Many times I hear the phrase—the dance of life. It is close to me for a very simple and understandable reason. The instrument through which the dance speaks is also the instrument through which life is lived . . . the human body. It is the instrument by which all the primaries of experience are manifest.

Martha Graham

What I would like to be able to do is to learn to see with real understanding and show to others the beauty that can be found in ordinary things—say to the footprints of a bird or a human creature in the snow, or even the black converging wheel tracks of the car ahead of you when snow is beating against your window screen. Oh, what lovely half-circles the wipers make and how the green, red, and amber traffic lights, like a cluster of jewels, first show and then vanish.

Dame Laura Knight

Certainly my experience as a composer has taught me that an objective use of acquired technical

skill, without the subjective impulse of intuition, yields neither the drive nor the depth of creativity.

Roy Harris

Our essential humanity depends not only on the complex biological structure which has been developed through the ages . . . but also upon the great social inventions which have been made by human beings, perpetuated by human beings, and in turn give human beings their stature as builders, thinkers, statesmen, artists, seers, and prophets. I believe that each of these great inventions—language, the family, the use of tools, government, science, art and philosophy, has the quality of so combining the potentialities of every human temperament, that each can be learned and perpetuated by any group of human beings, regardless of race and regardless of the type of civilization in which their progenitors lived, so that a newborn infant from the most primitive tribe in New Guinea is as intrinsically capable of graduation from Harvard, writing a sonnet, or inventing a new form of radar as an infant born on Beacon Hill.

Margaret Mead

The Cross

At the center of Christianity is a Cross. Let us not lose sight of that Cross. . . . Let us not construe Christianity as a divine means of making things

pleasant, the future secure, life easy, work causal, everybody genial, nobody heroic, none apostolic, and nothing sacramental. . . . He responded to the urge and challenge of difficulty and He called men to do likewise. . . . He emphasized over and over again that He was calling them to a crusade. . . . He warned those who seemed to Him to underrate the exacting character of His terms, to sit down and count the cost before committing themselves. He always spoke of discipleship as a daunting and formidable undertaking. . . . It must ever be so.

Robert McCracken

The Cross as dogma is painless speculation; the Cross as lived suffering is anguish and glory. Yet God, out of the pattern of His own heart, has planted the Cross along the road of holy obedience. And He enacts in the hearts of those He loves the miracle of willingness to welcome suffering and to know it for what it is—the final seal of His gracious love. I dare not urge you to your Cross. But He, more powerfully, speaks within you and me, to our truest selves, in our truest moments, and disquiets us with the world's needs. By inner persuasions He draws us to a few definite tasks, our tasks. God's burdened heart particularizing His burdens in us.

Thomas Kelly

When Christianity makes central in its doctrine the redemptive significance of the cross, it defines itself ever in terms of the growing edge, the ad-

vance guard, of the human race who take the lead in man's long march to the City of God.

Howard Thurman

In the experience of Jesus, the Cross was the meeting in his person of the irreconcilable conflict between truth and love. He was a Jew by heritage and covenant and religious experience. From within such a context he brought to bear upon his life, and therefore the Jewish community, a fresh current meaning of the revelation of God within the community, and he did this as prophetic authority. This was the truth he proclaimed, and the proclamation became a judgement upon Israel, and caused him to be regarded as an enemy and betrayer. Not to sacrifice his love of Israel for the Truth or the Truth for his love, but to hold firmly to both, meant death on the cross. It is an unerring insight that sees in the Cross the meaning of reconciliation between man and man and between man and God. Hence the death of Jesus reveals the meaning of his life and the great fact that the most fundamental contradictions of experience are not either final or ultimate.

Howard Thurman

. . . since few of us will be called to lose our lives physically as Christ did on the cross, we need to find ways of seeing the cross in the lives we *are* to lead. . . . One clue lies in literally "seeing" the cross—I mean the physical object itself—with new eyes. Its very structure suggests its meaning. The arms reach up and down, symbolizing the ways we are torn between earthly and divine

claims on our lives. The arms reach left and right, symbolizing the ways we are pulled between this and that loyalty to the world. In its very physical structure the cross is a symbol of the great contradictions of human experience, the tuggings and tearings of a thousand warring factors, and of the tension we feel as we stand in the middle of it.

Parker Palmer

Death *Facing Death*

Every person must of necessity deal with the fact of death. There is no escape. There are three attitudes which men take toward this aspect of universal experience. One attitude is to dread it. Another is to ignore it. And still another is to accept it.

Howard Thurman

Man is not free in life unless he is free from the fear of death, too. We can certainly not be rid of it by not thinking of death, but on the contrary only by becoming accustomed to it, by learning to be at home with it. Thus we snatch from it its greatest advantage over us,—its strangeness. In preparing ourselves for death, we prepare ourselves for freedom and only he who has learned to die is free from life's slavery.

V.A. Koskeniemi

The confrontation with death—and the reprieve from it makes everything so precious, so sacred, so beautiful that I feel more strongly than ever the impulse to love it, to embrace it, and to let myself be overwhelmed by it. My river has never looked so beautiful. . . . Death, and its ever present possibility, makes love, passionate love, more possible. I wonder if we could love passionately, if ecstasy would be possible at all, if we knew we'd never die?

Abraham Maslow

No one need fear death. We need fear only that we may die without having known our greatest power—the power of his free will to give his life for others. If something comes to life in others because of us, then we have made an approach to immortality.

Norman Cousins

I often feel that death is not the enemy of life, but its friend, for it is the knowledge that our years are limited which makes them so precious. It is the truth that time is but lent to us which makes us, at our best, look upon our years as a trust handed into our temporary keeping.

Joshua Liebman

Death Itself

Most human beings not only die like heroes, but in my wide, clinical experience, die really without

pain or fear. There is as much oblivion about the last hours as about the first, and therefore men fill their minds with specters that have no reality.

Sir William Osler

Though it is fair to point out also that science has found no cogent reason for supposing that what is of importance in a man can be buried in a grave. The truth is that science cannot supply a definite answer to this question. Immortality relates to an aspect of life which is not physical, that is, which cannot be detected and measured by any instrument, and to which the application of the laws of science can at best be only a well-considered guess. If one is to have either a positive faith in a future life or a conviction that death is the end, such beliefs, must, it seems to me, be based upon religious, moral, or philosophical grounds rather than upon scientific reasoning.

Arthur H. Compton

The life to be
Is still the unguessed mystery.
Unscaled, unpierced the cloudy walls remain.
We beat with dream and wish, the soundless
doors in vain.

John Greenleaf Whittier

It has always seemed to me that living life is like being given free tickets to a marvellous play. Every day the curtain rises on a new scene, exhilarating and exciting. . . . But, exciting though it is, the procession of scenes cannot go on forever, which is probably just as well. . . . No

one, however thrilling the play, wants to stay in the theater all night. What happens when one leaves the theater? You can believe, if you like, that nothing happens, that everything is as black and dark as it was before the play started, or you can believe that some new form of awareness begins. You can believe anything you like. But you can never positively know.

Arthur Gordon

Death and Its Aftermath

The measure of a life, after all, is not its duration but its donation. How much will you be missed?

Peter Marshall

Religious rituals at the time of death, no matter how much they may differ in form and in content, seek to perform two functions—to ferry the departed one safely across the waters of oblivion to the shores of eternity, and at the same time to build a bridge upon which the bereaved living can move from the numbness of sorrow toward a renewed acceptance of life.

Joshua Liebman

When death destroys an important relationship . . . equilibrium will be restored when the bereaved person discovers some situation demanding the same or similar patterns of conduct. . . . We must act as the ambassadors of the departed, their messengers and their spokesmen, carrying

out the mission for which they lived and strove
and which they bequeathed to us.

Joshua Liebman

Some Thoughts on Death in Poetry

And, when the stream
Which overflowed the soul was passed away,
A consciousness remained that it had left
Deposited upon the silent shore
Of memory, images and precious thoughts
That shall not die, and cannot be destroyed.

William Wordsworth

With you a part of me hath passed away,
For in the peopled forest of my mind
A tree made leafless by this wintry wind
Shall never don again its green array.
Chapel and fireside, country road and bay
Have something of their friendliness resigned,
Another, if I would, I could not find
And I am grown much older in a day.
But yet I treasure in my memory
Your gift of charity and young heart's ease,
And the dear honor of your amity,
For these once mine, my life is richer with these,
And I scarce know which part may greater be—
What I keep of you, or you rob of me.

George Santayana

In front lies the ocean of peace,
Launch the boat, helmsman . . .
May the mortal bands perish,

May the vast universe take him in its arms,
And may he know in his fearless heart
The Great Unknown.

Rabindranath Tagore

Come, lovely and soothing death,
Undulate around the world, serenely arriving, arriving,
In the day, in the night, to all, to each,
Sooner or later delicate death.

Walt Whitman

Differences—Diversity, and Unity

The universe is too great a mystery for there to be only one single approach to it.

Symmachus

I believe that an individual's greatest pride, as well as his greatest contribution to society may lie in the ways in which he is different from me and from others, rather than in the ways he conforms to the crowd. I shall therefore accept those differences and endeavor to build a useful relationship upon them.

Linton B. Swift

We must acknowledge that all of us see through a glass darkly. The light of truth is refracted

through our individual limitations and our differing experiencing of the world. What is true for me may not necessarily seem true to you. What a dull world it would be if we all had the same angle of vision and saw things alike. Let us not bemoan our differences; let us celebrate them. Each of us can help others see more of truth.

Elizabeth Watson

The common characteristics of people make a community possible, but it is their uncommon qualities which make it better.

John F. Fischer

It is not possible for people to work together at a common task without there being differences of opinion, conflicts, jealousy, and bitterness. And in a religious organization they are less willing to bring these differences into the open. They feel sincerely that as Christians they ought to be showing a spirit of forgiveness, charity, and mutual support. The aggressiveness is repressed, taking the form of anxiety.

Paul Tournier

I do not agree with a word you say, but I will defend to the death your right to say it.

Voltaire

Civilization . . . is the acceptance, and the encouragement, of differences.

Mahatma Gandhi

. . . the beliefs such as we seek, the statement of the rules a man lives by, the scale of relative values, are the area of common understanding among all people. And I know of no other. The expression of the beliefs will never be identical. But the search for the truths, the acknowledgement of the supremacy of truth, the awareness of the law of cause and effect on the moral plane, the problem of personal application to daily living—they are present in all men.

Ward Wheelock

. . . I believe that no human being should ever be judged on the basis of race, creed, sex, religion, economic status, or place of birth. To measure any man or to accept or reject him as friend by any other standard than his individual worth is to deny oneself the vast benefits which flow from knowing fellow human beings as fellow human beings. My own life has been enriched immeasurably by knowing people, both famous and obscure, all over the world.

Walter White

I believe in helping ourselves and others to see the possibilities in viewpoints other than one's own, in encouraging the free interchange of ideas, in welcoming fresh approaches to the problems of life, in urging the fullest, the most vigorous use of critical self-examination. Thus we can learn to grow together, to unite in our common search for truth within a better and a happier world.

Adlai Stevenson

Disappointments and Grief

God is our refuge and strength, a very present help in trouble.

Psalm 46:1

. . . in between birth and death how the loveliness of life snuggles close to its tragedies.

Harry Emerson Fosdick

Great perils have this beauty, that they bring to light the fraternity of strangers.

Victor Hugo

The gem cannot be polished without friction, nor man perfected without trials.

Confucius

Often God has to shut a door in our face so He can subsequently open the door through which He wants to go.

Peter Marshall

. . . those on the inside of tragedy are often initiated into something that outsiders may not experience at all: the love of God—instant, continuous, real—in the midst of their trouble. With the presence of the Giver they have something more precious than any gift he might bestow.

Catherine Marshall

Is there not something startling and profound in this neglected truth that the giants of the Bible found the handwriting of God not in the sunlit hours of triumph, but on the slate of tragedy? It seems like a paradox that evil and suffering should have been the birthplace of the moral God.

Joshua Liebman

I now know that the healing process for any of life's frustrations, disappointments, and sorrows, can begin the moment we stop resisting them.

Catherine Marshall

Gradually I learned one more thing, quite simple and obvious to many but hidden from me at first: that grief is something not to overcome or escape but to live with. It is always there, as perceptible as a person who will not go away in spite of hints or plain speaking, but one can make room for it, recognize it as a companion instead of an intruder, be aware of it but not possessed by it; one can continue one's work, one's occupation, even one's joys, in its presence. . . . Somehow we must learn not only to meet it (sorrow) with courage, which is comparatively easy, but with a serenity, which is more difficult, being not a single act but a way of living.

Elizabeth Gray Vining

To be alive is to be vulnerable. From birth on, none is exempt from pain; nor can we go through life without losing some that we love; and ultimately coming to terms with our own death.

These are big wounds which we all share. And there are the little wounds; frustrations, put-downs, loneliness, boredom, injustice, betrayals, neglect—or are they such small wounds? How can we take on the world's wounded when we are hurting ourselves? We begin with ourselves, for as long as our wounds nag at us and demand our attention, we cannot hope to heal others. . . . In grief we come to learn that we are not alone. . . . We are aware of the beauty in simple, everyday things and we find how precious are other members of our family still alive, other friends, strangers. We give thanks for the vitality, hope, and courage of those who are young. And we find that deep, quiet joy has indeed begun to lubricate our frozen hearts. We grow through grief.

Elizabeth Watson

Dreams and Visions

It shall come to pass afterward that
I will pour out my spirit upon all flesh;
your sons and daughters shall prophesy,
your old men shall dream dreams, your
young men shall see visions.

Joel 2:28

Dreams are they—but they are God's dreams!
Shall we decry them and scorn them?
That men shall love one another,
That white shall call black brother,

That greed shall pass from the market place.
That lust shall yield to love for the race,
That man shall meet with God face to face—
Dreams are they all.

But shall we despise them—
God's dreams.

Dreams are they—to become man's dreams!
Can we say nay as they claim us?
That men shall cease from hating,
That war shall be soon abating,
That the glory of kings and lords shall pale.
That pride of dominion and power shall fail,
That the love of humanity shall prevail—
Dreams are they all,

But shall we despise them—
God's dreams.

One man with a dream, at pleasure,
Shall go forth and conquer a crown;
And three with a new song's measure
Can trample a kingdom down.

Arthur William O'Shaughnessey

Always dream and shoot higher than you know
you can do. Don't bother just to be better than
your contemporaries or predecessors. Try to be
better than yourself.

William Faulkner

As long as a man has a dream in his heart he
cannot lose the significance of living. . . . The
dream need not be some great and overwhelming
plan; it need not be a dramatic picture of what

might or must be someday; it need not be a concrete outpouring of a world-shaking possibility. . . . The dream is a quiet persistence in the heart that enables a man to ride out the storms of his churning experience. . . . It is the ever-recurring melody in the midst of broken harmony and harsh discords of human conflict. It is the touch of significance which highlights the ordinary experience, the common event.

Howard Thurman

Dreamers of dreams, we take the taunt with gladness,

Knowing that God, beyond the years you see
Hath wrought the dreams that count with you for
madness

Into the substance of the life to be.

Give us, O God, to dream until our dream
Becomes at last Thy great reality,
Give us to hear Thy music, till its theme
Comes to our ears a finished symphony;
Into our shallow pool Thy infinite ocean pour
Until Thy boundlessness has swallowed our
shore.

Walter Russell Bowie

Give us, O God, the strength to build
The city that hath stood
Too long a dream, whose laws are love,
Whose ways are brotherhood,
And where the sun shineth in
God's grace for common good.

Already in the mind of God
That city riseth fair,
Lo, how its splendour challenges
The souls that scarcely dare,
Yea, bid us seize the whole of life
And build its glory there.

Walter Russell Bowie

If you have built castles in the air, your work
need not be lost. That is where they should be.
Now put the foundations under them.

Henry David Thoreau

“Saddle your dreams before you ride them.” It is the nature of dreams to run riot, never to wish to contain themselves within limitations that are fixed. . . . Many and fancy are the names by which dreams are called—fantasies, repressed desires, vanities of the spirit, will-o-the-wisps. . . . All this may be true. But all their meaning need not be exhausted by such harsh judgement. The dreams belong to us; they come full-blown out of the real world in which we work and hope and carry on. . . . They are not imposters. Our dreams must be saddled by the hard facts of our world before we ride them off among the stars. Thus they become for us the bearers of the new possibility, the enlarged horizon, the great hope. Even as they romp among the stars, they come back to their place in our lives, bringing with them the radiance of the far heights, the lofty regions, and giving to all our days the lift and the magic of the stars.

Howard Thurman

A man becomes his dream. . . .

Howard Thurman

My real faith, then, is in a dream that in spite of daily headlines prophesying man's destruction, we can build a better world, a world of peace and brotherhood. Yes, even in our lifetime. This is my faith and my dream. In a small way I want to have a share in making it come about.

Julien Bryan

I have a dream that one day this nation will rise up and live out the true meaning of its creed: "We hold these truths to be self-evident, that all men are created equal."

I have a dream that one day on the red hills of Georgia the sons of former slaves and the sons of former slave-owners will be able to sit down together at the table of brotherhood.

I have a dream that one day even the state of Mississippi, a desert state sweltering with the heat of injustice and oppression, will be transformed into an oasis of freedom and justice.

I have a dream that my four little children will one day live in a nation where they will not be judged by the color of their skin but by the content of their character.

I have a dream.

Martin Luther King, Jr.

Yes, I am personally the victim of deferred dreams, of blasted hopes, but in spite of that I close today by saying I still have a dream, because, you know, you can't give up in life. If you

lose hope, you lose that courage to be, that quality that helps you to go on in spite of all. And so today I still have a dream.

Martin Luther King, Jr.

The Environment

Our Earth—Our Environment

(See also Nature)

The earth is the Lord's and the fulness thereof. . . .

Psalm 24:1

And the Lord God took the man and put him into the Garden of Eden to dress it and to keep it.

Genesis 2:15

Speak to the earth and it shall teach thee.

Job 12:8

It may be that Einstein and the Book of Genesis are right. A system left to itself may evolve in the direction of randomness. On the other hand, our world may not be a system left to itself. There may in fact be a creative impulse acting on it, the Spirit of God hovering over the dark waters, operating over the course of the millenia to bring order out of chaos. It may yet come to pass that as "Friday afternoon" of the world's evolution ticks toward the Great Sabbath which is the End of

Days, the impact of random evil will be diminished.

Or it may be that God finished His work of creating eons ago and left the rest to us. Residual chaos, chance and mischance, things happening for no reason, will continue to be with us, the kind of evil that Milton Steinberg has called "the still unremoved scaffolding of the edifice of God's creativity." In that case, we will simply have to learn to live with it, sustained and comforted by the knowledge that the earthquake and the accident, like the murder and the robbery, are not the will of God, but represent that aspect of reality which stands independent of His will and saddens God even as it angers and saddens us.

Harold S. Kushner

The Glories of the Earth

A handful of sand is an anthology of the universe.

David McCord

Climb the mountains and get their good tidings. Nature's peace will flow into you as sunshine flows into trees. The winds will blow their own freshness into you and the storms their energy, while cares will drop off like autumn leaves.

Edwin Teale

Alone in space, alone in its life-supporting systems, powered by inconceivable energies, mediating them to us through the most delicate adjustments, wayward, unlikely, unpredictable, but nourishing, enlivening, and enriching in the largest degree—is this not a precious home for all of us earthlings? Is it not worth our love? Does it not deserve all the inventiveness and courage and generosity of which we are capable to preserve it from degradation and destruction, and by doing so, to secure our survival?

Renee DuBos and Barbara Ward

This is my Father's world,
And to my listening ears,
All nature sings, and round me rings
The music of the spheres.
This is my Father's world,
I rest me in the thought
Of rocks and trees, of skies and seas—
His hand the wonders wrought.

This is my Father's world,
The birds their carols raise,
The morning light, the lily white,
Declare their Maker's praise.
This is my Father's world,
He shines in all that's fair;
In the rustling grass I hear Him pass,
He speaks to me everywhere.

La Maltbie D. Babcock

The Destruction of the Earth

Man has lost the capacity to foresee and forestall. He will end by destroying the earth.

Albert Schweitzer

The Wooing of the Earth has turned out to be both sweet and sour. The sweet comes from my belief that human beings can improve on nature and from my knowledge that they can correct environmental damage by deliberate social action. The sour also has two ingredients. Our propensity to spoil desirable environments, whether of natural or human origin, and my fear that nature's mechanisms of recovery may eventually fail to cope with our increasing use and misuse of resources and energy.

Rene DuBos

Along with the possibility of the extinction of mankind by nuclear war, the central problem of our age has therefore become the contamination of man's total environment with such substances of incredible potential for harm—substances that accumulate in the tissues of plants and animals and even penetrate the germ cells to shatter and alter the very material of heredity upon which the shape of the future depends.

Rachel D. Carson

The most alarming of all man's assaults upon the environment is the contamination of air, earth,

rivers, and sea with dangerous and lethal materials. . . . The chemicals to which life is asked to make its adjustment are no longer merely the calcium and silica and copper and all the rest of the minerals washed out of the rocks and carried in rivers to the sea; they are the synthetic creations of man's inventive mind, brewed in his laboratories and having no counterparts in nature.

Rachel D. Carson

Our Efforst to Salvage the Environment

We cannot escape from the past, but neither can we avoid the future. Without knowledge and a sense of responsibility for the welfare of humankind and the Earth, we can create new environments that are ecologically sound, aesthetically satisfying, economically rewarding, and favorable to the continued growth of civilization. But the wooing of the Earth will have a lasting successful outcome only if we create conditions in which both humankind and the Earth retain the essence of their wildness. The symbiosis of wildness will constantly engender unexpected values and new hopes in an endless process of evolutionary creation.

Rene DuBos

Many people believe that much of the damage to the Earth is so profound that it is now irreversible. Fortunately this pessimism is probably unjust-

tified because ecosystems have enormous powers of recovery from traumatic damage.

Rene DuBos

We need a restatement of national Purpose. We need to bring to our educational programs a new ethic. Man is capable of care as much as he is of destruction. Preservation of beauty, tenderness in relation to other life, communication with nature—these, too, can be awakened and given a powerful thrust. If we can make conservation a national cause, we can raise generations who will learn that the earth itself is sacred.

William O. Douglas

If we really want to contribute to the welfare of humankind and our planet, the best place to start is in our own community, and its fields, rivers, marshes, coastlines, roads and streets, as well as with its social problems.

Renee DuBos

Education

(See also Teaching)

The main enterprise of the world for splendor is the upbuilding of a man.

Ralph Waldo Emerson

. . . be a Columbus to whole new continents and worlds within you, opening new channels, not of trade, but of thought.

Henry David Thoreau

'Tis education forms the common mind;
Just as the twig is bent, the tree's inclined.

Alexander Pope

A wise man once said, "If you plan for one year plant rice; for ten years, plant a tree; but if you are planning for a lifetime, educate people.

Chinese proverb

The only hope of saving civilization is through enlightened education.

Rabindranath Tagore

What we should aim at producing is men who possess both culture and expert knowledge in some special direction. Their expert knowledge will give them the ground to start from and their culture will lead them as deep as philosophy and as high as art.

Alfred North Whitehead

A man is educated when he can be happy alone, and high-minded amid the meaner drudgeries of life. When we look into a wayside puddle and see something besides mud, and into the face of the most forlorn mortal and see something beyond sin. When he knows how to live, how to love,

how to hope, how to play—glad to live and not afraid to die—in his hand a sword for evil, in his heart a bit of song.

Joseph Fort Newton

Education is not preparation for life; education is life itself.

John Dewey

The criterion of the value of a school education is the extent in which it creates a desire for continued growth and supplies means for making the desire effective in fact.

John Dewey

The Common School is the greatest discovery made by man.

Horace Mann

To give children an intellectual tincture, a smattering of "instruction," without previously constructing on firm moral foundations the base which must support it, is to build on sand; and the higher the monument, the more complete will be its collapse.

Lecomte duNoüy

What needs to grow clear in the minds of all who are responsible for the training of youth, whether within or entirely outside the Church, is the fact that all genuine education must have a spiritual quality—that is, it must have to do with the for-

mation of personality, the building of character, the enlargement of life, the transmission of the supreme experiences of the race, and with the setting free of the higher potential powers of the individual.

Rufus M. Jones

Perhaps the greatest challenge in education—and the most puzzling one—is to discover what it is that keeps alive in some people the natural spark of curiosity, eagerness, hunger for life and experience, and how we may rekindle that spark when it flickers out. If we ever solve that problem, we will be at the threshold of a new era, not only in education, but in human experience.

John W. Gardner

When youngsters, fascinated with computers—and we know, already, that many are—find that their can be hooked up to the contents of a huge computerized library, they may well find that the most exciting video game of all is that of collecting information they find interesting. Education will become something it has never been before, a game under the absolute control of the person being educated. It will mean that each year, formal schooling will become a smaller part of total education.

Isaac Asimov

Imagine what might happen if we took the phrase “public education” seriously and tried to design

an education which would renew the public's life. Such an education would go far beyond memorizing the pledge of allegiance, studying the Constitution, and all the gestures schools make toward public relatedness and responsibility. An education for public life would teach us to be more supportive of and accountable to one another; to deal creatively with conflicting interests; to understand that we are all in this together and together we sink or swim. It would do so not by preaching and exhortation but through lived experience. It would, for example, design educational tasks which make students interdependent instead of pitting them against each other. In the process, truth would be served, for truth is a very large matter and we have a better chance of embracing it together than alone. And persons would be served as well, for there is no hope for the individual if there is no future for the common life.

Parker Palmer

Be the opener of doors to those who come after you.

Ralph Waldo Emerson

Colleges and Education

It cannot be said too often that more college degrees may not necessarily bring any increment in virtue or wisdom. . . .

John W. Gardner

The purpose of a college is the production of persons who are both more civilized and more civilizing.

Elton Trueblood

One of the most remarkable aspects of a liberal arts education is the breadth and variety of its goals—one might almost say the audacity of its aspirations for the personal and intellectual development of its students.

Derek Bok

The college should stir up so many desires in people that an entire lifetime will not suffice to give opportunity for their full satisfaction.

Elton Trueblood

The greatest American education invention of the nineteenth century was the land-grant college. The greatest educational invention of the twentieth century is the two-year community college.

John W. Gardner

In order to be truly educated, each must have a full sense of the nature of modern man and of the

world he lives in, and I do not see how that sense can be achieved by the kind of education now being provided by most of the schools, colleges, universities, and educational systems of the world. They have fallen behind the reality of world society and are presenting conceptions of man and his world comparable to the pre-Copernican system of ideas in the post-Copernican period.

Harold Taylor

Enthusiasm

Enthusiasm is the magic quality. It overcomes inertia, banishes discouragement, gets things done. And the remarkable thing about it is that it's contagious.

Arthur Gordon

Nothing great was ever achieved without enthusiasm.

Ralph Waldo Emerson

Enthusiasm: the greatest gift in the world. But to keep it, you have to give it away.

Arthur Gordon

Retaining one's enthusiasm and passion for life permits us to salvage at least that part of our youth.

Robert Muller

Enthusiasm is that secret and harmonious spirit which hovers over the production of genius, throwing the reader of a book or the spectator of a statue into the very ideal presence whence these works have really originated. A great work always leaves us in a state of musing.

Isaac D'Israeli

Enthusiasm—from the beginning, a remarkable word. The ancient Greeks used it to describe an inspired person: “en”—meaning in, and “theos”—meaning god. The enthusiastic person, they thought, was one who reflected the presence of the indwelling god. And the more you ponder this, the more convinced you become that the Greeks, as usual, not only had a word for it, but the right word.

Arthur Gordon

Enthusiasm without imagination tends to make a man a crank.

Benjamin Leeming

Evil—Sin

If thou didst keep strict tally of sins, oh Lord,
who could live on?

Psalms 130:3 (Moffatt)

The evil impulse is first like a passer-by, then like a lodger, and finally like the master of the house.

Talmud

The commonest question is whether I really "believe in the Devil." Now, if by "the Devil" you mean a power opposite to God, and like God, self-existent from all eternity, the answer is certainly No. There is no uncreated being except God. God has no opposite. No being could attain a "perfect badness," opposite to the perfect goodness of God, for when you have taken away every good thing (intelligence, will, memory, energy, and existence itself, there would be none of him left. The proper question is whether I believe in devils. I do. That is to say, I believe in angels and I believe that some of these, by the abuse of their free will, have become enemies to God, and as a corollary, to us. These we may call devils.

C.S. Lewis

Every day is a judgement day. Every sin carries its own punishment. So long as sin reigns in our heart, whether it be pride, lust, avarice, or any form of selfishness, there is no real peace, no center of repose, but the mark of unsatisfactory craving, the bitterness of disappointment, the weariness of anxiety, the loneliness of spirit, the helpless dependence upon physical conditions and surroundings, the terror of death. Alienation from God is the punishment of sin, and alienation from God is hell.

John Wilhelm Rowntree

God's punishments are remedial, not vindictive.

John Wilhelm Rowntree

Man's greatest temptations: in youth—sex, in middle age—money, in old age—power.

Toyohiko Kagawa

It was after his great discoveries regarding love patterns, sexuality, repression, transference, and other psychological mechanisms that Freud made the discovery and the admission that he had underestimated the importance of the destructive (read sinful) element in man's psychological constitution—his hate, his envy, his aggressive drive turned outward and inward.

Karl Menninger

So there you are, you and I. If you believe in sin as I do—we believe in our personal responsibility for trying to correct it, and thereby saving ourselves and the world. Preachers and teachers and doctors and writers and lawyers must join hands and carry on together. They must listen. Hearing confession is not a pleasant process. There are not many to whom one dare confess his worst side. But isn't that one of the reasons for the existence of professions?

Karl Menninger

The greatest evil is not now done in those sordid "dens of crime" that Dickens loved to paint. It is not done even in concentration camps and labor camps. In those we see its results. But it is con-

ceived and ordered . . . in clean, carpeted, warmed, and well-lighted offices by quiet men with white collars and cut fingernails and smooth-shaven cheeks who do not raise their voices. Hence, naturally enough, my symbol for Hell is something like the bureaucracy of a police state or the offices of a thoroughly nasty business concern.

C.S. Lewis

The wrongness of the sinful act lies not merely in its nonconformity, its departure from the accepted, appropriate way of behavior, but in an implicit aggressive quality—its ruthfulness, a hurting, a breaking away from God and from the rest of humanity, a partial alienation, or act of rebellion.

Karl Menninger

Jesus told this parable of the Prodigal Son in order to illustrate to the scornful Scribes and Pharisees that there will be more joy in heaven over one sinner who repents than over ninety and nine righteous persons who need no repentance.

Ernest Gordon

God loves us as we are. But because we are sinners, God suffers in His loving.

Ernest Gordon

. . . mental hygiene is a reality, not a metaphor, that people can be happier, healthier, kinder, and more secure in the integrity of their being by a

few intentionally preventive measures. Self-destructiveness can be lessened, painful coping efforts assisted, anxiety attenuated, not by a mere reassurance of comforting words or minimization of distraction, but by a deliberate renunciation of apathy and a courageous facing of the responsibility for evil.

Karl Menninger

I should like to suggest another word to you, not as a substitute for the word "sin", but as a useful clue in the interpretation of the word "sin": "separation". . . . to be in the state of sin is to be in the state of separation.

Paul Tillich

It seems to me that the most important matter before us at this moment is to find a way of fighting against evil in such a manner that we do not become just another aspect of the thing we are fighting against, which seems to be going on all over the world. . . . The problem is to fight against evil in such a way that we do not become the evil itself.

Laurens van der Post

Faith

Faith is the assurance of things hoped for, the conviction of things not seen.

Hebrews 11:1

I see few people who have not too much sense for everything they have to do.

Saint Theresa

God has not required me to succeed; he has only required me to be faithful.

Saint Theresa

In our age, especially, we are prone to find God at the end of an argument and to leave him there.

Harry Emerson Fosdick

The spring of life is the heart, not the head.

Bishop Grundtvig

There is a Faith that is overcome by Life and there is a Faith that overcomes life.

William Penn

There are some things that can never be proven by argument, by logic, or by reason—things that are matters of perception, not of proof.

Peter Marshall

Faith is a kind of climbing instinct which draws us upward and onward.

Dean Inge

It is because our faith is ever ascending that we can never stand still—we must be climbing all the time.

Ernest Gordon

The rupture between faith and knowledge is a symptom of the split consciousness which is so characteristic of the mental disorder of our day.

Carl Jung

Doubt is a pain too lonely to know that faith is his twin brother.

Kahlil Gibran

Faith is an oasis in the heart which will never be reached by the caravan of thinking.

Kahlil Gibran

It's not the dying for a faith that's so hard; it's the living up to it that is difficult.

William Makepeace Thackeray

Faith is not an easy virtue, but in the broad world of man's voyage through time to eternity, faith is not only a gracious companion, but an essential guide.

Theodore Hesburgh

Faith is contagious. It is passed on by men and women who have it burning in their hearts and shining in their minds. Faith does not mean the blind acceptance of irrational dogma but the living of a Christ-centered life without fear of the consequences.

Ernest Gordon

Another misconception I once had was that faith is trying to believe something one is fairly certain

is not true. But faith is not hocus-pocus. In fact, faith does not go against experience at all; rather it appeals to experience, just as science does. The difference is that it appeals to experience in a realm where our five senses are not our supreme rulers.

Catherine Marshall

I never saw a moor,
I never saw the sea;
Yet I know how the heather looks,
And what a wave must be.
I never spoke to God,
Nor visited in heaven;
Yet certain am I of the spot
As if the chart were given.

Emily Dickinson

Faith is a character trait pervading the whole personality rather than a specific belief.

Eric Fromm

But only faith has kept me above the muddy waters of life. Ever so often I have felt resentment and rebellion surge in my heart, my brain, my very throat, almost strangling me. Yet, through faith, I have never lost sight of the luminous peak of Truth, a humble word for God. Man without faith is like a sailor without a compass, plying the waters of an uncharted sea.

Domenico Vittorini for Dante

"While there is life there is hope," runs the old saying. But a deeper truth emerges when that say-

ing is reversed: "While there is hope there is life." It makes a profound difference, however, by what route one arrives at that undisputable quality of courageous confidence. Alike in personal and public affairs, the most resounding triumphs ever won on earth have been won by those in whom, by God's grace, trouble produced endurance, and endurance character, and character hope.

Harry Emerson Fosdick

I believe that having faith is our most pressing need today. Faith, the substance of things hoped for, the evidence of things not seen, is the main spring not only of individual ethical living, but of law and civilization based on law. Love is greater than faith, said Paul, but love without faith becomes futile and barren.

Florence E. Allen

The logicians tell me faith is a gift. I think it is a gift that can be asked for. . . . It can be worked for.

Fulton Oursler

Faith is a lever. With this one lever even the earth itself can be pried up. . . . But some people who have faith lack patience.

Toyohiko Kagawa

Faith is not a fortress, but a camp on the march; a camp, too, not of armed men, but of explorers.

Henry Newbolt

O World, thou choosest not the better part!
It is not wisdom to be only wise
And on the inward vision close the eyes.
But it is wisdom to believe the heart.
Columbus found a world and had no chart
Save one faith deciphered in the skies;
To trust the soul's invincible surmise
Was all his science, and his only art.
Our knowledge is a torch of smoky pine,
That lights the pathway but one step ahead
Across a void of mystery and dread.
Bid, then, the tender light of faith to shine
By which alone the mortal heart is led
Unto the thinking of the thought divine.

George Santayana

I know not where His islands lift
Their fronded palms in air;
I only know I cannot drift
Beyond his love and care.

John Greenleaf Whittier

Faith of our fathers, living still
In spite of dungeon, fire, and sword.
O how our hearts beat high with joy
Whene'er we hear that glorious word.
Faith of our fathers, holy faith,
We will be true to thee till death.

Frederick W. Faber

Forgiveness

You must forgive those who transgress against you before you look to forgiveness from Above.

The Talmud

Forgive us our trespasses as we forgive those who trespass against us.

The Lord's Prayer

So if you are offering your gift at the altar, and there remember that your brother has something against you, leave your gift there before the altar and go; first be reconciled to your brother, and then come and offer your gift.

Matthew 5:23–24

Life is too short to be small.

Benjamin Disraeli

To err is human; to forgive is divine.

Alexander Pope

He who has not forgiven any enemy has not yet tasted one of the most sublime enjoyments of life.

Johann K. Lavater

In heaven the only art of living is forgetting and forgiving.

William Blake

He who cannot forgive others breaks the bridge over which he may pass himself.

George Herbert

With malice toward none, with charity for all.

Abraham Lincoln

Forgiveness has two sides that are inseparably joined; the forgiveness each of us needs from God and the forgiveness we owe to other human beings. Most of us prefer not to face up to the fact that God's forgiveness and man's are forever linked.

Catherine Marshall

At the heart of the Christian gospel lies forgiveness, the greatest miracle of all.

Catherine Marshall

. . . Jesus shows us how to hate the sin while loving the sinner. Gandhi proclaimed the British government to be satanic, then instructed his followers not only to protect but to honor, love, and try to understand the British people. That attitude gave significance to his whole political program and helped change the thinking of India.

Muriel Lester

Today our civilization cries out for forgiveness. Husbands and wives need it. . . . Parents and children. . . . Friends. . . . Statesmen. . . .

Yes, and nations. Jesus would tell us that we Americans must forgive the Japanese for Pearl Harbor, just as the Japanese must forgive us for Hiroshima. The Jews have so much for which to forgive the Germans. And the Germans have much to forgive the Russians, and the Russians the Germans. Have the Ethiopians forgiven the Italians? And what about the Israelis and the Arabs, with so much bitterness on both sides? If the wounds of millions are to be healed, what other way is there except through forgiveness?

Jesus, at least, gives us no alternative. The command is stern. The terms are set—"But if we forgive not men their trespasses, neither will your Father forgive your trespasses."

Catherine Marshall

Lord, when we are wrong, make us willing to change. And when we are right, make us easy to live with.

Catherine Marshall

Friends—Friendship

I have called you friends. . . .

John 15:15

You are my friends if you do the things which I command you.

John 15:14

A friend may well be reckoned a masterpiece of nature.

Ralph Waldo Emerson

A friend is a present you give yourself.

Robert Louis Stevenson

To know of someone here and there with whom we are in accord, who is living on with us, even in silence,—this makes our earthly ball a peopled garden.

Johann von Goethe

Every man passes his life in a search for friendship. Our chief want is somebody who shall make us do what we can. That is the service of a friend.

Ralph Waldo Emerson

Grief can take care of itself, but to get the full value of a joy you must have somebody to divide it with.

Mark Twain

Your friend is your needs answered.

He is your field which you sow with love and
reap with thanksgiving.

And he is your board and your fireside.

For you come to him with your hunger and you
seek him for peace.

Kahlil Gibran

The glory of friendship is not the outstretched hand nor the kindly smile nor the joy of compan-

ionship; it is the spiritual inspiration that comes to one when he discovers that someone else believes in him and is willing to trust him.

Ralph Waldo Emerson

The ornament of a house is the friends who frequent it.

Domestic Life

My friend is one who takes me for what I am.

Henry David Thoreau

My last salutations are to them who knew me imperfect and loved me.

Rabindranth Tagore

Tell me with whom you associated and I will tell you who you are.

Johann von Goethe

The Italians have a saying that probably originated with St. Francis that the poor little brethren gathered with us under the Madonna's cloak keep us warm quite as much as the great blue mantle.

Jane Addams

Better be a nettle in the side of your friend than his echo.

Ralph Waldo Emerson

All companionship can consist only in the strengthening of two neighboring solitudes.

Rainer Maria Rilke

When friendship deserts us, we are lonely and helpless as a ship left by the tide high upon the shore; when friendship returns to us, it is as though the tide came back, gave buoyancy and freedom, and opened to us the wide places of the world.

Harry Emerson Fosdick

Friends were a chief crop with my father. He learned more from them than from his books.

Robert P.T. Coffin

I found my own fortune now in the treasury of lives opened to me in trust. They live in me, resonate in me, teach me every day that no age or event can of itself prevent the human spirit from outstretching its former boundaries.

Gail Sheehy

True friends visit us in prosperity only when invited; but in adversity they come without invitation.

Theophrastus

The first general rule of friendship is to be a friend, to be open, natural, interested; the second rule is to take time for friendship. Friendship,

after all, is what life is finally about. Everything material and professional exists in the end for persons.

Nels F.S. Ferré

It is great to have friends when one is young, but indeed it is still more so when you are getting old. When we are young, friends are, like everything else, a matter of course. In the old days we know what it means to have them.

Edvard Grieg

Blessed are they who have the gift of making friends, for it is one of God's great gifts. It involves many things, but above all, the power of going out of oneself and seeing and appreciating whatever is noble and loving in another.

Thomas Hughes

We do not make friends as we do houses, but discover them as we do the arbutis, under the leaves of our lives, concealed in our experience.

William Rader

Friendships are fragile things and require as much care in handling as another fragile and precious thing.

Randolph S. Bourne

The making of friends is the best token we have of a man's success.

Edward E. Hale

If a man does not make new acquaintances as he advances through life, he will soon find himself alone. A man . . . should keep his friendships in constant repair.

Samuel Johnson

The Future

It has become fashionable today to mock or to treat with suspicion anything which looks like faith in the future. . . . A passionate love of growth, of being, that is what we need. Down with the cowards and the skeptics, the pessimists and the unhappy, the weary and the stagnant.

Teilhard de Chardin

As I look over the grand drama of history, I find (or seem to find) amid the apparent chaos and tragedy, evidence of law and plan and immense achievement of the human spirit in spite of disasters. I am convinced that the world is not a mere bog in which men and women trample themselves in the mire and die. Something magnificent is taking place here amid the cruelties and tragedies, and the supreme challenge to intelligence is that of making the noblest and best in our curious heritage prevail.

Charles A. Beard

There is a serene Providence which rules the fate of nations, which makes little account of time, lit-

tle of one generation or race, makes no account of disasters, conquers alike by what is called defeat and what is called victory, thrusts aside enemy and obstruction, crushes everything immoral as inhuman, and obtains the ultimate triumph of the best race by the sacrifice of everything that resists the moral laws of the world.

Ralph Waldo Emerson

. . . knowledge is pessimistic but my willing and hoping are optimistic. . . . Because I have confidence in the power of truth and of the spirit, I believe in the future of mankind.

Albert Schweitzer

The clock of progress, though it may lose time for a while is not to be set back permanently.

David S. Muzzey

I see the dreams of the future better than the history of the past.

Thomas Jefferson

The only limit to our realization of tomorrow will be our doubts of today.

Franklin D. Roosevelt

The future is dark, uncertain. But we can see part of the way leading to it and can tread with firm steps, remembering that nothing that can happen is likely to overcome the spirit of man which has

survived so many perils; remembering also that life, for all its ills, has joy and beauty. . . .

It is folly to be merely optimistic and not to see facts as they are. But it is at least as great a folly to be pessimistic and imagine all kinds of evil happenings overtaking us.

Perhaps we are living in one of the great ages of mankind and have to pay the price for that privilege. The great ages have been full of conflict and instability, of an attempt to change over from the old to something new. There is no permanent stability or security or changelessness; if there were, life itself would cease. At the most we can seek a relative stability and a moving equilibrium.

But the past does not exhaust our duty or obligation. We owe a duty to the future also, and perhaps that obligation is greater than the one we owe to the past. For the past is past and done with, we cannot change it; the future is yet to come, and perhaps we may be able to shape it a little.

Jawaharlal Nehru

The future may well belong to those who first realign their international sights.

Ralph Bunche

Mankind is now in one of its rare moods of shifting its outlook. The mere compulsion of tradition has lost its force. It is our business . . . to re-create and re-enact a vision of the world, including those elements of reverence and order without

which society lapses into riot, and penetrated through and through with unflinching rationality. Such a vision is the knowledge which Plato identified with virtue. Epochs for which, within the limits of their development, this vision has been widespread are the epochs unfading in the memory of mankind.

Alfred North Whitehead

I am optimistic about the future because I think the nations are afraid of each other. When that fear disappears and you have less talk of war and of fear, and more talk of the wonderful world we can have, then I think we will be on the road to peace. And . . . if the great civilization to which we belong—the great European civilization—does destroy itself, it will not be the end. It will be the end for a time, but we will have a new civilization, possibly in Asia. On the other hand, there is the tremendous opportunity to the great civilization to which we belong to use these great powers and assume moral and spiritual leadership in the world and get all nations—the most “backward” nations—get them in and say—here is the great new world we are going forward to. Who will cooperate with us to this end?

Lord Boyd-Orr

There is no single formula for human survival but the approach to survival has two main elements. The first is that we ought never to minimize or underestimate the nature of the problems we face.

The second is that we ought never to minimize or underestimate our ability to deal with them.

Norman Cousins

We are wide-eyed when contemplating the possibilities that life may exist somewhere in the universe, but we wear blinders when contemplating the possibilities of life on earth.

Norman Cousins

Together we share the quest for a society of the whole, equal to our needs, a society in which we neither have to kill nor be killed, a society congenial to the full exercise of the creative intelligence and in which justice has a life of its own.

Norman Cousins

Far from being diminished, we should feel a sense of privilege. A great adventure opens out before us. We have new worlds to contemplate. We have new connections to make. A rendezvous with infinity becomes us.

Norman Cousins

We are called upon to do something new, to confront a no man's land, to push into a forest where there are no well-worn paths and from which no one has returned to guide us. This is what the existentialists call the anxiety of nothingness. To live into the future means to leap into the unknown, and this requires a degree of courage for

which there is no immediate precedent and which few persons realize.

Rollo May

It is not too much to hope . . . that man can learn to fly the great engines of change that he has made and that it may carry us not to destruction but to that great goal for which the world was made.

Kenneth Boulding

Cut away the future and the present collapses, emptied of its proper content. Immediate existence requires the insertion of the future in the crannies of the present.

Alfred North Whitehead

We make our own future and we can be as foolish or as wise as we choose. If our choice is to explode in a thermonuclear war, or to go down the tube into a creeping sludge of pollution, then there will be no future worth describing. But what if we are wise and make the most of advancing technology, using it humanely and prudently? In that case the future may be bright indeed.

Isaac Asimov

Whatever sphere we may be in, there is a profound joy in the realization that we are helping to form the structure of a new world. This is creative courage, however minor or fortuitous our creations may be. We can then say, with Joyce, Welcome, O Life! We go for the millionth time to

forge in the smithy of our souls the uncreated
conscience of the race.

Rollo May

These things shall be, a loftier race
Than e'er the world hath known shall rise
With flame of freedom in their souls
And light of knowledge in their eyes.

They shall be gentle, brave, and strong
To spill no drop of blood, but dare
All that may plant man's lordship firm
On earth, and fire, and sea, and air.

Nation with nation, land with land
Unarmed shall live as comrades free;
In every heart and brain shall throb
The pulse of one fraternity.

New arts shall bloom of a loftier mould,
And mightier music thrill the skies;
And every life shall be a song
When all the earth is paradise.

John Addington Symonds

God

St. Augustine described the nature of God as a circle whose center was everywhere and its circumference nowhere.

Ralph Waldo Emerson

God to me is that creative Force behind and in
the universe who manifests Himself as energy, as

life, as order, as beauty, as thought, as conscience, and who is self-revealed supremely in the creative Person of Jesus of Nazareth, and operative in all Jesus-like movement in the world today.

Henry Sloane Coffin

God is that function in the world by reason of which our purposes are directed to ends which in our own consciousness are impartial as to our interests. He is that element in life in virtue of which judgement stretches beyond facts of existence. He is that element in virtue of which our purposes extend beyond values for ourselves to values for others. He is that element in virtue of which the attainment of such a value for others transforms itself into value for ourselves. He is the binding element in the world.

Alfred North Whitehead

God is the force that keeps solar systems in the far reaches of space swinging around their suns and held together as a whole. God is the force that keeps the tiny solar systems in atoms held together in incredibly numerous varieties to make up the familiar furniture of our world. God is the "binding element" holding atom, molecules, and cells together so that they work in mutual interdependence to produce ever more complicated forms and activities. Contemplate for a moment the mutual cooperation and interdependence of cells and processes that make you a human being.

Elizabeth Watson

The universe is not dead. Therefore, there is an Intelligence there and it is all pervading. At least one purpose, possibly the major purpose of that Intelligence is the achievement of universal harmony. Striving in the right direction for Peace (Harmony), therefore, as well as the achievement of it, is the result of accord with that Intelligence. It is desirable to effect that accord. The human race, then, is not alone in the universe. Though I am cut off from other human beings, I am not alone. For untold ages man has felt an awareness of that Intelligence. Belief in it is the one point where all religions agree. It has been called by many names. Many call it God.

Richard E. Byrd

Oh Thou who art! Ecclesiastes names thee the Almighty; Maccabees names thee Creator; the Epistle to the Ephesians names thee Liberty . . . the Psalms name thee Wisdom and Truth; John names thee Light; the King of Kings names thee Lord; Exodus calls thee Providence; Leviticus—Holiness; Esdras—Justice; Creation calls thee God, Man names thee Father, but Solomon names thee Compassion, and that is the most beautiful of all names.

Victor Hugo

If God ever spoke, He is still speaking. If He has ever been in mutual and reciprocal communication with the persons He had made, He is still a communicating God, as eager as ever to have listening and receptive souls. If there is something of His image and subscription in our inmost

structure and being, we ought to expect a continuous revelation of His will and purpose through the ages, and just *that* is what I discover to be a fact. He is the Great I Am, not a Great He Was.

Rufus M. Jones

God is beauty,
God is love,
God is understanding,
God is quietness and rest,
God is peace.
God is the song of ecstasy that bursts in the
springtime;
God is the blue of a calm day in summer.
God is the faith that comes when there is no reason
for faith.
God is the voice of a bell, the peal of a trumpet.
God is timeless, spaceless.
God is all heights and all depths.
God is law and the maker of law.
God is beyond all and in all.
God is simplicity, enveloped by us in complexity.
God is perfection among imperfections.
God is a perfect poem.
God is God.

Catherine Cate Coblenz

The deepest need of men is not food and clothing and shelter, important as they are. It is God. We have mistaken the nature of poverty and thought it was economic poverty. No, it is poverty of the soul, deprivation of God's recreating, loving peace. Peer into poverty and see if we are really getting down to the deepest needs in our economic salvation schemes. These are important. But they lie farther along the road, secondary

steps toward world reconstruction. The primary step is a holy life, transformed and radiant in the glory of God.

Thomas R. Kelly

You would be surprised and shocked often at the tremendous harm done by the conception that God is white and the devil is black, in the minds of African followers.

James K. Aggrey

We should have a healthy fear of making our God too small.

Catherine Marshall

Is God Omnipotent, Complete?

It is only as we grow and mature that we discover that our human father is neither a magician nor the monarch of the world. We have to grow up to learn that God is also not a magician who changes everything in the twinkling of an eye. Maturity in our relation with our human parents means the gradual recognition of limitations and necessities to which they are subject. Maturity is the religious realm means surrendering our childish view of God and of understanding that He, too, in building a predictable world, governed by law, voluntarily surrenders something of His sovereignty.

Joshua Liebman

There is at least one important way in which God conceived as integrative process differs from the traditional Christian God and that is in the attribute of omnipotence. God is limited by the attribute set in motion; God cannot set aside the process nor alter the chain of cause and effect. Our life depends on the orderliness of the universe. It is arrogance and self-delusion to believe God can be bribed with prayers and incantations, with tearing of hair and wearing of sackcloth and ashes. We must fulfill conditions within ourselves before the miracle can take place. God cannot do it alone. . . . Loving, normal parents do all they can to protect children and to teach them to care for themselves. How great their anguish when they cannot protect or provide. How great must be God's anguish in the face of the suffering of the world. God is dependent on us to help minimize suffering and violence and agony. God cannot do it alone.

By reserving to all of us the power to work out our own destinies, God has shown His greatest wisdom. He has made us individuals when He could have made us robots, and it is this genius of individualism, this divine gift of the capacity to follow one's own moral intuition and make one's own moral decisions, which is the true hope of the world.

Joshua Liebman

The best scientific and philosophic minds of our century—men like Whitehead and Compton—agree that we need to look upon God as the Power who needs our collaboration, and who

looks to men to be His mature partner in the developing evolution of a better world.

Joshua Liebman

I have lived most of my life near a large body of water and early thought of God as being like an ocean—vast, constantly in motion, at times calm and supportive, at times wild and destructive.

Elizabeth Watson

Our Quest for God and the Double Search

Religions change and grow; men mature; but the quest goes on. Perhaps the quest for God is the surest evidence of His being.

Bradford Smith

Most of us are too busy or too scared to ask ourselves what we really think about the existence of God.

Bradford Smith

Our discovery of God is, in a way, God's discovery of us. We cannot go to heaven to find Him because we have no way of knowing where heaven is or what it is. He comes down from heaven and finds us. He looks at us from the depths of His own infinite actuality, which is everywhere, and His seeing us gives us a superior reality in which we also discover Him, and our

contemplation of Him is a participation of His contemplation of Himself.

Thomas Merton

All have access to God but each man has a different access.

Martin Buber

We have learned that the Divine Other whom we seek is also seeking us.

Rufus Jones

Where Does One Find God?

Whither shall I go from Thy spirit?
Or whither shall I flee from Thy presence?
If I ascend up into heaven, Thou art there.
If I take the wings of the morning
And dwell in the uppermost parts of the sea,
Even there shall Thy hand lead me
And Thy right hand shall hold me.

Psalm 139:7-10

Oh God, God, God, you are everywhere—
In sun and light and rain and dew,
In bird song, leaf shadow and sweet breath
Of every breeze that flows;
In every child's flowered face,
In every act of human grace;
In storm and calm, in love and praise,
In the sweet progress of our nights and days;

In seasons as they come and go;
In hearthside, woodland, piling snow.

Author unknown

God dwells among the lowliest of men. He sits on the dust-heap among the prison convicts. With the juvenile delinquents He stands at the door, begging bread. He throngs with the beggars at the place of alms. He is among the sick. He stands in the line with the unemployed. . . . Therefore, let him who would meet God visit the prison cell before going to the temple. Before he goes to church, let him visit the hospital. Before he reads his Bible, let him help the beggar standing in his door.

Toyohiko Kagawa

Cleave the rock and thou shalt find me;
Hew the wood and there am I.

Author Unknown

But there is a wholly different way of being sure that God is real. It is not an intellectual proof, a reasoned sequence of thoughts. It is the fact that men *experience* the presence of God. He shadows over us, steals into the inner recesses of our souls, and lifts us up in a wonderful joy and peace. The curtains of heaven are raised and we find ourselves in heavenly peace in Christ Jesus. Sometimes these moments of visitation come to us in strange places—on lonely roads, in a classroom, at the kitchen sink. Sometimes they come in the hour of worship when we are gathered into one

Holy Presence who stands in our midst and welds us together in breathless hush, and wraps us all in sweet comfortableness into His arms of love. In such times of direct experience of Presence, we know that God is utterly real. We need no argument. When we are gazing into the sun we need no argument, no proof that the sun is shining.

Thomas Kelly

This is the ultimate purpose; to let God in. But we can only let him in only where we really stand, where we live, where we live a true life. If we maintain holy intercourse with the little world entrusted to us, if we help the holy spiritual substance to accomplish itself in that section of Creation in which we are living, then we are establishing in this our place, a dwelling for the Divine Presence.

Martin Buber

God made no tools for himself, he needs none; he created for himself a partner in the dialogue of time and one who is capable of holding converse.

Martin Buber

The Grandeur of Human Beings

For thou has made him but a little lower than God and crownest him with glory and honor.

Psalms 8:5

Who do you think you are and where do you think you came from?

From tonsils to the hair of your head you are mixed of the earth, of the air.

Of compounds equal to the burning gold and amethyst lights of the Mountains of the Blood of Christ at Santa Fe.

Listen to the laboratory men tell what you are made of, men, listen while he takes you apart.

Weighing 150 pounds, you hold 3500 cubic feet of gas-oxygen, hydrogen, nitrogen,

From the 22 pounds and 10 ounces of carbon in you is the filling for 9000 lead pencils.

In your blood are 50 grains of iron and in the rest of your frame enough iron to make a spike that would hold your weight.

From your 50 ounces of phosphorus could be made 800,000 matches and in your physical premises are hidden 60 lumps of sugar, 20 teaspoons of salt, and scatterings of starch, chloride of potash, magnesium, sulphur, hydrochloric acid.

You are a walking drugstore and also a cosmos and phantasmagoria treading a lonesome valley.

Carl Sandburg

We used to be told that we were little lower than the angels. Now we feel proud to be encouraged to believe that we are a bit higher than the extinct pterodactyls that flapped their membrous expansions with joy in the upper arc of the Mesozoic Age.

Rufus M. Jones

A great astronomer once remarked to a friend:
"To the astronomer, man is an infinitesimal dot
in an infinite universe." "Ah!" said his friend,
"but he is still the astronomer."

Harold Link

What a piece of work is a man, how noble in reason,
how infinite in faculty, in form and moving
how express and admirable, in action how like an
angel, in apprehension how like a god.

William Shakespeare

The sacredness of personality is the most disturbing
faith a man can hold.

Harry Emerson Fosdick

Lord, I believe
Man is no helpless thing
That, like a bird in spring,
Comes fluttering to the light of life,
And out into the darkness of long death.
The Breath
Of God is in him,
And his agelong strife
With Evil has a meaning and an end.
Though twilight dim
His vision be,
Yet can he see
Thy truth, and in the cool of evening
Thou, his Friend,
Dost walk with him
And talk
(Did not the Word take flesh?)

Of the great destiny
That waits him and his race
In worlds that are to be.
By grace
He can achieve great things,
And on the wings,
Of strong desire,
Mount upward ever,
Higher and higher,
Until, above the clouds of earth,
He stands
and stares God in the face.

G.A. Studdert Kennedy

Great Men and Women

And there were giants in the earth in those days.

Genesis 6:4

Let us now praise famous men. . . .

Ecclesiasticus 33:22

Whether we are considering art, literature, music,
or the spiritual qualities, greatness is the quality
of those who present eternal values in the midst
of time.

Reginald Reynolds

Great men . . . reflect what is emerging from the
depths of their culture, and having reflected, they

interpret and mold what they find. We may disagree with their interpretations of their findings; we cannot disagree with the fact that they found it.

Rollo May

The great man is one who lives for aims other than personal and local ones; who gives himself for posterity; who senses the future and strives for the race's betterment. The great man is one who procures for humanity a larger liberty, a freer release of vital energies, a wider horizon, a completer mastery of the forces of nature, and a deeper understanding of mankind.

Archibald Henderson

It is beyond my belief that blind chance could shuffle the material elements of earth and draw from the mixture the conscience of a Socrates, the mind of a Plato, and the genius of Shakespeare. For me the doctrine of chance does not explain the emergence of that orderliness which the physicist finds in the electrons and the astronomer finds in the heavens. There seem to be purpose and plan running through creation.

Ralph Sockman

The truly great man is he who would master no one and who would be mastered by none.

Kahlil Gibran

Great men are meteors that consume themselves to light the earth.

Thomas Hardy

I believe that greatness can only be achieved in grief and solitude and that, as the peaks of the Andes have to pay for their height and majesty with the cold desolation of their eminence, so the men who choose the leading parts in history have to suffer for their choice. For I believe that great men, like those great peaks, live under high tension, and that storms naturally gather round them.

Simon Bolivar

Call hallelujah, call amen, call deep thanks. The strong men keep coming on.

Carl Sandburg

Man loses his sense of direction when the compass of his soul is not magnetized by some great human star within the orbit of his experience.

Joshua Liebman

The greatest men on earth are men who think as I do, but deeper; and see as I do, but clearer; who work to the goal that I do, but faster; and serve humanity as I do, but better.

Archibald Henderson

Lives of great men all remind us
We can make our lives sublime,
And, departing, leave behind us
Footprints on the sands of time.

Henry Wadsworth Longfellow

Every leader of mankind, every man who has deeply influenced his generation and has accomplished great acts, whatever the admixture of good and bad in his composition, must have had before him . . . some sense of the Divine Purpose and Mission entrusted to him. Men of thought, like Socrates and the philosophers; men of imagination, like the great poets; men of action, like Cromwell and Lincoln, . . . aye, and men of business, too, who without much show or demonstration have devoted themselves to the betterment of humanity in such directions as come within their scope—all these . . . must have been inspired by a feeling of responsibility, by a realization that there must be some worthy outcome in the fulfillment of which they were privileged to share, for which all their efforts were asked and needed. Such a faith adds greatly to human power; without it the individual is helpless and alone; with it he can do his duty. And those who have that faith in large measure are the helpers of mankind.

Sir Oliver Lodge

Of all the men born into the world, Buddha and Jesus have made the greatest impression upon mankind. Kings and conquerors have altered the borders of empires. Explorers have penetrated every sea and continent from the equator to the poles. Poets and musicians have given expression, sometimes almost unbearably poignant, to that mysterious sense of the beautiful which lies within every human being. Philosophers and scientists have altered our ideas about the nature of reality and of the mind itself. But none of these has had the same impact upon human minds and

history as the carpenter's son of Galilee and the king (or chieftain's) son from Gorakhpur in India.

Bradford Smith

Praise we the glorious names we know;
And they whose names are perished,
Lost in the haze of long ago—
In silent love be cherished.
In peace their sacred ashes rest
Fulfilled their days endeavor;
They blessed the earth, and they are blessed
Of God and men, forever.

William George Tarrant

Hands

I cannot invent
New things,
Like the airships
Which sail
On silver wings;
But today
A wonderful thought
In the dawn was given,
And the stripes on my robe,
Shining from wear,
Were suddenly fair,
Bright with a light
Falling from Heaven—
Gold, silver, and bronze—
Lights from the windows of Heaven.

And the thought
Was this:
That a secret plan
Is hid in my hand;
That my hand is big,
Big,
Because of this plan.

That God,
Who dwells in my hand,
Knows this secret plan
Of the things he will do for the world
Using my hand!

Toyohiko Kagawa

Christ has no hands but our hands
To do His work today;
He has no feet but our feet
To lead men in His way;
He has no tongue but our tongues
To tell men how He died;
He has no help but our help
To bring them to His side.

Annie Johnson Flint

Whatsoever your hands find to do, do it with all
your might.

Ecclesiastes 9:10

Hands become the living, sensitive instrument for
the mind.

Howard Thurman

Hands of Christ

I

Hands of Christ,
Divine hands of a carpenter. . . .
I cannot imagine those hands
Forging lances, hammering out swords,
Nor designing some new model of bomber;
Those hands, the hands of Christ,
Were the hands of a carpenter.

II

Among the artisan hands
That build cruisers and bombers
Yours are not found!
Yours bear the marks of nails,
Heroic marks of sacrifice,
Your hands are bleeding hands,
Contriving creative labor;
Divine hands, hands of a workman,
Building hour after hour.

III

Hands of Christ, callused
Carving cradles,
Making ploughs, building life . . .
I cannot imagine those hands
Busied with cannons,
With grenades, and with explosives;
Those callused hands,
Callused from building life.

Francisco E. Estrello
Translated by Douglas L. Parker

Happiness—Joy
Happiness—Joy
(See Humor—Laughter)

For ye shall go out with joy. . . .

Isaiah 55:12

These things have I spoken to you that my joy may be in you and that your joy may be made full.

John 15:11

Christians who don't know an inner pentecostal joy are living contradictions of Christianity.

Thomas Kelly

Christianity is fun. . . .

Catherine Marshall

Happiness is a habit—cultivate it.

Elbert Hubbard

If you ever find happiness by hunting for it, you will find it as the old woman did her lost glasses—safe on her own nose all the time.

Josh Billings

The world is a looking-glass and gives back to every man the reflection of his own face. Frown at it and it in turn will look sourly upon you; laugh at it and it is a jolly, kind companion.

William Makepeace Thackeray

I believe that life must and can be a constant joy. And a wise person is always joyful. The way to find joy in life is to understand that you are given life to enjoy. If you don't, try and find out where you have made a mistake.

Leo Tolstoy

Our frustrations also arise from the mistaken belief that the complexities of life preclude happiness—that life is something from which we must flee to be happy.

Norman Cousins

Give us, oh give us the man who sings at his work. Be his occupation what it may, he is equal to any of those who follow the same purpuit in silent sullenness. He does more in the same time—he will do better—, he will persevere longer.

Thomas Carlyle

Getting what you go after is called success; but liking it while you are getting it is happiness.

Bertha Damons

. . . though I detest the popular concept of "duty," if I had to allocate one duty to huamnity, I would allocate, with the highest priority possible, the duty of the individual to achieve happiness. But few people will agree with me. They not only no longer know what happiness is but also have no faith in its being a practical possibility. In so far as they are aware of it, they confuse

happiness with some of its lesser parts like pleasure and gratification and would not begin to understand . . . that happiness which loves the great necessities of life like a bride. Happiness does not exclude unhappiness but merely discovers and preserves its meaning.

Laurens van der Post

Happiness is the sole satisfactory answer I have found in the sea of puzzles, questions, mysteries, turmoils, and competing claims in which we bathe. Happiness against and despite everything, at all ages, and in all conditions, is a great act of freedom, a refusal to postpone life on the pretext that someday conditions will be better, that a new system or leader will solve everything, or evolution will generate justice and paradise on earth, that my merits will be recognized. . . . Happiness is likely to be the most important single objective of tomorrow's civilization.

Robert Muller

The supreme happiness of life is the conviction that we are loved, loved for ourselves or rather loved in spite of ourselves.

Victor Hugo

The grand essentials to happiness in this life are something to do, something to love, and something to hope for.

Joseph Addison

One of the first conditions of happiness is that the link between man and nature shall not be severed . . . that he should be able to see the sky above him and that he shall be able to enjoy the sunshine, the pure air, the fields. . . .

Another inevitable condition . . . is work: first, the intellectual labor that one is free to choose and loves; secondly, the exercise of physical power that brings a good appetite and tranquil and profound sleep. . . .

The third undoubted condition of happiness is the family. . . .

The fourth condition . . . is sympathetic and unrestricted intercourse with all classes of men. . . .

Finally, the fifth condition of happiness is bodily health.

Leo Tolstoy

Prayer and meditation are two of the surest and quickest ways to happiness. Through them we reduce our petty arrogance and personal barriers against the streams of life. Letting those streams flow unimpeded through the miraculous point of perception that we are, we feel the greatness of all things, thoughts, sentiments and dreams. We see everything in harmony and proportion. We are aggrandized beyond measure. We become fully human, fully alive, fully free.

Robert Muller

The Heavens

The heavens are telling the glory of God,
And the sky shows forth the work of his hands.
Day unto day pours forth speech,
And night unto night declares knowledge.

Psalm 19:1-4 (Goodspeed)

What are ye, orbs?
The Works of God? The Scriptures of the skies?

F.J. Bailey

A great astronomer once remarked to a friend,
"To the astronomer man is an infinitesimal dot
in an infinite universe." "Ah," said his friend,
"but man is still the astronomer."

Henry C. Link

Dawn sleeps on the shadowy hills,
The stars hold their breath counting the hours.

Rabindranath Tagore

The silent night has the beauty of the mother and
the clamorous day of the child.

John Greenleaf Whittier

But if a man would be alone, let him look at the
stars.

Ralph Waldo Emerson

Two things fill the mind with ever new and in-
creasing wonder and awe—the starry heavens
above and the moral law within me.

Immanuel Kant

It is not an accident that wherever we point the telescope, we see beauty, that wherever we look with the microscope, we find beauty. It beats in through every nook and cranny of the mighty world.

Rufus M. Jones

The prelude of the night is commenced in the music of the sunset, in its solemn hymn to the ineffable dark.

Rabindranath Tagore

The evening sky to me is like a window, and a lighted lamp, and a waiting behind it.

Rabindranath Tagore

The stars above and the grave beneath us. Great God, what a universe.

L. P. Jacks

What impresses me is the deep silence of the universe with its unimaginable activity. I was recently hearing a distinguished man of science describing the wonders in the nebula of Andromeda—that faint mist of light in the depths of the firmament which the naked eye can sometimes detect—magnitudes so vast, forces so stupendous, operations so immense, and yet so minute, that thought simply staggers in the presence of them. . . . The forces of astronomy are so overwhelming, so stupefying, that there are moments when human speech is stricken dumb

and one is tempted to cry like a child in the dark. . . . Verily, the highest cannot be spoken, the mere vastness of it completely baffles us.

Author unknown

Teach me your mood, o patient stars,
Who climb each night the ancient sky,
Leaving no space, no shade, no scars,
No trace of age, no fear to die.

Ralph Waldo Emerson

We thank Thee, o God, for the revelation of Thyself in the heavens. We thank Thee for the awe and wonder which they inspire. We marvel at their steadfastness. Help us to find our place, likewise, in Thy scheme of things. Help us to be steadfast and true. Help us to cultivate their calm and repose.

Author unknown

Hope and Encouragement

May the God of hope fill you with all joy and peace so that by the power of the Holy Spirit you may abound in hope.

Romans 15:13

So faith, hope, love abide. . . .

I Corinthians 13:13

This preparation for the renewal of life, even in the midst of uncertainty and danger, is what gives sanity and balance to mankind.

Raymond Fosdick

Great hopes make great men.

Thomas Fuller

Hope is like the sun, which, as we journey towards it, casts the shadow of our burden behind us.

Samuel Smiles

Hope springs eternal in the human breast.

Alexander Pope

We are not perfectly free until we live in pure hope. For when our hope is pure, it no longer trusts exclusively in human and visible means, nor rests in any visible end. He who hopes in God trusts in God, whom he never sees, to bring him to the possession of things that are beyond imagination.

Thomas Merton

Encouragement rests on faith and faith is founded on love. Encouragement is a great, powerful instrument of man. Without encouragement, how can a person struggle and progress, how can humanity succeed? For what is true of individuals, is also true of collectivities. It applies to you and

to me, to our families, to our town, our country and no less to humanity.

Robert Muller

Civilization gets its basic energy not from its resources but from its hopes. The tragedy of life is not death, but what we let die inside us while we live.

Robert Muller

Hope seems to me to be the most important thing. It keeps you optimistic. It lets you live with a light touch. . . . No matter how bad things get . . . you can always go right forward, day after hum-drum day, if you have hope.

Elizabeth Watson

Sometimes I may have brief periods of being ashamed of the human race as an institution, and depressed over the fact that as an individual I have done little to improve its standing in my own esteem. But—today—I celebrate with pride my human heritage and my present membership in a social order that can rise, on certain occasions, to a forgetfulness of its own infirmities.

Lloyd Douglas

While our period has been called the Age of Uncertainty, it has also been marked paradoxically by an increase in certain rites with regard to certain fundamental aspects of life, in particular human rights and environmental quality. Moreover, while old certainties were based on

classical value systems, they have gained new strength from modern scientific knowledge. . . .

Rene DuBos

Ye fates august, grant me the will
My daily task—work to fulfill.
See that I faint not by the way.
No, life is not an empty dream;
Those trees that bare and lifeless seem
Will yield both fruit and shade some day.

Johann von Goethe

Humor—Laughter

Laughter is a form of internal jogging. It moves your internal organs around. It enhances respiration. It is an igniter of great expectations.

Norman Cousins

Laughter heals. In fact, I consider laughter the lubricant that makes life possible. You can't drive a car with lubricant alone, but don't try driving without it.

Dorothea Blum

By detachment I mean the ability to look at ourselves with a kind of laughing humor, a nodding acquaintance without fragilities, a tipping of the hat, as it were, to the petulant angers which vanish as we recognize them.

Joshua Liebman

What an ornament and safeguard is humor. Far better than wit for a poet or a writer. It is a genius itself and so defends the insanities.

Sir Walter Scott

Humor has justly been regarded as the first perfection of poetic genius.

Thomas Carlyle

True humor springs not more from the head than from the heart. It is not contempt; its essence is love. It issues not in laughter but in still smiles which lie far deeper. It is a sort of inverse sublimity, exalting as it were, into our affections what is below us, while sublimity draws down into our affections what is above us.

Thomas Carlyle

Everything is funny as long as it is happening to somebody else.

Will Rogers

No mind is thoroughly well organized that is deficient in a sense of humor.

Samuel T. Coleridge

It is not generally realized how closely one's sense of humor is connected with one's sense of selfhood. Humor normally should have the function of preserving the sense of self. . . . So long as one can laugh . . . he is not completely under the domination of anxiety and fear—hence the ac-

cepted belief in folklore that to be able to laugh in times of danger is a sign of courage.

Rollo May

Humor is, in fact, a prelude to faith; and laughter is the beginning of prayer.

Reinhold Niebuhr

God is a God of laughter as well as of prayer. . . . a God of singing as well as of tears. God is at home in the play of children. He loves to hear us laugh. We do not honor God by our long faces . . . our austerity. God wants us to be good, but not "goody-goody." There is quite a distinction.

Peter Marshall

When I judge a person, I attach always great importance to a sense of humor. All great people I have known had a deep sense of humor. It is almost a foolproof device for detecting greatness. A man who takes himself too seriously is seldom a great man. He is lacking something fundamental.

Robert Muller

When all the peoples of the world remember to laugh, particularly at themselves, there will be no more dictators and no more wars.

Ben Lucien Burman

Imagination and Inventiveness

Imagination is the eye of the soul.

Joseph Joubert

It is by imagination that men have lived; imagination rules all our lives. The human mind is not, as philosophers would have you think, a debating hall, but a picture gallery. Around it hang our similes, our concepts. . . . Metaphor is the essence of religion and poetry. Take the similes, the figurative speech out of the world's poetry and you reduce it to commonplace. Remove the metaphors from the Bible and its living spirit vanishes, its power over the heart melts away. The prophets, the poets, the leaders of men are all of them masters of imagery and by imagery they capture the human soul.

W. Macneile Dixon

One of the most positive expressions of the life of God in the life of man is the gift of imagination. . . . Think of it: because of the gift of imagination you can go back into the past . . . leap into the future . . . walk through a wall or span an ocean in the twinkling of an eye. Perhaps, more important, . . . without imagination human love would be impossible of achievement, for there can be no love among human beings where there is no power of self-projection. . . . Imagination is the creative vehicle that carries one spirit into the dwelling place of another. . . . But the witness of God's spirit is symbolized by imagination, with-

out which there could be no sense of sin, no repentance and contrition, no tenderness and sympathy, no love and no hope.

Howard Thurman

The will's an ox. It strains and heaves
To drag its heavy load,
Submits to yoke and goad,
And massively its end achieves.

Imagination is a bird,
Flying and singing high
And free in the windy sky.
Between the two is there a word

In common? Here is a paradox:
The soaring bird drops seed
That roots and grows to feed
The dumb, deliberate, potent ox.

Elizabeth Gray Vining

In any conflict between the imagination and the will, the imagination will always win.

William James

Every great advance in science has issued from a new audacity of imagination.

John Dewey

Jesus appealed to the imagination. His images were windows through which all men could see God. He himself was God's word—the express *image* of His person.

Alexander Irvine

I am enthusiastic over humanity's extraordinary and sometimes very timely ingenuities. If you are in a shipwreck and all the boats are gone, a piano top buoyant enough to keep you afloat that comes along makes a fortuitous life preserver. But this is not to say that the best way to design a life preserver is in the form of a piano top. I think that we are clinging to a great many piano tops in accepting yesterday's fortuitous contrivings as constituting the only means for solving a given problem.

Buckminster Fuller

Jesus

If you want to see human life in perfect fulness, there is one place to look—Jesus of Nazareth. He is the universal and eternal man.

Ralph W. Sockman

The greatest single fact of history is the breaking in of the Life of God through this unique Life. Here at last the Love of God found complete expression.

Rufus M. Jones

The greatest news that has ever been broken to the human race is the news that God is like Christ.

E. Stanley Jones

Jesus Christ is a translation of God into our language.

Bernard Clements

More guiltless and more powerful, more exalted and more holy, has naught ever been on earth than his conduct, his life, and his death. The human race knows nothing that could be brought afar off into comparison with it.

Leopold von Ranke

Christ, who, being the holiest among the mighty, and the mightiest among the holy, lifted with his pierced hands empires off their hinges and turned the stream of centuries out of its channel, and still governs the ages.

John Paul Richter

By the trailing smoke, men in airplanes write out some message upon the sky which the wind blows away. Jesus, by his life, wrote out against the eternities the imperishable message: "God is love," and nothing can erase it.

E. Stanley Jones

Jesus lived life in its wholeness. He essayed the heights. He did not shrink from the depths. Three years they say He lived before men, yet in that time He managed to let eternity break through and lifted man's horizon to infinity. He took all that came to Him and turned it to the purpose of His mission: circumstance, failure, disappointment, and death. They gave him a manger for a cradle, a

bench for a pulpit, thorns for a crown, and a cross for a throne. But He took them and made them the very glory of His career. He turned sorrow into joy. He found strength in labor, peace in the storm, rest on the cross, and life in the grave.

W.E. Orchard

All we can do today to try to recapture the real Jesus, the Jesus of history, is to steep ourselves in the traditions, beliefs, and history of the Jewish world of his time—of which he was an integral part. Then, against the background of this understanding, analyze the Gospel accounts, winnowing out the elements which most obviously were introduced later. We can then, from the material that is left, and from the general background, with broad use of our imaginations, strive to reconstruct the Jesus of historical probability.

Donald Harrington

. . . it seems to me tremendously important that Christ is as truly a revelation of man as He is a revelation of God. We see at last in Him what man was meant to be. . . . We have seen God revealed in Christ. I wish now that we might learn the divine possibilities of man revealed in Christ.

Rufus M. Jones

. . . it is said of Jesus that he spoke little of sin. He did not look for it. Instead, he looked for love and seemed to find it everywhere, even in sinners.

Toyohiko Kagawa

We Christians . . . rejoice that the center of our religious life is not a proposition, but a person.

Harry Emerson Fosdick

Jesus was not primarily a teacher. He was a reformer. He came not only to *say* something but to *do* something—to call his nation to repentance, to cleanse the synagogue of its sterile conventionality and the temple of its abuses, to open the gates of salvation to folk who were forgotten or despised, to usher in a new era of righteousness. He was actively proposing revolutionary changes in the religious life and practices of his people.

Harry Emerson Fosdick

He was born in an obscure village, the child of a peasant woman. He grew up in another village where He worked in a carpenter shop until He was 30. Then for three years He was an itinerant preacher. He never wrote a book. He never held an office. He never had a family or owned a home. He didn't go to college. He never visited a big city. He never travelled 200 miles from the place He was born. He did none of the things that usually accompany greatness. He had no credentials but Himself. He was only 33 when the tide of public opinion turned against Him, His friends ran away. One of them denied Him. He was turned over to His enemies and went through the mockery of a trial. He was nailed to a cross between two thieves. While He was dying . . . His executioners gambled for his garments, the only property He had on earth. When He was dead, He was laid in a borrowed grave through the pity

of a friend. Nineteen centuries have come and gone and today He is the central figure of the human race. All the armies that ever marched, all the navies that ever sailed, all the parliaments that ever sat, all the kings that ever reigned, . . . have not affected the life of man on this earth as much as that . . . One Solitary Life.

Anonymous

Joseph was as good a father as any boy ever had and he deserves far more than history accorded him.

Donald Harrington

The ends of the different systems of thought and faith may be summed up as follows: Greece said, "Be moderate, know thyself." Rome said, "Be strong, order thyself." Confucianism says, "Be superior, correct thyself." Buddhism says, "Be disillusioned, annihilate thyself." Hinduism says, "Be separated, merge thyself." Mohammedanism says, "Be submissive, assert thyself." Judaism says, "Be holy, conform thyself." Modern Materialism says, "Be industrious, enjoy thyself." Modern Dilettantism says, "Be broad, cultivate thyself." Christianity says, "Be Christlike, give thyself."

E. Stanley Jones

Yet Christ is living today. He not only accomplishes for us in the past, he accompanies with us in the present. He is no spent force. He is the Great Contemporary.

E. Stanley Jones

As one unknown and nameless He comes to us, just as on the shore of the lake He approached those men who knew not who He was. His words are the same: "Follow thou me!" and he puts us to the tasks He has to carry out in our age. He commands. And to those who obey, be they wise or simple, He will reveal Himself through all that they are privileged to experience in His fellowship of peace and activity, of struggle and suffering, till they come to know, as an inexpressible secret, Who He is. . . .

Albert Schweitzer

The voice heard in Galilee was not silenced by the cross.

Ralph W. Sockman

Lo, I am with you always, even unto the close of the age.

Matthew 28:20

The Laity

Christ was a carpenter. He was not a graduate of the Jerusalem Theological Seminary. St. Francis just missed being a jockey. He was not of the priestly line. When faith is committed to professional leaders, religion inevitably starts a downward course.

Toyohiko Kagawa

Almost all astute observers agree that the growth of the lay or universal ministry is the growing edge of vital Christianity today.

Elton Trueblood

The churches which are succeeding best are those in which the involvement of the rank and file of the members is most nearly complete.

Elton Trueblood

. . . the most potent evangelist for good or ill is the actual Church—not only the minister, but the minister and congregation together. If the man who observes from outside sees no Christian graces in those who are inside, if congregations are quarrelsome or self-complacent, then no amount of preaching can counteract the harm that is done. The presupposition of effective evangelism, and the first step towards achieving it, is the truly dedicated Church.

William Temple

When we turn to the task of evangelistic preaching, we must still call on the laity. It is impossible for clergy and ministers alone to preach the Gospel to the detached witnesses. Their testimony is the more effective because it is not professional.

William Temple

The Later Years

Life must be measured by thought and action, not by time.

Sir John Lubbock

Longevity by itself is indistinguishable from vegetation. A man can acquire a new pancreas, kidney, liver, heart, bone marrow, and lung, but he will succumb to boredom if his mind is without a horizon.

Norman Cousins

Longevity is only desirable if it increases the duration of youth and not that of old age.

Alexis Carrel

In fact, the more mature we grow, the more we recognize unsuspected wisdom in the way that nature matures things; we discover strange harmonies and fitting appropriateness in the distribution of energies at every stage in life and the waning of ardent intensities in the sunset years, so that the twilight comes often to a non-resistant heart.

Joshua Liebman

At twenty, stopping round about
I thought the world a miserable place,
Truth a trick, faith in doubt,
Little beauty, less grace.

Now at sixty what I see,
Although the world is worse by far,
Stops my heart in ecstasy.
God, the wonders that there are.

Archibald MacLeish

One has only to grow older to become more tolerant. I see no fault that I might not have committed.

Johann von Goethe

The older a man grows the more mysterious life becomes to him.

Harry Emerson Fosdick

To be seventy years young is sometimes far more cheerful and hopeful than to be forty years old.

Oliver Wendell Holmes

The greatest comfort of my old age, and that which gives me the highest satisfaction is the pleasing remembrance of the many benefits and friendly offices I have done to others.

Cato

I recognize a numbness—perhaps a diminution. Eyes are less keen; ears duller. . . . The important thing is that this equation between the urging of the soul and the obedience of the body should be maintained. Even while growing older, may I preserve within myself an undiminished harmony. I do not like the Stoic's proud stiffening of

the lip; but the horror of death, of old age, of all that cannot be avoided strikes me as impious. Whatever may be my fate, I should wish to return to God a grateful and enraptured soul.

André Gide

Let me live my life from year to year,
With forward face and unreluctant soul.
Not hurrying to, nor turning from the goal;
Not mourning for the things that disappear
In the dim past, nor holding back in fear
From what the future veils, but with a whole
and happy heart that pays its toll
To youth and age, and travels on with cheer.

So let the way wind up the hill or down,
O'er rough or smooth the journey will be joy;
Still seeking what I sought when a boy,
New friendship, high adventure, and a crown,
I shall grow old, but never lose life's zest,
Because the road's last turn will be the best.

Henry van Dyke

He (his grandfather) knew that the world of the very young and of the very old is essentially the same, namely a world of miracles one is about to discover or to lose. We are much closer to the truth than middle-aged people.

Robert Muller

He (his grandfather) would have recommended also that we give back to the children their grandparents, that we keep them in the warmth of our families so that they may teach the wisdom

of life to the young,—a wisdom they no longer get from their parents, schools, political leaders, and the media. He would have requested that the old people's homes be closed and that the elderly be begged to come back and perform their most precious and inalienable function: the transmission of wisdom in the eternal chain of life that links generation to generation on our beautiful but forever incomprehensible journey in the universe.

Robert Muller

Growing old is:

- . . . liberation.
- . . . slowing down.
- . . . making things last longer instead of encouraging them to wear out.
- . . . the fear of loneliness.
- . . . emotion recollected in tranquillity.
- . . . discovering the younger generation.
- . . . cherishing older friends.
- . . . finding other things, not only people, much more precious.
- . . . learning to live in the present.
- . . . making an opening for new things.
- . . . being lazy and enjoying it.

*Excerpted from
Norma Jacob's Writings*

Leisure, Rest, Recreation, Renewal

Interruptions are the spice of life.

Don Herold

I love a broad margin to my life. A broad margin is as beautiful in a man's life as in a book. . . .

Henry David Thoreau

I loaf and invite my soul.

Walt Whitman

What are three score years and ten hurriedly and coarsely lived to moments of divine leisure in which your life is coincident with the life of the universe? We live too fast and too coarsely, just as we eat too fast and do not know the true savor of our food. We consult our will and our understanding and the expectation of man, not our genius.

Henry David Thoreau

An interlude is a rest, a change from the extremes of anything. In music it is something played in between the various movements of a song or opera. May I suggest that your life and mine should be regulated so that, in between its extremes and its varying movements, there might be spiritual interludes—balancing life's tensions; clearing the fog that comes from over-doing. Our eyes are to see with, but if we over-use them, we go blind. Our minds are made to think and study with, but

if they are used endlessly, without rest, we should go insane. I plead with you to arrange soul-refreshing interludes in your complex day.

Elden H. Mills

In China there is the Teahouse. In France there is the sidewalk cafe. Practically every civilized country has some sort of equivalent—a place where people can go to eat, relax, and talk things over without worrying about what time it is, and without having to leave as soon as the food is eaten.

Benjamin Hoff

There are ample resources of power at our disposal, but in the course of our lives we need moments of mental rest when the soul can go apart and rest awhile. Life, like music, has its rhythm of silence as well as of sound. It has its crests of surging energy and its quiet calm in the rough of the wave. Life has its moments of throbbing energy, but needs also its moment of relaxation. The restful life does not demand that we withdraw from the world in ascetic retreat, but it demands such a control of our thoughts and feelings that, even when active in a body, we can have the quiescence of mind which is itself the most perfect rest.

J.A. Hatfield

True leisure is to be found only in a certain temper of the spirit. It is a quality of inner

spaciousness, of inner receptivity, and of inward collectiveness.

Douglas V. Steere

I want to say at once that "Take it easy" can in some cases be good advice. Each individual has a ration of one body with one set of organs to last him for life. If it is to fill out its normal span without unnecessary friction and breakdown, it must not be pushed too hard. The man who allows himself to be obsessively occupied by his work, who leaves no room for exercise and rest, is asking for trouble. His photograph and obituary notice will be in the newspapers long before they ought to be, and he will have only himself to blame. The man who tries to fill the fole of superman, his nose at the grindstone, never permitting himself relaxation, never taking time out, has no broad appreciation of life—of literature, music, and art. He has no concern about the larger issues, about truth and light, religion and God. He has forgotten how to live, if indeed he has ever learned. It will do him no harm to be told, "Take it easy," though as like as not the admonition will be lost on him.

Robert McCracken

Life As A Journey
Life As A Journey

At every bend of the road there are new unfoldings and each day reveals undiscovered grandeurs.

Joseph R. Sizoo

To finish the moment, to find the journey's end in every step of the road, to live the greatest number of good hours, is wisdom.

Ralph Waldo Emerson

There are many roads to Rome and there are many guides for those with no sense of direction. Bless them all! There may be some . . . who can arrive by magic, over the treetops, soaring. For most the trip is arduous. I've always done things the hard way; down the dusty road, over the hills, and I get there—once in a while divinely.

Helen Hayes

But there can be no depicting the hardness of the journey inward if we neglect to mention the unused life in each of us which in a very special way the stillness in God's presence, the enjoyment of God, begins to draw out of us again. For we carry within us all of the unwritten poems, the unpainted pictures, the unwritten letters, the unheeded love of nature around us, the unwritten books, the unreconciled harenings toward people, the new levels of tenderness we have meant to lavish on our wives and husbands and children, and our neighbors.

Douglas V. Steere

What is most attractive about the entire conception of life as a journey is the widespread realization that no man walks alone.

Elton Trueblood

A journey of a thousand miles begins with a single step.

Lao Tse

Little Things

Life is made up, not of great sacrifices or duties, but of little things in which smiles and kindness and small obligations, given habitually, are what win and preserve the heart and secure comfort.

Sir Humphrey Davy

The happiness of life is made up of minute fractions—the little, soon-forgotten charities of a kiss or smile, a kind look, a heartfelt compliment, and the countless infinitesimals of pleasurable and genial feelings.

Samuel Taylor Coleridge

Half the fun of life is in little things taken on the run. Let us run if we must—even the sands do that—but let us keep our hearts young and our eyes open that nothing worth our while small escape us.

Victor Cherbuliez

Great occasions for serving God come seldom, but little ones surround us.

St. Francis de Sales

It is great and there is no other greatness to make one nook of God's creation worthy of God—to make one some human heart a little more blessed, less accursed.

Thomas Carlyle

I am done with great things and big things, great organization and big successes. And I am for those tiny, invisible, molecular moral forces which work from individual to individual, creeping in through the crannies of the world like so many rootlets, or like the capillary oozing of water, but which, if you give them time, will rend the hardest monuments of men's pride.

William James

Mrs. Wiggs at home in the cabbage patch is as true a hero as Sir Lancelot with his spear on his quest for forlorn damsels. God's challenge to us is to do whatever we can.

Harry Emerson Fosdick

I, too, would fain be a track-repairer somewhere in the orbit of the earth.

Henry David Thoreau

I will be satisfied to furnish just a little mud for the Great Construction.

Pierre Ceresole

We must show ourselves Christian in the details of daily life.

Toyohiko Kagawa

What is the eternal and ultimate problem of a free society? It is the problem of the individual who thinks that one man cannot possibly make a difference in the destiny of that society.

Norman Cousins

If we are to grow up into real strength, we must regain our respect for the importance of little things and the cultivation of the local and personal.

Ralph Sockman

Again and again, we are impressed with the fact that little things make big differences. A little act of kindness at a moment of great need makes all the difference between sunshine and shadows. A smile at the right moment may make an intolerable burden lighter. Just a note bearing a message of simple interest or concern or affection may give to another the radically needed assurance. A simple "thank you" has softened many a hard situation or punctured the crust of many a "hard-boiled" person. There is always a place for the graceful gesture, the thoughtful remark, the sensitive response.

Howard Thurman

You say the little efforts
I make will do no good;
They never will prevail

To tip the hovering scale
Where justice hangs in the balance.
I don't think I
Ever thought they could.

But I am prejudiced
Beyond debate
In favor of my right to choose
Which side shall feel
The stubborn ounces
Of my weight.

Bonaro Overstreet

Lord of all pots and pans and tins,
I have no time to be
A saint by doing lovely things, by watching late
with Thee,
Or praying in the dawnlight, or storming
Heaven's gates.
Make me a saint by getting meals and washing up
the plates.

Warm all the kitchen with Thy love, and fill it
with Thy peace,
Forgive me all my worrying and make all grumbl-
ing cease.
Thou who didst love to give men food, in room or
by the sea,
Accept this service that I do, I do it unto Thee.

Author unknown

The dear Lord's best interpreters
Are humble souls;
The Gospel of a life like theirs
Is more than books or scrolls.

From scheme and creed the light goes out,
The saintly fact survives;
The blessed Master none can doubt
Revealed in holy lives.

John Greenleaf Whittier

I come in the little things,
Saith the Lord:
Not borne on morning wings
Of majesty, but I have set My Feet
Amid the delicate and bladed wheat
That springs triumphant in the furrowed sod,
There do I dwell, in weakness and in power;
Not broken or divided, saith our God!
In your strait garden plot I come to flower:
About your porch My Vine
Meek, fruitful, doth entwine;
Waits, at the threshold, Love's appointed hour.

I come in the little things,
Saith the Lord:
Yea! on the glancing wings
Of eager birds, the softly pattering feet
Of furred and gentle beasts, I come to meet
Your hard and wayward heart. In brown bright
eyes
That peep from out the brake, I stand confest,
On every nest
Where featherly patience is content to brood
And leaves her pleasure for the high emprise
Of motherhood—
There doth My Godhead rest.

I come in the little things,
Saith the Lord:

My starry wings
I do forsake.
Love's highway of humility to take:
Meekly I fit my stature to your need.
In beggar's part
About your gates I shall not cease to plead—
As man, to speak with man—
Till by such art
I shall achieve MY Immemorial Plan,
Pass the low lintel of the human heart.

Evelyn Underhill

Loneliness

Loneliness is the first thing which God's eye
named not good.

John Milton

I have long believed that there is only one ultimate human problem—the problem of loneliness. We can somehow endure pain, provided we can grasp a loving hand and be supported by a familiar arm. We can live through failure if only one dear companion goes on believing in us. But what we cannot endure is the experience of being utterly alone, without anyone to love us or care about us.

David R. Mace

The deepest need of man, then, is the need to overcome his separateness, to leave the prison of his aloneness.

Eric Fromm

People who lead a lonely existence always have something on their minds that they are eager to talk about.

Anton Chekhov

Didst Thou give me this inescapable loneliness so that it would be easier for me to give Thee all?

Dag Hammarskjöld

Pray that your lonely existence may spur you into finding something to live for, great enough to die for.

Dag Hammarskjöld

Art thou lonely O my brother?
Share thy little with another.
Stretch a hand to one unfriended
And thy loneliness is ended.

John Oxenham

O Thou, Eternal One, if our spirits droop in loneliness, uphold us by Thy companionship. When all the voices of love grow faint and drift away, Thy everlasting arms will still be there.

Walter Rauschenbusch

For God so loved the world that he gave his only begotten Son. . . .

John 3:16

But now abideth faith, hope, and love; these three; and the greatest of these is love.

I Corinthians 13:13

Love is the intelligent, kindly but stern expression of kinship of one individual for another, having as its purpose the maintenance and furtherance of life at its highest level.

Howard Thurman

Love is the power of the new in every man and in all history. It cannot age; it removes guilt and curse. It is working even today toward new creation. It is hidden in the darkness of our souls and of our history. But it is not completely hidden to those who are grasped by its reality. "Do you not perceive it?" asks the prophet. Do we not perceive it?

Paul Tillich

Love is not primarily a relationship to a specific person; it is an attitude, an orientation of character which determines the relatedness of a person to the world as a whole, not toward one "object" of love.

Eric Fromm

Love is the creative force sweeping into and through and out of life; and that to grow in love is the only continuity of which we can be sure. Love is the adventure as it is the challenge and the test.

Elizabeth Yates

A loving heart is the truest wisdom.

Charles Dickens

Therefore love is the highest bliss that man can attain to, for through it alone he truly knows that all he is is more than himself and that he is one with the All.

Rabindranath Tagore

What's the earth —

Compared with love, found, gained, and kept?

Robert Browning

The sea has its pearls, the heaven its stars,
But my heart, my heart, my heart has its love.

Heinrich Heine

Love alone is capable of uniting living beings in such a way as to complete and fulfill them; for it alone takes them and joins them by what is deepest in themselves.

Teilhard de Chardin

Love is the active concern for the life and growth of that which we love.

Eric Fromm

Of all man's inborn dispositions there is none more heroic than the love in him. Everything else accepts defeat and dies, but love will fight no-love every inch of the way.

Laurens van der Post

If there is one thing love is not, it is blind. If it possesses a blindness at all, it is a blindness to the man and the mind-made blindnesses of life; to the dead-ends, the cul-de-sacs and hopelessnesses of our being. In all else it is clear and farsighted as the sun. When the world and judgement say, "This is the end," love alone can see the way out. It is the aboriginal tracker, the African bushman on the faded spoor within us, and its unfailing quarry is always the light.

Laurens van der Post

What, then, is permanent? What will last? I believe that only love is permanent, cannot be torn down, cannot be forgotten. Love is the glue of generations, the cement of civilization, the span between life and death. To me love must be the salvation of nations, the only cornerstone on which any future can endure.

Stephen Birmingham

Love is the ultimate force that makes for the saving choice of life and good against the damning choice of death and evil. Therefore the first hope in our inventory must be the hope that love is going to have the last word.

Arnold Toynbee

Christian love is incomprehensible to those who have not experienced it. That the infinite and the intangible can be lovable, or that the human heart can beat with genuine charity for a neighbor, seems impossible to many people I know—in fact almost monstrous. We have only to note crudely the results it produces unceasingly all round us. Is it not a positive fact that thousands of mystics, for twenty centuries, have drawn from its flame a passionate fervor that outstrips by far in brightness and purity the urge and devotion of human love? Is it not also a fact that having once experienced it, further thousands of men and women are daily renouncing every other ambition and every other joy save that of abandoning themselves to it and laboring within it more and more completely? Lastly, is it not a fact, as I can warrant, that if the love of God were extinguished in the souls of the faithful the enormous edifice of rites, of hierarchy, and of doctrines that comprise the Church would instantly revert to the dust from which it rose?

Teilhard de Chardin

The whole problem of our time is the problem of love; how are we going to recover the ability to love ourselves and to love one another? The reason why we hate one another and fear one another is that we secretly or openly hate and fear our own selves. And we hate ourselves because the depths of our being are a chaos of frustration and spiritual misery. Lonely and helpless, we cannot be at peace with others because we are not at peace with ourselves, and we cannot be at

peace with ourselves because we are not at peace with God.

Thomas Merton

According to what I have said about the nature of love, the main condition for the achievement of love is the overcoming of one's narcissism.

Eric Fromm

Both love and will are conjunctive forms of experience. That is, both describe a person reaching out, moving toward the other, seeking to affect him or her or it—and opening himself so that he may be affected by the other. Both love and will are ways of molding, forming, relating to the world and trying to elicit a response from it through the persons whose interest or love we covet. Love and will are interpersonal experiences which bring to bear the power to influence others significantly and to be influenced by him.

Rollo May

Love transforms the impulse to forget into the impulse to work or play.

Karl Menninger

Let us then try what love will do, for if men did once see we love them, we should soon find they would not harm us.

William Penn

Marriage
Marriage

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It is not good that man should be alone.

Genesis 2:18

A world-without-end bargain.

William Shakespeare

God creates new worlds constantly.

In what way?

By causing marriages to take place.

Zohar

Marriage clothes the man and woman it touches with a garment of golden light. It is the one miracle that can turn the poorest heart into an altar of holy fire and the most shrunken soul into a sacred shrine.

Sidney E. Goldstein

A happy marriage is a long conversation that always seems too short.

Andre Maurois

Marriage is an institution the appreciation of which increases as one grows older.

Sir Thomas Beecham

Perhaps the greatest blessing in marriage is that it lasts so long. The years, unlike the varying interests of each year, combine to buttress and enrich

each other. Out of many shared years, one life. In a series of temporary relationships, one misses the ripening, gathering, harvesting joys, the deep, hard-won, truths of marriage.

Richard C. Cabot

There is an ancient ritual in which the bride and groom offer the marriage prayer: "May we two live our lives so happily together that God may enjoy our union of heart and spirit with each other."

Rufus M. Jones

The highets happiness on earth is in marriage. Every man who is happily married is a successful man even if he has failed in everything else.

William Lyon Phelps

In marriage God's love is made and shared under the sacramentalized veils of human affection. The vocation to marriage is a vocation to a supernatural union which sanctifies and propagates the human race.

Thomas Merton

Marriage is like a war. There are moments of chivalry and gallantry that attend the victorious advances and strategic retreats, the birth or death of children, the momentary conquest of loneliness, the sacrifices that ennoble him to make it. But mostly there are the long dull sieges, the waiting, the terror and boredom. Women under-

stand this better than men; they are better able to survive.

Helen Hayes

It (marriage) is the fusion of two hearts, a union of two lives, the coming together of two tributaries which, after being joined in marriage, will flow in the same channel in the same direction, carrying the same burdens of responsibility and obligation.

Peter Marshall

Our life together will be a poem, a song, a monument to Love and a memorial to the Holy Spirit which brought us together. . . .

Peter Marshall

The perfect marriage must be a blend of the spiritual, the physical, the social, and the intellectual. We are souls living in bodies. Therefore, when we really fall in love, it isn't just a physical attraction. If it is just that, it won't last. Ideally, it's also a spiritual attraction. God has opened our eyes and let us see someone's soul. We have fallen in love with the inner person, the person who's going to live forever. That's why God is the greatest asset in romance. He thought it up in the first place. Include Him in every part of your marriage and He will lift it above the level of the mundane to something rare and beautiful and lasting.

Peter Marshall

Cultivating Successful Marriages

A successful marriage is an edifice that must be rebuilt every day.

Andre Maurois

The greatest secret of successful marriage is to treat all disasters as incidents and none of the incidents as disasters.

Harold Nicholson

Some marriages are still made in heaven. All marriages have to be lived on earth. Heaven comes to earth only as we work for it.

Peter Marshall

Love one another, but make not a bond of love;
Let it rather be a moving sea between the shores
of your souls.
Fill each other's cup, but drink not from one cup.
Give one another of your bread, but eat not from
the same loaf.
Sing and dance together and be joyous, but let
each of you be alone,
Even as the strings of a lute are alone though they
quiver with the same music.

Kahlil Gibran

Meditation

Let the words of my mouth and the meditation of my heart be acceptable in thy sight, O Lord, my strength and my redeemer.

Psalm 19:14

A meditation is not itself a prayer. It is a sort of technique which leads to prayer. It turns our minds and hearts and wills towards God, and so helps our communion with Him. When the actual meditation, the considering and applying of the subject, has led us to prayer, it has done all it is wanted to do—we can let it drop away and continue quite simply our converse with God and self-offering to God.

Evelyn Underhill

To reunite ourselves with the living stream of universal consciousness and creativeness is the function of meditation—an art which is natural to us but still must be learned.

Bradford Smith

Contemplation has one purpose, meditation another. The work of meditation is to seek out hidden things; that of contemplation to wonder at clear truths.

Richard of St. Victor

Meditation is a method of filtering experience through the mind so as to give it meaning and direction. Meditation may or may not lead to an in-

timation of the divine and a sense of oneness with it. It may work very usefully on a problem of ethics, human relations, family tension, self-analysis, or some weighty community or international matter. But to stop there is like using a piano to play only chords when there is all of Chopin, Beethoven, or Bach to come out of it. Meditation is not complete unless it works its way up the mystic union of one with ALL, of soul with SOUL.

Bradford Smith

To open the door to this inner world, all we need is silence and stout will. These together make meditation. . . .

Bradford Smith

Our true life lies at a great depth within us. Our restlessness and weaknesses are in reality merely stirrings on the surface. That is why we must retire daily in silence far into the quiet depths of our spirits and experience the real life within us. If we do this, our words and actions will come to be real also.

Rabindranath Tagore

Meditation is a form of doing, a way of working. Its results should be seen in deeper awareness, fuller response, wider decisions, more balanced living, clearer definition of goals and more success in reaching them. And in a feeling of knowing who you are and what you are about, as well as a sense of having expanded out of the narrow

self into a world of which you are a working part. And in a mood of serenity and joy. Having learned to look at yourself as if you were someone else, you should have learned to look at others as if they were yourself.

Bradford Smith

Much has been written concerning the best methods of meditation, and beginners are distracted by the great multitude of counsellors. A good method is a great help to most people, but in the end each one just discovers his own methods, and so long as that method includes an act of the will and the affections, and a definite practical resolution—one that can be carried out the same day, if possible—we need not worry unduly over matters of ordeal and detail.

E. Herman

There are things that we get from outside and take to ourselves as possessions. But with meditation, it is just the opposite. It is entering into the very midst of some great truth so that, in the end, we are possessed by it.

Rabindranath Tagore

I discovered the secret of the sea in meditation upon a dewdrop.

Kahlil Gibran

In times of crisis—joy, sorrow, fear, anticipation—everyone tries a meditation, whether he knows it or not. Experience brims

over and instinct forces you to sip it up. But without practice before hand, the rich draught spills and is lost.

Bradford Smith

So it is well to begin our meditation with the familiar things that have sunk most deeply into our lives (but) we must beware of ending there. . . . If the subconscious self means anything, it means we are not necessarily aware of our deepest and most potent affinities. . . . Subjects which seem uncongenial are often found in the end to answer to an unknown need and to call for an unexpected response.

E. Herman

Therefore in a meditation it is important for the one meditating to ask himself continually what God is trying to say to him. . . . He must ask, too, what changes truth will require of his life. . . . it is of the sharpest importance that we see reading and study are not in themselves meditation. . . . Meditation brings us into an encounter, a taking position toward, a coming into personal charge by reason of that which we meditate upon.

Douglas V. Steere

Middle Age

Youth is a silly, vapid stage;
Old age with fears and ills is rife;
This simple boon I get of Fate —
A thousand years of Middle Life!

Carolyn Wells

Grow up as soon as you can. It pays. The only time you really live fully is from thirty to sixty. The young are slaves to dreams; the old servants to regrets. Only the middle-aged have all their five senses in the keeping of their wits.

Hervey Allen

It would be surprising if we didn't experience some pain as we leave the familiarity of one adult stage for the uncertainty of the next. But the willingness to move through each passage is equivalent to the willingness to live abundantly. If we don't change, we don't grow. If we don't grow, we are not really living. Growth demands a temporary surrender of security. It may mean the giving up of familiar patterns, safe but unrewarding work, values no longer believed in, relationships that have lost their meaning. As Dostoevsky put it, "taking a new step, uttering a new word, is what people fear most." The real fear should be of the opposite course. . . . the courage to take new steps allows us to let go of each stage with its satisfactions and to find the fresh responses that will release the richness of the next. The

power to animate all of life's seasons is a power that resides within us.

Gail Sheehy

The conviction has deepened upon me that life's most dangerous period is middle age. It is those in their middle years who find their youthful goals still so far from attainment, those for whom the race has slowed down from a run to a walk, or perhaps those who feel the temptation to loosen the yoke of Christ and let down the standards. It seems justifiable to apply to life the words of the psalmist and say there is "a destruction that wasteth at noonday."

Ralph Sockman

More than anything else, it is our own view of ourselves that determines the richness or paucity of the middle years. People who face up to their age won't expect their bodies to run smoothly after 40 without some help, anymore than one would expect to prize an antique car for its handsome patina without constant maintenance and frequent tune-ups. Performance level in sports do correlate with the biological curve. But Frenkel-Brunswick observed that there are a number of functions influenced by one's inner life, such as knowledge and experience, that actually counteract the biological decline.

Gail Sheehy

After 45 most people who have allowed themselves the authenticity crisis are ready to accept

entry into middle age and to enjoy its many prerogatives.

Gail Sheehy

But in middle age, because of the false sumptions that it is a period of decline, one interprets these life-signs, paradoxically, as signs of approaching death. Instead of facing them, one runs away; one escapes—into depressions, nervous breakdowns, drink, love affairs, or frantic, thoughtless, fruitless overwork. Anything, rather than face them, Anything, rather than stand still and learn from them. One tries to cure the signs of growth, to exorcise them, as if they were devils, when really they might be angels of annunciation.

Anne Morrow Lindberg

At fifty we should know who we are. We should compare ourselves—a niggling occupation—less frequently with others, having learned to live quietly with our success or failure.

It is then that the real competition begins, not with the rival across the street but with the rival inside ourselves. For now we know whom and what we admire.

These persons or ideas are merely the external forces projected by our ideal self, who has for years been overlaid by the smother of competition.

Now we begin a new game with a subtler opponent, the person we would like to be. Never quite matching him, we have the pleasure of feeling that at least the struggle is real and not illusory stakes.

To know what we are may well take a century.
To develop that which we now know is well
worth the rest of one's life.

At thirty, one should measure others; at fifty,
oneself; at seventy, mankind.

Clifton Fadiman

Perhaps middle age is, or should be, a period of
shedding shells; the shell of ambition, the shell of
material accumulations and possessions, the shell
of ego. Perhaps one can shed at this stage in life
as one sheds in beach-living, one's pride, one's
false ambitions, one's mask, one's armor. Was
that armor put on to protect one from the com-
petitive world? If one ceases to compete, does one
need it? Perhaps one can at last, in middle age, if
not earlier, be completely oneself. And what a
liberation that would be.

Anne Morrow Lindberg

Mountains

I will lift up mine eyes to the mountains . . .

Psalms 121:1

And Jesus went up into the mountain apart to
pray.

Matthew 14:23

What is there in a mountain
To lift the heart high?
Nothing but the earth that stretches
Into a dangerous sky,
Nothing but boulders balanced
In reckless masonry.

Nothing to heal the spirit
But a cloud in retarded flight,
A hemmed-in path that struggles
To reach unshadowed light.
Nothing but space and silence
And height that calls to height.

Louis Untermeyer

The Majesty of Mountains

For the lifting up of mountains,
In brightness and in dread;
For the peaks where snow and sunshine
Alone have dared to tread;
For the dark of silent gorges,
Where mighty cedars nod;
For the majesty of mountains,
I thank thee, O my God.

Lucky Larcome

Judean hills are holy . . .
Judean hills are fair
For one can find the footprints
Of Jesus everywhere.

William L. Stidger

Morning
Morning

. . . the most wonderful moment of the day is that when creation in its innocence asks permission to "be" once again, as it did on the first morning that ever was.

Thomas Merton

It is necessary for me to see the first point of light which begins to dawn. It is necessary to be present alone at the resurrection of the Day, in the blank silence when the sun appears. In this completely neutral instant I receive from the Eastern woods, the tall oaks, the one word—"Day," which is never the same. It is never spoken in any known language.

Thomas Merton

My sunrise meditation means more to me than ever. At dawn it is easier to feel that the universe is one organized whole, held together by that Radiating Power of Love which flows through everything including thee and me.

Rachel DuBois

When morning gilds the skies,
My heart awaking cries,
Thy name, O God, be praised!
Alike at work and prayer
To thee do I repair,
Thy name, O God, be praised!

Let earth's wide circle round
In joyful notes resound:

Thy name, O God, be praised!
Let earth and sea and sky,
From depth to height reply,
Thy name, O God, be praised.

Germany—19th Century

Music

Music is the universal language of mankind.

Henry Wadsworth Longfellow

Music is the medicine of the breaking heart.

Alfred William Hunt

Music washes away from the soul the dust of everyday life.

Berthold Auerbach

Music expresses that which cannot be said and on which it is impossible to be silent.

Victor Hugo

Music is the shorthand of emotion. Emotions which let themselves be described in words with such difficulty are directly conveyed to man in music, and that is its power and significance.

Leo Tolstoy

After silence, which comes nearest to express the inexpressible, is music.

Aldous Huxley

Music is an art that expresses the inexpressible. It rises far above what words can mean or the intelligence define. Its domain is the imponderable and impalpable land of the unconscious. Man's right to speak this language is the most precious gift that has been bestowed upon us. And we have no right to misuse it.

Charles Munch

Music is for the betterment and enrichment of the individual, just as education and reading are. When people come together to play music as they do to play bridge, civilization will have taken its longest stride forward since the beginning of time. Music is something to live with always, and a children should be taught to regard it as a close and inalienable friend.

Jascha Heifetz

The worth of art appears most eminent in music, since it requires no material, no subject matter whose effect must be deducted. It is wholly form and power and it raises and ennobles whatever it expresses.

Johann von Goethe

The soul of man is moved by harmony. Think how varied are the moods created by:

Beethoven's Fifth Symphony,

Wagner's Overture to Tannhauser,
Paderewski's Minuet,
A Mighty Fortress Is Our God,
America the Beautiful,
The Star Spangled Banner,
Sibelius' Finlandia,
The Hallelujah Chorus,
Jesu, Joy of Man's Desiring,
The Lost Chord,
Lord of All Being Throned Afar.

Kirby Page

Music,
Sweet sounds, oh beautiful music, do not cease!
Reject me not into the world again.
With you alone is excellence and peace,
Mankind made plausible, his purpose plain.

Enchained in your air benign and shrewd
With limbs asprawl and empty face a pale,
The spiteful and the stingy and the rude
Sleep like the scullions in the fairy tale.
This moment is the best the world can give;
The tranquil blossom on the tortured stem.
Reject me not, sweet sounds! Oh let me live,
Till doom espy my towers and scatter them,
A city spellbound under the aging sun.
Music my rampart and my only one.

Edna Vincent Millay

Christianity is the religion of spiritual song. It inherited a magnificent psalmody, but it has also given birth to an invaluable hymnology, as well as the art of harmony to which modern music owes the greater part of its boundless wealth. . . .

the Christian religion found in music a congenial ally, ready to aid its progress in the individual heart, and in the world's history.

John Harrington Edwards

Luther's hymns had done more for the Reformation than his translations of the Bible.

Abraham Lipsky

Not without design does God write the music of our lives. Be it ours to learn the tune, and not to be dismayed by the rests. They are not to be slurred over, not to be omitted, not to destroy the melody, not to change the keynote. If we look up, God himself will beat the time for us. With the eye on Him, we shall strike the next note full and clear if we say to ourselves, there is the making of music in it. The making of any music is often a slow and painful process in this life. How patiently God works to teach us. How long he waits for us to learn the lesson.

John Ruskin

For the average youth there is probably no other agent for educating the heart to love God, home, country, and for cadencing the whole emotional nature, as music.

G. Stanley Hall

Tune me, O Lord, into one harmony with
Thee—one full, responsive, vibrant chord;
Unto Thy praise, all love and melody,
Tune me, O Lord.

Christina Georgina Rossetti

Mysticism is the type of religion which puts the emphasis upon the immediate awareness of relation with God, on direct and intimate consciousness of the Divine Presence. It is religion in its most acute, intense, and living stage.

Rufus M. Jones

In mystic states we both become one with the Absolute and we become aware of our oneness.

William James

The basis of (mysticism) . . . is "orison" or meditation, the methodical elevation of the soul towards God.

William James

We pass into mystical states from out of ordinary consciousness as from a less into a more, as from a smallness into a vastness, and at the same time as from an unrest to a rest.

William James

The mystic is a person possessed of conviction which for him amounts to an experience that he has come upon the goal of life, that he has come back to the spiritual Source of his being . . . that he has in very truth found God.

Rufus M. Jones

In conventional Western theology, the attempt is made to know God by thought, to make state-

ments *about* God. It is assumed that I can know God in my thought. In mysticism . . . the attempt is given up to know God by thought, and it is replaced by the experience of union with God in which there is no more room—and no need—for knowledge *about* God.

Eric Fromm

As a matter of psychological fact, mystical states of a well-pronounced and emphatic sort are authoritative over those who have them. They have been "there" and know. It is vain for rationalism to grumble about this. If the mystical truth that comes to a man proves to be a force that he can live by, what mandate have we to order him to live in another way?

William James

In the mystics we seem to have a fortunate variation of the race, in which just this thing has come about. Under the spur of their vivid faculty of intuition, they "gather up all their being and thrust it forward"—the whole personality, not its sharp, intellectual tip alone—on a new, free path. Hence it is that they live and move in worlds to us unrealized; see other aspects of the many-leveled, many colored world of Reality. Living with an intensity which is beyond the scope of "normal" men, deeper and deeper layers of existence are revealed to them.

Evelyn Underhill

Jesus was the supreme mystic.

E. Stanley Jones

The real achievements of Christian mysticism are more clearly seen in Catherine of Siena regenerating her native city, Joan of Arc leading the armies of France, Ignatius creating the Society of Jesus, Fox giving life to the Society of Friends, than in all the ecstatic "fathers of the desert!" That mysticism is an exhibition of the higher powers of love; a love which would face all obstacles, endure all purifications, and cherish and strive for the whole world. In all its variations, it demands one quality—humble and heroic effort from Appearance to Reality—the Mystic Way, Transcendence.

Evelyn Underhill

Nationalism and Internationalism

God gave all men all earth to love,
But since our hearts are small,
Ordained for each one spot should prove
Beloved over all.

Rudyard Kipling

My homeland (Switzerland) has a body; its mountains and valleys, its towns and its countryside; it has a soul—the joys and sufferings of its people, the intelligence of its scholars, the people's tenacious will to work, and their passionate love of liberty. But my country is more than that; it is a person. The Grutli Oath was an engagement made "in the name of the Almighty, a welling up

of life which raised that handful of mountaineers out of their miserable condition as distant subjects of the Hapsburgs, to a personal experience. Throughout our history that life has welled up afresh; in the dark hours when it was being stifled amid sterile conflicts or in the narrow conformities that settled on burghers as their prosperity increased. It has been rekindled at the call of inspired men ready to commit themselves boldly and completely.

Paul Tournier

There is a serene providence which rules the fate of nations, which makes little account of time, little of one generation or race, makes no account of disasters, conquers alike by what we call victory, thrusts aside enemy and obstructions, crushes everything immoral as inhuman, and obtains the ultimate triumph of the best race by the sacrifice of everything that resists the moral laws of the world.

Ralph Waldo Emerson

Every nation has ideals and difficulties and sentiments which are an impenetrable secret to one not of the blood.

William James

I am not one of those who believe that devotion to international aims interferes with love of country, any more than devotion to family detracts from good citizenship; rather, as Mazzini pointed

out, the duties of family, nation, and humanity are but concentric circles.

Jane Addams

No nation can find its own salvation by breaking away from others. We must all be saved or we must perish together.

James K. Aggrey

God grant us that not only the love of liberty but a thorough knowledge of the rights of man may pervade all the nations of the earth, so that a philosopher may set foot anywhere on its surface and say: "This is my country."

Benjamin Franklin

Where the mind is without fear and the head is
held high;
Where knowledge is free;
Where the world has not broken up into frag-
ments by narrow domestic walls;
Where words come out of the depths of truth;
Where tireless striving stretches its arms towards
perfection;
Where the clear stream of reason has not lost its
way into the dreary desert sands of dead habit;
Where the mind is led forward by Thee into
ever-widening thought and action—
Into that heaven of freedom, my Father, let my
country awake.

Rabindranath Tagore

Nationalism and Internationalism

But an allegiance to our own countries becomes deeper and truer when we owe an allegiance to something greater,—to truth, to justice, and to the welfare of the whole human race. That is what I believe and I know that many Americans believe that, too; they believe that that is the way to become not only better citizens of the world, but better citizens of America also. They become better able to carry out their great responsibility to the world.

Alan Paton

Brother, shout your country's anthem,
Sing your land's undying fame!
Light the wondrous tale of nations,
With your people's golden name;
Tell your father's noble story,
Raise on high your country's sign,
Join, then, in the final glory,
Brother, lift your flag with mine.

Josephine Bacon

The best and noblest gifts of humanity cannot be the monopoly of a particular race or country.

Rabindranath Tagore

I do not want my house walled in on all sides and my windows stuffed. I want the culture of all lands to be blown about my house as freely as possible.

Mohandas K. Gandhi

From the very beginning of our period we have decided for the nation as the expression of our special way of life and of our unique contribution to history. The decision was great and creative, and for centuries it was effective. But in that decision we excluded mankind and all symbols expressing the unity of men. The former unity was broken and no international group has been able to re-establish it. Now, in the old age of our period, the most powerful nations claim to represent mankind and try to impose their ways of life upon all men, producing, therefore, wars of destruction which will perhaps unite all mankind in the grave.

Paul Tillich

Nationalism—the source of much evil and much good, cannot be abolished; but from its poisons one can distil an antidote to war.

Eli Culbertson

A man's feet should be planted in his country but his eyes should survey the world.

George Santayana

It is impossible for one to be an internationalist without being a nationalist. International is possible only when nationalism becomes a fact, i.e. when people belonging to different countries have organized themselves and are able to act as one man. It is not nationalism that is evil. It is the narrowness, selfishness, exclusiveness which is the bane of modern nations which is evil. Each

Isolated independence is not the goal of world states. It is voluntary interdependence. The better mind of the world desires today not absolutely independent states, warring one against the other, but a federation of friendly, interdependent states. . . . I desire the ability to be totally independent without asserting the independence.

Mohandas K. Gandhi

The whole world is my family.

Pope John XXIII

Nature

(See also the Heavens and Trees)

Do you not see God? In every quiet place and under each blooming bush He meets me in the warmth of His love.

Johann von Goethe

This civilization of steel and concrete separates mankind from the soil. The soil is God's footstool. The scent of the soil heals me. I have no desire to become a civilized man. I want to live close to the soil.

Toyohiko Kagawa

We can never see Christianity from the catachism—from the pastures, from a boat in the pond, from amidst the songs of wood birds we possibly may.

Ralph Waldo Emerson

There can be no black melancholy to him who lives in the midst of nature.

Walt Whitman

Are not the mountains, waves, and skies, a part
Of me and of my soul, as I of them?
Is not the love of these deep in my heart
With a pure passion?

Lord Byron

Love all God's creation, the whole and every grain of sand in it. Love every leaf, every ray of God's light. Love the animals, love the plants, love everything. If you love everything, you will perceive the divine mystery in things. Once you perceive it, you will begin to comprehend it every day. And you will come at last to love the whole world with an all-embracing love.

Feodor Dostoevski

It is the marriage of the soul with Nature that makes the intellect fruitful and gives birth to imagination.

Henry David Thoreau

After you have exhausted what there is in business, politics, conviviality . . . (and) have found

that none of these wear—what remains? Nature remains.

Walt Whitman

A contented life and death must rest upon a love of nature, even as a belief in immortality must rest at last upon a belief in God.

Jane Addams

There comes the morning with the golden basket in her right hand, bearing the wreath of beauty silently to crown the earth.

Rabindranath Tagore

To me the meanest flower that grows can give thoughts that do often lie too deep for tears.

William Wordsworth

Bees sip honey from flowers and hum their thanks when they leave. The gaudy butterfly is sure that the flowers owe thanks to him.

Rabindranath Tagore

He (man) cannot be happy and strong until he, too, lives with nature in the present, above time

Ralph Waldo Emerson

. . . if I should be fated to walk no more with Nature, be compelled to leave all I most devoutly love in the wilderness, return to civilization and be twisted into the characterless cable of society,

then these sweet, free, cumberless rovings will be as chinks and slits on life's horizons, through which I may obtain glimpses of the treasures that lie in God's wilds beyond my reach.

John Muir

Nature stretches out her arms to embrace man; only let his thoughts be of equal greatness.

Ralph Waldo Emerson

Come forth into the light of things.
Let Nature be your teacher.

William Wordsworth

Every rational creature has all nature for his dowry and estate. It is his, if we will.

Ralph Waldo Emerson

We do not see nature with our eyes, but with our understandings and our hearts.

William Hazlitt

When I would recreate myself, I seek the darkest woods, the thickest and most interminable, and, to the citizen, the most dismal swamp. I enter a swamp as a sacred place—a sanctum sanctorum. There is the strength, the marrow of nature. The wild wood covers the virgin mould—and the same soil is good for men and for trees.

Walt Whitman

Thanks, O our Father, that, like him,
Thy tender love I see,

In radiant hill and woodland im,
And tinted sunset sea.

John Greenleaf Whittier

God of all beauty and joy,
Grant unto us that this day
 we may share with Thee
In the purity of Thy divine passion
 for beauty.
Make us ambassadors of Thy kingdom,
In which all things beautiful are forever
 preserved and perfected.

John S. Hoyland

What wildflowers are to summer and tinted leaves
to autumn, snow is to winter. It is the chief in-
gredient in the beauty of the months of cold.

Edwin Teale

Of the four seasons, spring entices, summer makes you welcome, autumn gives you a lingering farewell, but winter remains aloof. We think of it as harsh and uncompromising. . . . Yet, paradoxically, winter is a time of superlative life. Frosty air sets our blood to racing. The nip of winter quickens our step. Creatures abroad at this season of the year live intensely, stimulated by cold, using all their powers, all their capacities to survive. . . . Winter provides the testing months, the time of fortitude and courage. For innumerable seeds and insect eggs, this period of cold is essential to sprouting or hatching. For trees, winter is a time of rest. It is also a season of

hope. The sun is returning. The whole year is beginning. All nature, with bud and seed and egg, looks forward with optimism.

Edwin Teale

Hold out your hands to feel the luxury of the sunbeams. Press the soft blossoms against your cheek and finger their graces of form, their delicate mutability of shape, their pliancy and freshness. Expose your face to the aerial floods that sweep the heavens, "inhale great draughts of space," wonder, wonder at the winds unwearied activity. Pile note on note the infinite music that flows increasingly to your soul from the tactual sonorities of a thousand branches and tumbling waters.

Helen Keller

The Near and Now

God, the Great Giver, can open the whole universe to our gaze in the narrow space of a single lane.

Rabindranath Tagore

Though we travel the world over to find the beautiful, we must carry it with us or we find it not.

Ralph Waldo Emerson

The near explains the far. The drop is a small ocean. A man is related to all nature. This perception of the world of the vulgar (commonplace) is fruitful in discoveries.

Ralph Waldo Emerson

Drop down your buckets where you are.

George Washington Carver

How many a thing which we cast to the ground,
When others pick it up, becomes a gem.

George Meredith

Could they not see that the near was as great as the far, that every drop of water was a little ocean, that the clay with which the Persians and the Greeks moulded their noble symbols was common lime and silex, the clay that one held now in one's foolish hands and threw away to go and seek in vain in sepulchres and mummy-pits in Europe?

Van Wyck Brooks

The art of being happy lies in the power of extracting happiness from common things.

Henry Ward Beecher

Wilt thou wander farther, farther?
See the good is near, so near.
If thou learn now how to seize it,
Happiness is always here.

Johann von Goethe

wants to profit at the expense of, and rise on, the ruin of the other. . . . For me patriotism is the same as humanity. I am patriotic because I am human and humane.

Mahatma Gandhi

There is something that can only be found in one place. It is a great treasure which may be called the fulfillment of existence. The place where that treasure can be found is the place where one stands.

Martin Buber

There's magic all around us.
In rocks and trees, and in the minds of men,
Deep, hidden springs of magic.
He who strikes the rock aright may find them
where he will.

Alfred Noyes

Many of us in our so-called grown-up years lament that our conditions of living are too "cramped." Our rooms are too small; the field of our activities is too limited; the range of our experience is too monotonous. If only we could be elsewhere. We forget that even if we were elsewhere, it would still be ourselves who were there. The sense of spaciousness in living derives less from having great spaces at our command than seeing the largeness of the little spaces in which most of us have our being.

Roland English Hartley

The here, the now, and the individual have always been the special concern of the saint, the ar-

tist, the poet, and—from time immemorial—the woman.

Anne Morrow Lindbergh

Jesus said, "The Kingdom of God is within you."
Now! Here!

Lloyd Douglas

Perhaps we never appreciate the here and now
until it is challenged.

Anne Morrow Lindbergh

The New Year

Ring out wild bells to the wild sky,
The flying cloud, the frosty light:
The year is dying in the night.
Ring out wild bells, and let him die.
Ring out old shapes of foul disease.
Ring out the narrowing lust of gold,
Ring out the thousand wars of old,
Ring in the thousand years of peace.
Ring in the valiant man and free
The larger heart, the kindlier hand.
Ring out the darkness of the land,
Ring in the Christ that is to be.

Alfred Lord Tennyson

And now let us believe in the New Year that is given us—new, untouched, full of things that have never been.

Rainer Maria Rilke

Who knows that opportunity may come to us this year? Let us live in a great spirit. Then we shall be ready for a great occasion.

George Hodges

Give me, this new year, what is good for me; may He do the same for all, and if we pray for nothing more than this, we certainly hope that He will give it to us.

Johann von Goethe

I wish you, then, a very rich, deep, true, straight, and simple growth in the love of God, accepted and willed gently but greatly, at the daily, hourly cost of self.

Baron von Huegel

For all that has been—thanks! To all that shall be—Yes!

Dag Hammarskjöld

If we are ever to enjoy life, now is the time—not tomorrow, nor next year, nor in some future life after we have died. The best preparation for a better life next year is a full, complete, harmonious, joyous life this year.

Thomas Dreier

God bless thy year!
Thy coming in,
Thy going out,
Thy rest, thy travelling about.
The rough, the smooth,
the bright, the drear,
God bless thy year!

Old English blessing

Now in the night at last the year is dying.
Over the city near the great bells crying
Their stormy clangor to the minutes flying.

What says their tumult? Are they rung to waken
The New Year or to knoll the year forsaken?
Is it with joy or grief men's hearts are shaken?

Grief for the lost year and the lapsed hours!—
The melted snowflakes and the withered flowers:
The unheld anguish and the fallen towers.

Joy for the young year and the sun resurgent!
The open roads where chances lie divergent:
The fruit's good order in the bright bud urgent.

And,—beyond grief or joy,—our deep elation
In Him who, changeless in His integration,
Yet makes forever new His whole creation.

E. Merrill Root

Our Selves and the Selves of Others

We are all members one of another.

Pascal

No man is an island, entire of itself; every man is a piece of the continent, a part of the main.

John Donne

The soul that is truly submitted to God will realize its oneness with all men. It is not a question of cultivating the corporate feeling as if it were something super—added to a man's experience of Christ. God sees us not merely as individuals, but also in an ideal relation to our fellows; and as the love of God is shed abroad in our hearts, we shall freely and generously identify ourselves with the weakest and the most wayward, bearing their burdens and taking them into the very center of our prayers.

E. Herman

... satisfaction in individual love cannot be attained without the capacity to love one's neighbor, with true humility, courage, faith, and discipline. In a culture in which these qualities are rare, the attainment of the capacity to love must remain a rare achievement. Or—anyone can ask himself how many truly loving persons he has known.

Eric Fromm

As long as you love another person less than you love yourself, you will not really succeed in loving yourself. But if you love all alike, including yourself, you will love them as one person and that person is both God and man. Thus he is a great and righteous person who, loving himself, loves all others equally.

Meister Eckhart

God does not give us graces or talents or virtues for ourselves alone. We are members one of another and everything that is given to one member is given for the whole body.

Thomas Merton

We are imprisoned by our aloneness, but liberated by our belonging to mankind. We are prisoned by our sameness to all men, but liberated by our uniqueness. That both of these things are so is a paradox.

Bradford Smith

As democracy modifies our conception of life, it constantly raises the value and function of each member of the community, however humble he may be. We have come to believe that the most "brutish man" has a value in our common life, a function to perform which can be fulfilled by no one else.

Jane Addams

There is in everyone that which waits and listens to hear the genuine in himself. To hear the genuine in another, too. How is it with you? Are

you able to hear the genuine in another? If not, then you must do all you can to remove whatever it is that prevents your hearing it. For if you cannot hear it in another, you will not hear it in yourself.

Howard Thurman

Revelation comes when we break through from misunderstanding to at least a glimpse of the way the other person sees.

Martin Buber

I am defeated, and I know it, if I meet any being from whom I find myself unable to learn anything.

George Herbert Palmer

Love is impaired less by the feeling that we are not appreciated than by a dread, more or less dimly felt by everyone, lest others see through our masks, the masks of repression that have been forced upon us by convention and culture. It is this that leads us to shun intimacy, to maintain friendships on a superficial level, to underestimate and fail to appreciate others lest they come to appreciate us only too well.

Karl Menninger

To be understood means, of course, that some of our worst impulses as well as our best ones are recognized by our friend, who knows all about us and likes us, anyway.

Karl Menninger

We define love as a delight in the presence of the other person and an affirming of his value and development as much as one's own. Thus there are always two elements to love—that of the worth and good of the other person and that of one's own joy and happiness in the relations with him.

Rollo May

In Louisville, in the center of the shopping district, I was suddenly overwhelmed with the realization that I loved all those people,—that they were mine and I theirs, that we could not be alien to one another even though we were total strangers. It was like waking from a dream of separateness, of spiritual self-isolation in a special world, the world of renunciation and supposed holiness. . . . This sense of liberation from an illusory difference was such a relief and such a joy to me that I almost laughed out loud. And I suppose my happiness could have taken form in the words, "Thank God, thank God that I *am* like other men, that I am only a man among many others."

Thomas Merton

Man can learn so much by simply opening himself to others, by lowering the barriers of his self-sufficiency and infallability. Relax your defenses, give access to the opinions, aspirations, knowledge, and love of others and you will broaden yourself incredibly. After a while one becomes a crossroads, an essence of others, and

consequently a more profoundly integrated member of the human society.

Robert Muller

A good relationship has a pattern like a dance and is built on some of the same rules. The partners do not need to hold on tightly because they move confidently in the same pattern, intricate but gay and swift and free. . . . To touch heavily would be to arrest the pattern and freeze the movement, to check the endlessly changing beauty of its unfolding. There is no place here for the possessive clutch, the clinging arm, the heavy hand; only the barest touch in passing.

Anne Morrow Lindbergh

Your friend is your needs answered.

He is your field which you sow with love and
reap with thanksgiving.

And he is your board and your fireside.

For you come to him with your hunger and you
seek him for your peace.

When you part from your friend, you grieve not,
For that which you love most in him may be
clearer in his absence, as the mountain to the
climber is clearer from the plain.

And let your best be for your friend.

If he must know the ebb of your tide, let him
know its flood also.

Kahlil Gibran

Ourselves
Ourselves

We strive continually to adorn and preserve our imaginary self, neglecting the true self.

Pascal

So we are all afraid of reality; we pretend to want to know ourselves and we are afraid of really knowing ourselves.

Paul Tournier

At times it seems that each of us is condemned to go through life handcuffed to a stranger—ourselves.

Ernest Gordon

Two souls, alas, are housed within my breast.

Johann von Goethe

Some narcissists literally love themselves to death. They suffocate in the closed room in which all windows have been transformed into mirrors.

Joshua Liebman

A man's own self is his friend; a man's own self is his foe.

Bhagavad-Gita

I possess an inner self of which I was ignorant.

Rainer Maria Rilke

Examining Ourselves

The decisive heart-searching is the beginning of the way in a man's life; it is, again and again, the beginning of the human way. But heart-searching is decisive only if it leads to the way. For there is a kind of sterile heart-searching which leads to nothing but self-torture, despair, and still deeper enmeshment.

Martin Buber

It is this gradual feeling our way along a road of discovery, rather than a full and complete knowledge of oneself, which bears living fruit.

Paul Tournier

. . . the previous instruction was to *begin* with oneself, but not to end with oneself; to start from oneself but not to aim at oneself; to comprehend oneself, but not to be preoccupied with oneself.

Martin Buber

Observe all men; thyself most.

Benjamin Franklin

Accpeting Ourselves and Expanding Ourselves

We should be in charity with ourselves as with our neighbors.

Fenelon

But if we are to lengthen our cords, safety demands we strengthen our stakes. One cannot

safely enlarge his life to include even one other person without strengthening his stakes.

Ralph Sockman

The psyche is the world's pivot; not only is it the one great condition for the existence of a world at all, it is also an intervention in the existing natural order and no one can say with certainty where this intervention will finally end.

Carl Jung

We have to learn to commune with ourselves before we can communicate with other men and with God. A man who is not at peace with himself necessarily projects his interior fighting into the society of those he lives with and spreads a contagion of conflict all around him.

Thomas Merton

Another road to proper self-regard is the road of acceptance—the acceptance of our imperfections as well as our perfections.

Joshua Liebman

Here, then, the uneasiness is not a sign of disease, but of health and vitality.

Paul Tournier

If I am not for myself, who will be for me? But if I am for myself only, what am I? And if not now, when?

Hillel

Insist on yourself; never imitate. Your own gift you can present every moment with the cumulative force of a whole world's cultivation; but of the adopted talent of another you have only an extemporaneous half possession.

Ralph Waldo Emerson

To transcend one's own self-centeredness is not a virtue; it is a saving necessity.

Karl Menninger

Man is a born child; his power is the power of growth.

Johann von Goethe

The attainment of proper self-love must become the concern of every wise religion because as long as human beings are enslaved to wrong attitudes toward themselves, they cannot help expressing wrong attitudes towards others. If the self is not loved, how can the neighbor be loved as oneself?

Joshua Liebman

We assert ourselves as persons in the moment of choice freely and responsibly made; then life wells up.

Paul Tournier

There is nothing noble in being superior to some other man. The true nobility is in being superior to your former self.

Hindu proverb

The human gift is not a gift; it is an achievement.

Joshua Liebman

Are you a reservoir, a canal, or a swamp?

Howard Thurman

Patience and Staying Power

But the fruit of the Spirit is . . . patience. . . .

Galatians 5:22

I had fainted unless I had believed to see the goodness of Jehovah in the land of the living.

Psalms 27:13

Be patient with everyone. But above all with yourself. I mean, do not be disturbed because of your imperfections and rise up bravely after a fall.

St. Francis de Sales

Patience is a necessary ingredient of genius.

Benjamin Disraeli

Patience, patience, patience, is what the sea teaches us. Patience and faith. One should lie empty, open, choiceless as the beach—waiting for the gift of the sea.

Anne Morrow Lindbergh

. . . staying power is always associated with the experience of being captured by a cause.

Harry Emerson Fosdick

. . . staying power is commonly associated with profound resources of interior strength replenished by great faith.

Harry Emerson Fosdick

God of our fathers and our God, give us the faith to believe in the ultimate triumph of righteousness. . . . We pray for the bifocals of faith that see the despair and the need of the hour, but also see, further on, the patience of our God working out His plan in the world He has made.

Peter Marshall

But there are times when patience proves at fault.

Robert Browning

Peace

(See also War)

And they shall beat their swords into plowshares and their spears into pruning hooks. Nation shall not lift up sword against nation, neither shall they learn war any more.

Isaiah 2:4

I firmly believe that the future of civilization is absolutely dependent upon finding some way of resolving international differences without resorting to war.

Dwight D. Eisenhower

I think that people want peace so much that one of these days governments had better get out of their way and let them have it.

Dwight D. Eisenhower

We can have revenge or we can have peace, but we cannot have both.

Herbert Hoover

Peace at the expense of some nations is only an armistice.

Louis Fischer

. . . the evil institutions of human society are most likely to be reformed when two conditions are fulfilled. The first is that the institutions should be economically unprofitable. The second is that it should be morally intolerable.

Kenneth Boulding

Strong evidence has been given of the growing mutual recognition that the immensely destructive power of the new weapons has made another world war incompatible with national survival on both sides. . . . If the nations have found it

possible to use atomic energy for man's peaceful progress, they should also be able to find a way in time to join in a disarmament program. . . .

Dag Hammarskjold

What we need now to discover in the social realm is the moral equivalent of war; something heroic that will speak to men as universally as war does, and yet will be as compatible with their spiritual selves as war has proved itself to be incompatible.

William James

Peace cannot be kept by force. It can be achieved only by understanding.

Albert Einstein

It is possible that the appeals for the organization of the world upon peaceful lines has been made too exclusively to man's reason and sense of justice. . . . Reason is only part of the human endowment; emotion and deep-set racial impulses must be utilized as well, those primitive human urgings to foster life and protect the helpless, of which women were the earliest custodians.

Jane Addams

The position of the pacifist is unbearable if he does not undertake intense, practical action on his own. . . . We need the firm rock of well-directed action if we are to resist the terrible drift dragging us towards reactions of fear, hatred, and violence.

Pierre Ceresole

If I were to nominate the activity which is now open to mankind and which would increase most dramatically the probability of his survival, I would nominate a massive, intellectual effort in peace research—that is, in the application of the social sciences to the study of conflict systems and especially of conflict systems in their international aspect.

Kenneth Boulding

Pacifism means peace-making. The pacifist is literally a peace-maker. He is not a passive or negative person who proposes to lie back and do nothing in the face of injustice, unrighteousness, and rampant evil. He stands for "the fiery positive." Pacifism is not a theory; it is a way of life. It is something you are and do.

Rufus M. Jones

Peace without freedom is unthinkable; freedom without peace is impossible. This is one proposition on which conservatives and liberals can agree. Therefore the making of an enforceable peace that serves the condition of freedom is at the top of the human agenda.

Norman Cousins

How can we arrive at a lasting peace? For a true and lasting peace, a religious revolution is, I am sure, a *sine qua non*. By religion, I mean the overcoming of self-centeredness, in both individuals and communities, by getting into communion with the spirit-presence behind the uni-

verse and by bringing our wills into harmony with it. I think this is the only key to peace. But we are very far from picking up this key and using it. Until we do, the survival of the human race will continue to be in doubt.

Arnold Toynbee

Building for peace is a job in which every man, woman, and child everywhere should want to help. It is clear now to everyone . . . that little but evil and suffering come out of war. But after a war most people want to forget all about the suffering and go back to normal living. . . . It isn't just a job for grownups. It is a job for everyone, even very small children. We can build for peace at home, in school, and in our play. All our daily actions count and help to make the kind of world we live in.

Elise Boulding

The Potentialities in People

(Primarily Religious References)

I can do all things through Christ who strengtheneth me.

Philippians 4:13

He (Jesus) was the prophet of the potential greatness in all men.

Henry C. Link

Jesus never came to take anything away from a man's life, but to add to it; to fulfill its potential, to transform it. . . .

Ernest Gordon

There is a vast acreage of our inner estate which has never been touched by the plow. It remains uncultivated. We are this, we have been this—but how much more we might be. Coming to ourself, our true self, and reaching out with divine help and the gift of Grace, to win the whole of oneself is to be "spiritual-minded."

Rufus M. Jones

I have come to the stage of realization in which I see that God is walking in every human form and manifesting himself alike in the sage and in the sinner.

Sri Ramakrishna

But there can be no depicting the hardness of the journey inward if we neglect to mention the unused life in each of us which in a very special way the stillness in God's presence, the enjoyment of God, begins to draw out of us again. For we carry within us all of the unwritten poems, the unpainted pictures, the unwritten letters, the unheeded love of nature around us, the unwritten books, the unreconciled hardenings toward people, the new levels of tenderness we have meant to lavish on our wives and husbands and children, and our neighbors.

Douglas Steere

Much of the uniqueness of Christianity in its original emergence consisted of the fact that simple people could be amazingly powerful when they were members one of another.

Elton Trueblood

Something died within the heart of Peter that night. Something was killed. That's why his heart was broken. In fact, the Simon in him was killed—the old, arrogant, boasting bravado of Simon, the cocksure confidence of the strong fisherman—the impetuous stubbornness, the impulsive thoughtlessness of Simon . . . ceased to be. Peter was being born.

Peter Marshall

The success of Christianity does not depend on the brilliance of a few great men or upon dramatically impressive actions. It is rather a tidal wave of cumulative power, created by the combined belief and action of countless ordinary people like themselves, gathering momentum as it rolls along until, through overwhelming mutual convictions, it lifts everything in its path to new heights of beauty and perfection.

Wallace Speers

God hasn't given up on you.
He can still do great things for you, in you, and
through you.
God is ready and waiting and able.
What about you, and me?

We are, after all, like lumps of clay.
They are brittle pieces, hard pieces.
We have little shape or beauty.
But we need not despair.
If we are clay, let us remember there is a Potter,
and His wheel.

Peter Marshall

The Potentialities in People

(Primarily Secular References)

A person is both actuality and potentiality.

Abraham Maslow

There are resources in us on which we have not drawn.

Ralph Waldo Emerson

Immense hidden powers seem to lurk in the unconscious depths of even the most common man—indeed, of all people, without exception.

Fritz Kunkel

You have been told that, even like a chain, you are as weak as your weakest link. This is but half the truth. You are also as strong as your strongest link.

Kahlil Gibran

Democracy is based upon the conviction that there are extraordinary possibilities in ordinary people.

Harry Emerson Fosdick

Emerson, that incredible old nutshell-putter, has said, "Our chief want in life is somebody who will make us do what we can." He might have added that the best method for this somebody to use would be simply to expect us to achieve and then let us know about it. The human animal is a strange creature; it will often make more of an effort to please someone else than it will to please itself.

Arthur Gordon

It is a sad but unarguable fact that most human beings go through their lives only partially aware of the full range of their abilities.

John W. Gardner

The man who is born with a talent which he is meant to use finds his greatest happiness in using it.

Johann von Goethe

I believe that man is infinitely potential and that, given the proper guidance, there is hardly any task he cannot perform or a degree of mastery in work and love that he cannot attain.

Joshua Liebman

Human potentiality is the least understood and the most squandered resource on earth. So long as human beings are capable of growth . . . they have a chance, a very good chance. But potentiality also presupposes control. The ability to do things must be matched by the ability to keep them from becoming a wild spew. The ability to create order is no less important to human survival than the ability to overcome famine or to construct great edifices, to write great books, or to compose great symphonies.

Norman Cousins

Rebellion against your handicaps gets you nowhere, self pity gets you nowhere. One must have the adventurous daring to accept oneself as a bundle of possibilities and undertake the most interesting game in the world—making the most of one's best.

Harry Emerson Fosdick

We meet people where they are and treat them as if they were what they ought to be, and by so doing, we believe them into the fulfillment of their possibilities. We place a crown over their heads that they are always growing tall enough to wear.

Howard Thurman

Every man's foremost task is the actualization of his unique, unprecedented, and never-recurring potentialities, and not the repetition of something that another—and be it even the greatest—has al-

ready achieved. Shine up your neighbor's halo.

Arthur Gordon

Releasing Power

If this doctrine of an indwelling dynamic is not coupled with our admiration of Jesus, we are like a student practicing the fingering of the Hallelujah Chorus on an organ from which the power has been shut off. With what accuracy his fingers travel the keys, who can tell? Once Handel's soul, on fire with the passion of harmony, burned itself into that composition. He wrote it upon his knees. But with whatever agility the student's fingers follow the notes, no Hallelujah Chorus comes from his organ to praise God and move men. So the record of this matchless character, handed down to us in the gospels, like notes of music mean to be played again, is but our despair if we attempt its reproduction on a powerless organ.

Harry Emerson Fosdick

In one of the tidal rivers near New York, the building of a bridge was interrupted by a derelict sunk in the river's bottom. Divers put chains about the obstacle and all day long the engineer directed the maneuvering from the hulk. Then a young student, fresh from the technical school, asked for the privilege of trying, and from the

vexed, impatient chief obtained his wish. "What will *you* do it with?" the engineer inquired. "The flatboats in which we brought the granite from Vermont," the young man answered. So, when the tide was out, the flat boats were fastened to the derelict. The Atlantic began to come in; its mighty shoulders underneath the boat lifted—lifted until the derelict had to come. The youth had harnessed infinite energy to his task. To the consciousness of such resources in the spiritual world Christ introduced his people.

Harry Emerson Fosdick

Prayer

My house shall be called a house of prayer.

Matthew 21:3

Prayer is the contemplation of the facts of life from the highest point of view. It is the soliloquy of a beholding and jubilant soul. It is the spirit of God pronouncing his works good. But prayer as a means to effect a private end is meanness and theft.

Ralph Waldo Emerson

Prayer is often defined as speech with God. It may begin that way. But prayer of a high order rarely stops there. Real prayer is more nearly work with God.

Douglas V. Steere

Because I believe in God, I believe in prayer. It is the sure means of becoming conscious of His presence; that is the real meaning of prayer—its strength and its reward.

Mahatma Gandhi

There is only one path by which we can reach God and that is by prayer. If anyone shows you another, he is deceiving you.

St. Theresa

Certain thoughts are prayers. There are some moments when, whatever the posture of the body, the soul is on its knees.

Victor Hugo

When our heart has reached the boiling point, everything is turned into prayer.

Toyohiko Kagawa

Speak to him, thou, for he answers,
And spirit with spirit shall meet.
Nearer is he than breathing;
Closer than hands or feet.

Alfred Lord Tennyson

We see that prayer, so far from being a tiresomely reiterated asking, based upon a conception of God that belongs to the childhood of the race, is the highest and most dynamic form of interaction between the human and the Divine. It is the whole personality—intellect as well as emotion and

will—energizing in fellowship with the Lord of all Life. It is man consciously apprehending his high destiny and stretching towards it. It is not merely one of the noblest and most fruitful activities of the soul, at once the most intensely individual and the most comprehensively social, but the fount and the consummation of all noble activity.

E. Herman

Prayer should be the key of the day and lock of the night.

Thomas Fuller

Prayer is the soul's sincere desire
Uttered or unexpressed;
The motion of a hidden fire
That kindles in the breast.

Prayer is the burden of a sigh
The falling of a tear,
The upward glancing of an eye
When none but God is near.

Prayer is the simplest form of speech
That infant lips can try;
Prayer the sublimest strains that reach
The majesty on high.

Oh thou, by whom we come to God,
The Light, the Truth, the Way;
The path of truth thyself hast trod,
Lord, teach us how to pray.

James Montgomery

How can prayer be defined? Prayer is the effort of man to reach God, to commune with an invisible being, creator of all things, supreme wisdom, truth, beauty, and strength, father and redeemer of each man. This goal of prayer always remains hidden to intelligence. For both language and thought fail when we attempt to describe God. . . . The best prayers are like the improvisations of a gifted lover, always about the same thing but never twice the same. . . .

Today, as never before, prayer is a binding necessity in the lives of men and nations. The lack of emphasis upon the religious sense has brought the world to the edge of destruction. Our deepest source of power and perfection has been left miserably underdeveloped. Prayer, the basic exercise of the spirit, must be actively practiced in our private lives.

The neglected soul of man must be made strong enough to assert itself once more. For if the power of prayer is again released and used in the lives of common men and women; if the spirit declares its aims clearly and boldly, there is yet hope that our prayers for a better world will be answered.

Prayer is not only worship; it is also an invisible emanation of man's worshipping spirit—the most powerful form of energy that one can generate. The influence of prayer on the human mind and body is as demonstrable as that of secreting glands. Its results can be measured in terms of increased physical buoyancy, greater intellectual vigor, moral stamina, and a deeper understanding of the realities underlying human relationships.

. . . Prayer is a force as real as terrestrial gravity. It is the only power in the world that seems to overcome the so-called "laws" of nature. . . .

Alexis Carrel

Why We Pray

We hear in these days of scientific enlightenment a great deal of discussion about the efficacy of prayer; and many reasons are given us why we should not pray, whilst others are given us why we should. But in all this very little is said of the reason why we do pray, which is simply that we cannot help praying. It seems probable that in spite of all that "science" may do to the contrary, men will continue to pray to the end of time. . . .

William James

If we love God, if we acknowledge to whom we belong, if, in the intervals of other tasks, this love moves naturally to the surface and gives a glow to all we do, this is prayer without ceasing, perpetual prayer.

Douglas V. Steere

I have been driven many times to my knees in the overwhelming conviction that I had nowhere else to go. My wisdom, and that of all about me, seemed insufficient for that day.

Abraham Lincoln

I shall never quite understand the meaning of prayer, but I shall always pray. . . .

Levin in Tolstoy's Anna Karenina

After all, man knows mighty little, and may some day learn enough of his own ignorance to fall down and pray.

Henry Adams

We suffer, in fact, from arrested development in prayer.

E. Herman

The whole field of prayer and praying as laying hold on unlimited power is unexplored, with the result that spiritual laws lie undiscovered by the average believer.

Peter Marshall

Some Ways of Praying

Prayer is not to ask what we wish of God but what God wishes of us.

16th Century mystic

Prayer will always rise and fall with the quality of one's faith, like the mercury in the tube, which feels at once the change of pressure in the atmosphere. It is only out of live faith that living prayer springs.

Rufus Jones

The first rule of prayer . . . is that you have to want mightily to pray, and that, if that want is mighty enough, you will be present, really present, where you are. . . . This does not mean that you have to be in a given room, at a given time, in a given posture. It does mean that you have to care enough about this placing of yourself in an act of absolute reciprocity to the Divine that what is at the heart of things may take possession of you, mind, heart, and will. You have to care enough so that you will collect yourself, move back into your soul from the distant suburbs where most of life tends to be spent, and honestly be there.

Douglas V. Steere

This practice of continuous prayer in the presence of God involves developing the habit of carrying on the mental life at two levels. At one level we are immersed in this world of time, of daily affairs. At the same time, but at a deeper level of our minds, we are in active relation with the Eternal Life.

Thomas Kelly

You pray in your distress and in your need; would that you might also pray in the fulness of your joy and in your days of abundance.

Kahlil Gibran

Intercessory Prayer

Intercession is one of the most effective ways of being a co-worker with God. Praying for another

person opens doors to communion and fellowship. The purpose of intercessory prayer is not to give God information or to change God's mind but rather to help God accomplish his long maintained purpose. The prayer of intercession makes a direct impact upon the person for whom it is uttered and helps to open his life to God, who has long been knocking at the door. The prayer of intercession opens wider to God the life of the interceder and enables him to become a more effective co-worker. And the prayer of intercession changes relationships and thereby helps to open doors to God.

Andrew Murray

Some Outcomes of Prayer

Prayer, at the very least, uplifts the heart of the one who prays, and develops high ideals in his mind.

Toyohiko Kagawa

I have not the slightest doubt that prayer is an unfailing means of cleansing the heart of passions. But it must be combined with utmost humility.

Mahatma Gandhi

Energy which but for prayer would be bound, is by prayer set free and operates.

William James

More things are wrought by prayer
Than this world dreams of.
Wherefore let thy voice
Rise like a fountain for me night and day . . .
For what are men better than sheep or goats
That nourish a blind life within the brain,
If, knowing God, they lift not hands of prayer
Both for themselves and those who
Call them friends.

Alfred Lord Tennyson

Prayer has saved my life. . . . I have found people
who envy me my peace. That peace comes from
prayer.

Mahatma Gandhi

Prayer, when it is a caricature, is a futile retreat
from reality. Prayer, when it is real, can turn the
centuries into new courses.

Harry Emerson Fosdick

Prayers are like trees reaching
Toward the higher rain;
Who has seen trees reaching
Toward the sky in vain?

Arthur R. MacDougall, Jr.

Some Provocative Prayers

Eternal, grant me the possibility of revising,
understanding, and weighing everything anew,

truly and freely, without violence. Grant me not to be fossilized against your Spirit and your call. . . .

Pierre Ceresole

Lay me on an anvil, o God.
Beat me and hammer me into a crowbar.
Let my pry loose old walls;
Let me lift and loosen old foundations.

Lay me on an anvil, o God.
Beat me and hammer me into a steel spike.
Drive me into the girders that hold a skyscraper together.
Take red-hot rivets and fasten me into the central girders.
Let me be the great nail holding a skyscraper through blue nights into white stars.

Carl Sandburg

Kindle my coldness with the fire of Thy love and enlighten the blindness with the brightness of Thy presence.

Thomas a Kempis

Help me, oh God, my boat is so tiny and Thy ocean so wide.

Breton fishermen

Lord, make me an instrument of Thy peace; where there is hatred, let me sow love; where there is injury, pardon; where there is doubt,

faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved, as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

St. Francis

Let me not pray to be sheltered from dangers
but to be fearless in facing them.
Let me not beg for stilling my pain,
but for the heart to conquer it.
Let me not look for allies in life's battle-
fields, but to my own strength.
Let me not crave in anxious fear to be saved,
but for hope for the patience to win my free-
dom.
Grant me that I may not be a coward, feeling
your mercy in success alone; but let me
find the grasp of your hand in failure.

Rabindranath Tagore

We pray for height in our lives. We need altitude. Above the confusion and turmoil that baffle us, lift us today to some high outlook where we may catch large vistas and broad horizons.

We pray for breadth in our lives. We are shut in by the narrowness of our daily interests and even by the vindictiveness of our irritations. Lift us high that we may see broadly and . . . take in

all sorts and conditions of men.

We pray for length of outlook and of vision.

Harry Emerson Fosdick

Prejudice and Understanding

Intolerance is the offspring of bigotry and ignorance and I believe it has no place in the minds or hearts of rational men.

Thomas Jefferson

As I would not be a slave, so I would not be a master.

Abraham Lincoln

Group prejudice is a contagious disease; he who harbors it is a public menace; to be cured of it is a public boon.

Harry Emerson Fosdick

I will not allow one prejudiced person or one million to blight my life. I will not let prejudice or any of its attendant humiliations or injustices bear me down to spiritual defeat. My inner life is mine and I shall defend it and maintain its integrity against all the powers of hell.

James Weldon Johnson

When we let freedom ring, when we let it ring from every village and every hamlet, from every

state and every city, we will be able to speed up that day when all God's children—black men and white man, Jews and Gentiles, Protestants and Catholics, will be able to join hands and sing in the words of the old Negro spiritual, "Free at last! Thank God Almighty, we are free at last."

Martin Luther King, Jr.

Perhpas the basic reason for the ravishing of our cultural resources, this lack of appreciation of all the various groups in our midst, is that we have so little objective knowledge concerning the contributions of each culture to American life.

Rachel Davis DuBois

The welfare of the group . . . is based on the development of healthy, integrated personalities, able to transcend their egocentric selves and to merge in a creative way into the whole. This means finding ways to share unique values and differences. It does not involve annihilation of one another; it does not imply compromise—your way one time and mine the next; not voluntary submission to secure a mood of peace that is found in the end to be sterile. What it means is a creative use of differences.

Rachel DuBois

Twentieth century Americans have much to be proud of beyond their superficial, but nonetheless significant, triumphs in the realm of technology. That in fact the last fifty years has seen the most meaningful development, the greatest break-

throughs, in human freedom in our history. That it is indeed a new historical form: a great industrial, urban society, dedicated to freedom and equal opportunity.

John P. Roche

The Negro freedom movement would have been historic and worthy even if it had only served the cause of civil rights. But its laurels are even greater because it stimulated a broader social movement that elevated the moral level of the nation. In the struggle against the preponderant evils of the society, decent values were preserved. Moreover, a significant body of young people learned that in opposing the tyrannical forces that were crushing them, they added stature and meaning to their lives. The Negro and white youth who in alliance fought bruising engagements with the status quo inspired each other with a sense of moral mission and both gave the nation an example of self-sacrifice and dedication.

Martin Luther King, Jr.

Prejudice and Understanding—Africa

European man arrived in Africa already despising Africa and African beings. . . . Walking into Africa in that mood, he was, by and large quite incapable of understanding Africa, let alone of appreciating the raw material of mind and spirit with which this granary of fate, this ancient trea-

sure house of the lost original way of life, was so richly filled. He had, it is true, an insatiable eye for the riches in the rocks, for diamonds and gold. But for the diamonds and gold of an ancient lost world sparkling in the many dark eyes raised in wonder and bewilderment to him, for the precious metal ringing true in the deep-toned laughter of the indigenous peoples around him, he had no interest.

Laurens van der Post

It is only white people's fear that hinders change; it is also their conviction of their own superiority and of the inferiority of others.

Alan Paton

The future of the white man in South Africa depends entirely on his willingness to negotiate it sensibly, his courage to negotiate it faster than his reluctance advises him.

Alan Paton

Between us I believe we can make civilization greater and life richer on earth than it has ever been. For this reason I wish we could stop thinking about the difficulties and perils of the encounter of the white and black in Africa, and instead commit our hearts and imaginations to this rich and immeasurable opportunity it presents to both of us.

Laurens van der Post

Prejudice and Understanding
Lift Every Voice and Sing

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Lift ev'ry voice and sing
Till earth and heaven ring,
Ring with the harmonies of Liberty;
Let your rejoicing rise
High as the list'ning skies,
Let is resound loud as the rolling sea.
Sing a song full of faith that the dark past has
taught us.
Sing a song full of hope that the present has
brought us;
Facing the rising sun of our new day begun,
Let us march on till victory is won.

Stony the road we trod,
Bitter the chast'ning rod,
Felt in the days when hope had died;
Yet with a steady beat,
Have not our weary feet
Come to the place for which our fathers sighed?
We have come over a way that with tears has
been watered,
We have come, treading the path thro' the blood
of the slaughtered,
Out of the gloomy past,
Till now we stand at last
Where the bright gleam of our bright star is cast.

God of our weary years,
God of our silent tears,
Thou who has brought us thus far on the way;
Thou who has by Thy might
Led us into the light,
Keep us forever in the path, we pray.

Lest our feet stray from the places, our God,
where we met Thee,
Lest our hearts, drunk with the wine of the
world, we forget Thee;
Shadowed beneath Thy hand,
May we forever stand.
True to our God,
True to our native land.

James Weldon Johnson

Pride

Pride goeth before destruction and a haughty
spirit before a fall.

Proverbs 16:18

Pride may begin as a wholesome stimulant and
then go on to become a dreadly drug.

Ralph Sockman

Pride and arrogance are always with us, seeking
to exert their pernicious influence in what we say
and how we say it, in what we do and how we
do it. No one of us escapes. Often we find our-
selves most completely influenced by pride when
surest that we are most self-effacing and humble.

Howard Thurman

It is small wonder that all religions that are ethi-
cally sensitive place great emphasis upon the

human spirit. There is something very subtle about pride and arrogance of spirit. Often it assumes the garb of utter selflessness and humility.

Howard Thurman

If we are to break down the personal barriers which divide individuals, we must begin with pride. No man ever choked to death swallowing his own pride. Quite the reverse. Who does not know the thrill which comes from swallowing one's resentment and making up with a friend or loved one? It is a great satisfaction to make a friend; there is even greater satisfaction in making up with a friend.

Ralph Sockman

The real gifts of God cannot be gotten by people who are all wrapped up in their own self-interest. Ben Franklin was wise as usual when he said, "A man wrapped up in himself makes a very small bundle."

Ralph Sockman

Religion

What doth the Lord require of thee but to do justly and to love kindness and to walk humbly with thy God?

Micah 6:8

Thou shalt love the Lord thy God with all thy heart and with all thy soul and with all thy might and with all thy strength . . . (and) Thou shalt love thy neighbor as thyself.

Mark 12:30–31

Religion is one of the senses. It is the power of the perfect human being to perceive the ultimate values. . . . It is a special sense, like the senses of pain and of emotions which only higher animals possess.

Toyohiko Kagawa

True religion is betting one's life that there is a God.

Donald Hankey

Religion at its best is conscience in action.

Allan Knight Chalmers

Thus religion is solitariness; and if you are never solitary, you are never religious. Collective enthusiasms, revivals, institutions, churches, rituals, bibles, codes of behavior are the trappings of religion.

Alfred North Whitehead

Religion is, among other things, a system of education by means of which human beings may train themselves—first, to make desirable changes in their own personalities, and, in the second place, to heighten consciousness and so establish

more adequate relations between themselves and the universe of which they are parts.

Aldous Huxley

Religion and Individuals

A man's religious faith means for me essentially his faith in the existence of an unseen order of some kind in which the riddles of the natural order may be fully explained.

Ralph Waldo Emerson

People cannot get along without some kind of religion.

Ernest Gordon

I believe that within us we carry a spark of that eternal Light which must shine in the depth of our being and which our weak senses can only perceive from afar. To let this spark within us become a flame and to realize the Divine within us is our highest duty.

Johann von Goethe

In my consciousness I have a market, a garden, a dwelling, a workshop, a lover's lane, and above all—a cathedral.

George Bernard Shaw

The one really big business in this world . . . is the business of being a co-ordinator, a transmit-

ter, of the love of God—the love of God revealed in a man like us.

Rufus M. Jones

Religion isn't something to be added to our other duties and thus make our lives yet more complex. The life with God is the center of life and all else is remodelled and integrated by it. It gives the singleness of eye. The most important thing is not to be perpetually passing cups of cold water to a thirsty world. We can get so fearfully busy trying to carry out the second commandment, "Thou shalt love thy neighbor as thyself", that we are underdeveloped in our devoted love to God. But we must love God as well as our neighbor.

Thomas Kelly

We and God have business with each other; and in opening ourselves to his influence, our deepest destiny is fulfilled.

William James

If religion be a function by which either God's cause or man's cause is to be really advanced, then he who lives the life of it, however narrowly, is a better servant than he who merely knows about it, however much.

William James

During the past thirty years people from all civilized countries of the earth have consulted me. I have treated many hundreds of patients. . . . Among my patients in the second half of life . . .

there has not been one whose problem in the last resort was not that of finding a religious outlook on life. It is safe to say that every one of them fell ill because he had lost that which the living religions of every age have given their followers, and none of them has been really healed who did not regain his religious outlook. This, of course, has nothing to do with a particular creed or membership in a church.

Carl G. Jung

The beginning of strength in religion is passion. Unless you feel, you will have little power to affect your world. One can, without passion, erect a life on this earth which is a monument to God, but a life which is a movement for God has to be greatly charged by burning feeling. Christianity is a passion and a pilgrimage, a pulsing power, a breathtaking beauty, and a haunting memory of a past exultation which may yet return again. . . . Christianity must become a passion—a controlled passion if possible, a disciplined passion if one can, but a passion if it is to be effective.

Allen Knight Chalmers

Religion Is Not An Opiate Nor An Ambulance

It is true, of course, that religion can become, and often has become, a hindrance to culture and progress. Like everything else that is human, religion sometimes goes static, plows ruts, becomes a backlash, loses its vital contact with its original

Source and Ground, is used for self-seeking ends, no longer has true savor or dynamic life-building quality. But that is true of every other one of man's supreme traits of life. Here, as everywhere, we must level up to the essential quality and not level down to the degenerate forms.

Rufus M. Jones

True religion is not simply an ambulance at the foot of a precipice to pick up those who have fallen over; it is a fence at the top to prevent their falling in the first place.

Harry Emerson Fosdick

Religion is not an opiate. It is food and drink. It is more vivifying and more energizing than the thin gruel of materialistic philosophy. It is more stimulating, too, and continued stimulation is necessary. . . . Religion will not permit man to rest content with mere success but will quicken them with that divine discontent which urges man onward to loftier and more noble, more soul-satisfying heights.

C.D. Cody

World Religions

All profound religion has made to life these three great contributions: a great philosophy, a great ethic, and a great resource of power.

Harry Emerson Fosdick

We may not be able to persuade Hindus that Jesus and not Vishnu should govern their spiritual horizon, nor Moslems that Lord Buddha is at the center of their spiritual universe, nor Hebrews that Mohammed is the major prophet, nor Christians that Shinto best expresses their spiritual concerns, to say nothing of the fact that we may not be able to get Christians to agree among themselves about their relation to God. But all will agree on the proposition that they possess profound spiritual resources. If, in addition, we can get them to accept the further proposition that whatever form the Diety may have in their own individual theology, the Diety is not only external but internal and acts through them and that they themselves give proof or disproof of the Diety in what they do and think; if this further proposition can be accepted, then we move that much closer to a truly religious situation on earth.

Norman Cousins

Let the great religions cease explaining their differences to each other and begin to chart the elements of basic unity that could serve as the building blocks for common action. If religions are the custodians of the spirit of man, and if that spirit is imperilled, then responsible action is possible and essential.

Norman Cousins

. . . after long study and experience I have come to these conclusions: (1) all religions are true, (2)

all religions have some error in them, (3) all religions are almost as dear to me as my Hinduism. My veneration for other faiths is the same as for my own faith. Consequently the thought of conversion is impossible. . . . Our prayer for others ought never to be "God, give them the light thou has given me," but "Give them all the light and truth they need for their highest development."

Mahatma Gandhi

The Golden Rule in Ten Religions

Islam: No one of you is a believer until he loves for his brother what he loves for himself.

Jainism: In happiness and suffering, in joy and grief, we should therefore refrain from inflicting upon others such injury as would appear undesirable to us if inflicted upon ourselves.

Sikhism: As thou deemest thyself, so deem others. Then shalt thou become a partner in heaven.

Taoism: Regard your neighbor's gain as your own gain and regard your neighbor's loss as your loss.

Zoroastrianism: That nature only is good when it shall not do unto another whatever is not good for its own self.

Christianity: All things whatsoever ye would that men should do unto you, do ye even so to them, for this is the law and the prophets.

Buddhism: Hurt not others with that which pains yourself.

Confucianism: Is there any one maxim which ought to be acted upon throughout one's life? Surely the maxim of loving-kindness is such. Do not unto others what you would not they should do unto you.

Hebraism: What is hurtful to yourself, do not to your fellow man. That is the whole of the Torah and the remainder is but commentary. Go learn it.

Hinduism: That is the sum of duty; do naught to others which if done to thee, would cause thee pain.

Science and Religion

Science without religion is lame and religion without science is blind.

Albert Einstein

If at some period in the course of civilization we seriously find that our science and our religion are antagonistic, then there must be something wrong either with our science or with our religion.

Havelock Ellis

Rejection of creed is not inconsistent with being possessed by a living belief. We have no creed in

science, but we are not lukewarm to our beliefs. The belief is not that all the knowledge of the universe that we hold so enthusiastically will survive to the letter; but a sureness that we are on the road. If our so-called facts are changing shadows, they are shadows cast by the light of constant truth. So, too, in religion, we are repelled by that confident theological doctrine which has settled for generations just how the spiritual world is wired; but we need not turn aside from the measure of light that comes into our experience, showing us a Way through the unseen world. Religion for the conscientious seeker is not all a matter of doubt and self-questionings. There is a kind of sureness which is very different from cocksureness.

Sir Arthur Eddington

Intelligence makes clear to us the interrelation of means and ends. But mere thinking cannot give us a sense of the ultimate and fundamental ends. To make clear these fundamental ends and valuations and to set them fast in the emotional life of the individual seems to me precisely the most important function which religion has to perform in the social life of man.

Albert Einstein

Religion, if it ignores creative psychiatry or if it deprecates it, is in grave danger of losing a superb ally in the battle for the good life.

Joshua Liebman

Theology, which first attacked scientists as though they were callous vandals, destroying the sanctuary of God, has lived to see in the work of scientists a manifestation of God's activity, and to regard scientists as reverent workmen, engaged in a consecrated quest for deeper truths about the Holy of Holies

Joshua Liebman

Science and the scientific method have their place—of course they have—but they cannot tell us about life in all its fullness. They cannot provide an interpretation which is adequate for man; man—the musician's man; man—the philosopher; man—the artist; man—the poet; man—the saint. Science can only say that man is nothing more than the dust of which he is composed. Heaven help us if that is all he is.

Ernest Gordon

Science saw that it could explain many things in life, but that it could not understand life itself.

Richard Siebeck

Science tells us how, but not why.

Bradford Smith

. . . we can hardly expect to destroy atheism by using the sentimental and traditional arguments which could arouse the ignorant masses of the past. We cannot fight tanks with cavalry, nor planes with bows and arrows. Science was used

to sap the base of religion. Now science must be used to consolidate. The world has evolved in the last five hundred years. It is important to recognize this and adapt ourselves to the new conditions.

Lecomte duNoüy

Each In His Own Tongue

A fire-most and a planet,—
A crystal and a cell,—
A jellyfish and a saurian,
And caves where cavemen dwell;
Then a sense of law and beauty,
And a face turned from the clod,—
Some call it Evolution
And others call it God.

A haze on the far horizon,
The infinite tender sky,
The rich ripe tint of the corn-fields,
And the wild geese sailing high,—
And all over the upland and lowland
The charm of the goldenrod,—
Some of us call it Autumn,
And others call it God.

Like tides on the crescent seabeach,
When the moon is new and thin,
Into our hearts high yearnings,
Come welling and surging in,—
Come from the mystic ocean
Whose rim no foot has trod,—
Some of us call it Longing,
And others call it God.

A picket frozen on duty,—
A mother starved for her brood,—
Socrates drinking the hemlock,
And Jesus on the rood;
And millions who humble and nameless,—
The straight hard pathway plod,—
Some call it Consecration.
And others call it God.

William Herbert Carruth

Service

(See also Social Justice)

Inasmuch as ye did it unto one of these my brethren . . . ye did it unto me.

Matthew 25:40

Lord, speak to me, and then speak through me.

Author unknown

The vital part about religion, after all, is not what you think about it, but what you do about it.

Wilfred Grenfell

To discover a truth involves the apostolic task of going out and doing it.

Rufus M. Jones

Intentions must find occupation or wither; emotions must find outlet or burst.

Wilfred Grenfell

There was never a person who did anything worth doing that did not receive more than he gave.

Henry Ward Beecher

I read once
In a book
That a man
Called Christ
Went about
Doing good.

It distresses me
That I am
So easily satisfied
With just
Going about.

Toyohiko Kagawa

After mentioning the fact that the source of the Sea of Galilee and the Dead Sea is identical, the author goes on to say, "The sea of Galilee makes beauty of it, for the sea of Galilee has an outlet; it gets to give. It gathers in its riches that it may pour them out again to fertilize the Jordan plain. But the Dead Sea, with the same water, makes horror; for the Dead Sea has no outlet.

Harry Emerson Fosdick

A man's true wealth is the good he does in this world.

Mohammed

It is better to light a candle than to curse the darkness.

Chinese proverb

True godliness does not turn men out of the world but enables them to live better in it and excites their endeavors to mend it.

William Penn

I wanted to be a doctor that I might be able to work without having to talk . . . this new form of activity I could not represent to myself as being talking about the religion of love but only as an actual putting it into practice.

Albert Schweitzer

Would that we could love the whole world! But a special fragment is placed before us by the temporal now, which puts a special responsibility for our present upon us.

Thomas Kelly

It is better to do the little that we can do than to wear ourselves out in frustrated efforts which have no conceivable chance of effectiveness.

Elton Trueblood

. . . service can have no meaning unless one take pleasure in it. When it is done for show or for fear of public opinion, it stunts the man and crushes the spirit. Service which is rendered without joy helps neither the servant or the

served. But all other pleasures and possessions pale into nothing before service which is rendered in a spirit of joy.

Mahatma Gandhi

Oh Master, let me walk with Thee
In lowly paths of service free.

Washington Gladden

Silence

Silence must be comprehended not solely as the absence of sound. It is the natural environment for serenity and contemplation. Life without silence is life without privacy. The difference between sanity and madness is the quality of our thoughts. Silence is on the side of sanity.

Norman Cousins

Silence is not dead; each silence has its own rhythm and pulsation.

Bradford Smith

How rare it is to find a soul quiet enough to hear God speak.

Francois Fenelon

I who have heard the solemnities of sound . . .
The throbbing pulse of cities, the loud roar
Of ocean on steep ledges of gaunt rock,

The chanting of innumerable winds
Around white peaks, the plunge of cataracts,
The whelm of avalanches, and, by night
The thunder's panic breath—have come to know
What is earth's mightiest voice—the desert's
voice—

silence, that speaks with deafening tones of God.

Clinton Scollard

I paused to listen to the silence. . . . The day was dying, the night was being born. . . . It was enough to catch that rhythm, momentarily to be myself a part of it. In that instant I could feel no doubt of man's oneness with the universe. The conviction came that that rhythm was too orderly, too harmonious, too perfect to be a product of blind chance. That, therefore, there must be purpose in the whole and that man was a part of that whole and not an accidental offshoot. . . . The universe was a cosmos, not a chaos.

Admiral Richard E. Byrd

For silence is perhaps the greatest symbol of all: the symbol of eternity, of the silence that was before birth and will be after death, of the mystery of space and time and of the stars beyond and the atoms within, of the silent, secret places of the body and the brain, of holiness and deity, of the *all* which encircles us, of the ineffableness of experience at its ripest, of the sure conviction of divinity that lies beyond expression and that comes to us on rare occasions like an unheard beating of wings seen through a window.

Bradford Smith

If we read the biographies of the great and wise, be they statement or priests or poets, Roman Catholics or Quakers, we shall find that they were men of long silences and deep ponderings. Whatever of vision, of power, of genius there was in their work was wrought in silence. . . . Living in the world and rejoicing in human relationships, they kept a little cell in their hearts whither they might run to be alone with God.

E. Herman

The most formidable enemy of the spiritual life, and the last to be conquered, is self-deception; and if there is a better cure for self-deception than silence, it has yet to be discovered. How many of the feverish motions, rooted half in the flesh and half in the nervous system, which we mistake for Divine callings and inspirations would survive the test of silence?

E. Herman

Silent Spirit, dwell with me,
I myself would quiet be;
Quiet as the growing blade
Which through earth its way has made;
Silently, like morning light,
Putting mists and chills to flight.

T.T. Lynch

Civilization, in the real sense of the term, consists not in the multiplication, but in the deliberate and voluntary restriction of wants. This alone promotes real happiness and contentment, and increases the capacity for service.

Mahatma Gandhi

But deep in my heart I know that simplicity of life and endeavor make for real happiness.

Rabindranath Tagore

I enjoy poverty. Many possessions are to be deplored. If one has nothing, one's troubles are few. By this I do not mean that I want to lack the bare necessities of life. If in some way I can manage to live, a great house is no attraction. Rather, give me a hut among the trees. While the snail, the killfish, and the lotus leaf are my friends, I have no desire to be rich.

Toyohiko Kagawa

Most of the luxuries, and many of the so-called comforts of life, are not only not indispensable but positive hindrances to the elevation of mankind. With respect to luxuries and comforts, the wisest have ever lived a more simple and meager life than the poor. The ancient philosophers, Chinese, Hindu, Persian, and Greek, were a class than which none has been poorer in outward riches, none so rich in inward. . . . None can be an impartial or wise observer of human life but

from the vantage ground of what we call voluntary poverty. Of a life of luxury, the fruit is luxury, whether in agriculture, or commerce, or literature, or art.

Henry David Thoreau

Half the confusion in the world comes from not knowing how little we need. . . . I live more simply now, and with more peace.

Richard E. Byrd

The lust for comfort, that stealthy thing that enters the house a guest, and then becomes a host, and then a master.

Kahlil Gibran

The greatest truths are the simplest, and so are the greatest men.

J.C. and A.W. Hare

Blessed are the simple for they shall have much peace.

Thomas a Kempis

The art of art, the glory of expression, and the sunshine of the light of letters is simplicity.

Walt Whitman

Simplicity is a state of mind.

Charles Wagner

I would suggest that the true explanation of the complexity of our program is an inner one, not an outer one. The outer distractions of our interests reflect an inner lack of integration of our own lives. We are trying to be several selves at once, without all our selves being organized by a single, mastering Life within us. Each of us tends to be not a single self, but a whole committee of selves. . . . It is as if we have a chairman of our own committee of the many selves within us, who does not integrate the many into one but who merely counts the votes at each decision and leaves disgruntled minorities.

Thomas Kelly

Life from the Center is a life of unhurried peace and power. It is simple. It is serene. It is amazing. It is triumphant. It is radiant. It takes no time but it occupies all our time. And it makes our life programs new and overcoming. We do not get frantic. He is at the helm. And when our little day is done, we lie down quietly in peace, for all is well.

Thomas Kelly

Social Justice

(See also Service, Nationalism, and the U.S.A.)

. . . let justice roll down like waters and righteousness like a perennial stream.

Amos 5:24

Woe to him who builds his palace on injustice,
his chambers upon fraud,
who forces other men to work for nothing, holding
back their wages,
who thinks to build himself a spacious palace,
with roomy chambers and with windows wide,
panelling it with cedar and painting it vermillion.

Jeremiah 22:13–14 (Moffatt)

Nineteen centuries ago a carpenter from Galilee was subjected to the excruciating pains of crucifixion because he fought to bring about drastic changes in the habits and institutions of his contemporaries.

Kirby Page

Many people picture Jesus as an idealist, exclusively interested in man's spiritual wellbeing. He came into the world, they think, to save souls. As the Gospels present him, however, the Master, far from being interested only in men's souls, as immensely concerned about their day-to-day, practical, mundane needs. He spent a large part of his time healing sick bodies. His test at the final judgement was whether we had fed the hungry, given drink to the thirsty, and clothed the naked. The sight of a rich man in luxury while a poor man lay untended at a gate, was to him intolerable. Everywhere in the Gospels Jesus is presented as wanting us to have what we naturally want to have—physical well-being, economic security, food, clothes, health.

Harry Emerson Fosdick

The Christian social gospel is in the very heart of the New Testament, set, to be sure, in mental frameworks appropriate to the first century and different from ours, but indubitably there.

Harry Emerson Fosdick

We are not here simply to save people out of the world but to save the world.

Harry Emerson Fosdick

There is dynamite enough in the New Testament to blow the existing social order off the map.

James Russell Lowell

What we need to understand in our generation is that Christianity is a much bigger thing than we are wont to suppose. We are engaged in a big enterprise—changing the world.

Elton Trueblood

Avoiding Social Changes

Don't let anyone talk to me about the good old days. To me one of the characteristics of the good old days was an almost unlimited capacity to tolerate social injustice.

John W. Gardner

The scarcity of care in our society results not only from the self-serving behavior of some professionals. It results also from the fact that there are

some human problems which the public does not wish to face or even acknowledge. By institutionalizing these problems we meet our need to have them kept out of sight, out of mind. Prisons, mental hospitals, homes for the aged, wards for the dying—all of these serve to remove problem people from public view. Our squeamishness conspires with professional self-interest to keep these human needs hidden.

Parker Palmer

The Desperate Need for Changes

Our present acceptance of a widespread poverty, ignorance, and misery is a blight that can destroy all of us.

Margaret Mead

It will be one of the tragedies of Christian history if a future Gibbon is able to say that at the height of the twentieth century the church proved to be one of the greatest bulwarks of segregated power.

Martin Luther King, Jr.

The problem confronting us today is far more serious than the destiny of any political system or even of any nation. The problem is the destiny of man; first, whether we can make this planet safe for men; second, whether we can make it fit for him. This I believe—that man today has all the resources to shatter his fears and go on to the

greatest golden age in history, and one which will provide the conditions of human growth in history, and for the good which resides within man whether in his individual or his collective being. And he has only to mobilize his rational intelligence and his conscience to put these resources to work.

Norman Cousins

I think we're learning that the West is in the last days of a system which had already proven itself antihuman and bankrupt and this includes the last days of the church as we know it. The church has entirely meshed its destiny and method with that of capitalism and the military. Once you get beyond the religious talk, its institutions are no different. All are making money off the misery of people elsewhere in the world and are helping weapons systems be created.

David Berigan and Thich Nhat Hanh

The economic highway to power has few entry lanes for Negroes.

Martin Luther King, Jr.

Revolution must come. By that we mean a complete change in the organization of society. Just as absence of industrial democracy is productive of race riots and race clashes, so the introduction of industrial democracy will be the longest step toward removing the cause.

A. Philip Randolph

In any social revolution there are times when the tail winds of triumph and fulfillment favor us, and other times when strong headwinds of disappointment and setbacks beat against us relentlessly. We must not permit adverse winds to overwhelm us as we journey across life's great, mighty Atlantic; we must be sustained by our engines of courage in spite of the winds. This refusal to be stopped, this "courage to be," this determination to go on "in spite of," is the hallmark of any great movement.

Martin Luther King, Jr.

There is the convenient temptation to attribute the current turmoil and bitterness throughout the world to the presence of a Communist conspiracy . . . but the potential explosiveness of our world situation is much more attributable to disillusionment with the promises of Christianity and technology.

Martin Luther King, Jr.

To anyone who knows the sluggishness of humanity to good, the impregnable entrenchments of vested wrongs and the long reaches of time needed for one milestone of progress to the next, the task of setting up a Christian social order in this modern world of ours seems like a fair and futile dream. Yet, in fact, it is not one tithe as hopeless as when Jesus set out to do it. . . . Jesus failed and was crucified, first by his enemies, and then his spirit by his friends. But that failure was so amazing a success that today it takes an effort on our part to realize that it required faith on his

part to inaugurate the Kingdom of God and to send out his apostolate. . . . In asking for faith in the possibility of a new social order we ask for no Utopian delusion. We know well that there is no perfection for man in this life; there is only growth toward perfection. . . . And sometimes the hot hope surges up that perhaps the long and slow climb may be ending. . . . If the twentieth century could do for us what the nineteenth did for us in the control of natural forces, our grandchildren would live in a society that would be justified in regarding our present social life as semi-barbarous.

Walter Rauschenbush

Even if one believes that religion and politics don't mix, there is still strong reason to believe that Christians should concern themselves with public life. For the church preaches a vision of human unity which means very little if not acted out in the public realm. Surely that vision applies to more than family and friends. Surely it is a vision which claims more than the commonality of those who think and act and look alike. Surely that vision reaches out to those who are alien, different, strange. If so, then the church must incarnate its vision in public, for there only is the stranger to be found.

Parker Palmer

I bid you to a one-man revolution;
The only revolution that is coming.

Robert Frost

Be ashamed to die until you have achieved some victory for humanity.

Horace Mann

Some Guidelines for Changes

A society so arranged that there shall be a minimum of dangerous temptations—this is the end towards which, as a citizen, I have to strive.

Aldous Huxley

Throughout the vagaries of history, beyond ideologies and systems, a few basic truths command the justice and happiness of men and societies. Service and kindness to each other are two of them.

Robert Muller

A truly pluralistic and humane society must be undergirded and overarched by a common vision of the public good. . . . For without that capacity to see ourselves ultimately as a community, without that common basis on which community must be built, we are in danger of disintegrating into hundreds of private, warring, special interests who will not—for instance—pay taxes to support the well-being of the whole; who will—for instance—at astonishingly early ages—physically attack elderly citizens to grab the pittances of their social security and welfare money; who will—for instance—pour life-destroying industrial wastes into rivers or produce essentially poison-

ous products for profit alone. "Where there is no vision, the people perish."

Vincent Harding

I have little sympathy for those who have impossibly high hopes for social betterment and then the next day are wallowing in disillusionment and self-pity because their high hopes weren't realized. Social change isn't that easy. Life isn't that easy.

John W. Gardner

We are no longer in a period of civil rights revolt as such. We are now in the midst of a struggle to wrest human and economic rights out of the basic contradictions of American society. I am convinced that unless we establish social and economic priorities and organize politically in their behalf, nothing will happen. Protest demonstrations alone will not arouse the financial or moral commitment to solve the problems of poverty. To get the necessary programs we must organize within the broad coalition of American need and American social and political concern.

Bayard Rustin

So, while there can be no argument that progress depends both on the revision of private attitudes and a change of institutions, the onus must be placed on institutional change.

Bayrd Rustin

Would that we could relive the whole world! But a special fragment is placed before us by the tem-

poral now, which puts a special responsibility for our present upon us.

Thomas Kelly

We need to find things for everyone to do. We really cannot all go to prison and very few can swim out to board submarines. But some can do these things and almost any of us can stand in a quiet line and hold up a sign that gives the message, or hand leaflets to passers-by. There is some way for each of us to stand up and be counted against the madness that has already all but brought the final disaster to mankind; to stand up and be counted for a world in which all men can live as brothers, the sons of one Father.

Wilmer J. Young

Throw yourself on the altar of a great cause.

Wendell Phillips

Solitude

How one hates to think of oneself as alone. . . . We seem so frightened today of being alone that we never let it happen.

Anne Morrow Lindbergh

Certain things are tapped only when we are alone. The artist knows he must be alone to

create; the writer, to work out his thoughts; the musician, to compose; the saint, to pray.

Anne Morrow Lindbergh

I never found the companion that was so companionable as solitude.

Henry David Thoreau

I am sure of this, that by going much alone a man will get more of a noble courage in thought and word than from all the wisdom that is in books.

Ralph Waldo Emerson

Our true life lies at a great depth within us. Our restlessness and weaknesses are in reality merely a stirring on the surface. That is why we must daily retire in silence far into the quiet depths of our spirits, and experience the real life within us. If we do this, our words and actions will come to be real also.

Rabindranath Tagore

. . . solitude is a necessity for the growth of inner resources which a liberal education seeks to develop—resources that are the ultimate defense against the accidents of the external world. To enjoy poetry, to listen to music, to get a real aesthetic experience from painting, one must be able to withdraw from the crowd.

William Allan Neilson

Talent develops itself in solitude; character in the stream of life.

Johann von Goethe

Only in solitude can you really come to an understanding of yourself. . . . The person who can afford to be alone with himself often and long acquires a quality of personal dignity which is dissipated and lost in any other kind of life. . . . The self-possession, self-restraint, patience, which come only through the process of solitude—these are the essentials for the acquisition of a philosophy and a religion. And it makes all the difference between living in a world which is a constantly changing mass of phenomena and a living in a significant, ordered universe.

William A. Neilson

The city does not take away, neither does the country give, solitude; solitude is within us.

Joseph Raux

It is possible to drown children and adults in a constant flow of stimuli, forcing them to spend so much energy responding to the outside world that inward life and the creative imagination which flowers from it becomes stunted and atrophied. . . . it is the most natural thing in the world that children, like adults, should need and cherish times of solitude. . . . Whether they are awe-struck or mischievous, we know in our hearts that our children must have solitude in order to do the kind of inward growing which we cannot plan for them. . . . May it not rather be that the only thing that can lead to the creatively occupied mind? . . . I certainly share the concern for the right use of time, but suggest that an Inward Scheduler may

be a better guide than an Outward Scheduler as to that use.

Elise Boulding

Teaching

Brought up in this city at the feet of Gamaliel.

Acts 22:3

And gladly would he learn, and gladly teach.

Chaucer

It is a luxury to learn but the luxury of learning is not to be compared with the luxury of teaching.

R.F. Hitchcock

To be a teacher who knows how to enlarge the depth and scope of a person's life is the best gift there is.

Rufus Jones

A teacher who can arouse a feeling for a single good action, for one single good poem, accomplishes more than he who fills our memory with row upon row of natural objects, classified with the name and form.

Johann von Goethe

The man may teach by doing, and not otherwise. If he can communicate himself, he can teach, but not by words. He teaches who gives and he learns who receives.

Ralph Waldo Emerson

It is the supreme art of the teacher to awaken joy in creative expression and knowledge.

Albert Einstein

To know how to suggest is the great act of teaching.

Auriel

It is easy to envisage a good college with poor buildings, but it is not possible to envisage a good college with poor teachers.

Elton Trueblood

When I think of the great teachers that I have personally known, men like Bliss Perry, Alfred North Whitehead, Mark van Doren, Paul Tillich, Rinehold Niebuhr, or my late colleague, Rufus Jones, they have all, in their teaching, seemed to be confiding things that you have already dimly sensed yourself, but they did it in such a way as to give you glimpses of so much more and of such new levels of meaning, that even if they mystified you with their further dimensions of insight, they lured you on.

Douglas V. Steere

. . . I think we can identify four components of the intellectual equipment that would be a prerequisite to the development of teaching skill. The first I shall call "the democratic social component." The second is an interest in the way behavior develops in groups of children and some experience of this development. A third is a sympathetic knowledge of the growth of children, by which I mean far more than physical growth, of course. A fourth might be called the principles of teaching.

James B. Conant.

One way to discover what are considered to be the important professions is to ask which professional schools receive the highest priority in university planning. It is a rare campus on which the school of education is ranked first. Yet, in terms of our national future, teaching is the most important profession.

John W. Gardner

And teaching is not confined to parents and professional teachers. In every business and industry there are learners and teachers. Wherever there are beginners and experts, old and young, there is some kind of learning going on and some sort of teaching. We are all pupils and we are all teachers.

Gilbert Highet

*Time**(See also Today)*

Take time before time takes you.

Ralph Richmond

The years teach much which the days never knew.

Ralph Waldo Emerson

The main problem with this great obsession for Saving Time is very simple; you can't save time. You can only spend it. But you can spend it wisely or foolishly.

Benjamin Hoff

Time is as inexhaustable as the ground of life itself. Even the greatest minds have each discovered only one aspect of it. But everyone, even the most simple mind, apprehends the meaning of time, namely, his own temporarily. He may never be able to express his knowledge about time, but he is never separated from its mystery. His life, and the life of each of us, is permeated in every moment, in every experience, by the mystery of time. Time is our destiny. Time is our hope. Time is our despair. And time is the mirror in which we see eternity.

Paul Tillich

To man time is given like a piece of land, as it were, entrusted to him for faithful tilling; a space

in which to strive incessantly to achieve self-realization, move onward and upward. Yes, with the aid of time, man becomes capable of wrestling the immortal from the mortal.

Thomas Mann

Time is the great physician.

Benjamin Disraeli

Today

(See also Time, and The Near and Now)

This is the day the Lord hath made; we will rejoice and be glad in it.

Psalms 68:98

Encourage one another every day.

Hebrews 3:13

Begin at once to live and count each day a separate life.

Seneca

We have no time but the present. Therefore prize your time for your soul's sake.

George Fox

Happy the man, and happy he alone,
He who can call today his own.
He who secure within, can say
Tomorrow, do thy worst, for I have lived today.

John Dryden

Today is the tomorrow we were worrying about
yesterday—and all is well.

Author unknown

All of us tend to “put off living.” We are all
dreaming of some magical rose garden over the
horizon—instead of enjoying the roses that are
blooming outside our windows today.

Author unknown

Tomorrow—Oh, ’twil never be,
If we should live a thousand years!
Our time is all today, today.

James Montgomery

None of us knows what lies ahead. . . . The im-
portant thing is to use today wisely and well, and
face tomorrow eagerly and cheerfully and with the
certainty that we shall be equal to what it brings.

Channing Pollock

You wake up in the morning and lo, your purse is
magically filled with twenty-four hours—the most
precious of possessions.

Arnold Bennett

Lord, give us this day our daily discovery.

Rendell Harris

Seize this very minute! What you can do or think you can do, begin it.

Johann von Goethe

Write on your hearts that every day is the best day of the year.

Ralph Waldo Emerson

The way of life that I preach is a habit to be acquired gradually and by lone and steady repetition. It is the practice of living for the day only, and for the day's work,—living in day-tight compartments. . . . The chief worries of life arise from the foolish habit of looking before and after.

Sir William Osler

Look to this day!

For it is life, the very life of life.

In its brief course

Lie all the verities and realities of your existence:

The bliss of growth

The glory of action

The splendor of achievement.

For yesterday is but a dream

And tomorrow is only a vision,

But today well lived makes every yesterday

A dream of happiness

And tomorrow a vision of hope.

Look well, therefore, to this day!
Such is the salutation of the dawn.

From the Sanskrit

I know, as I look back on my life, that I have had to live from day to day, striving each day to do my best.

Jane Addams

Geologic examination of ourselves will reveal the fact that our character is a stratified rock, each day laying down a layer.

John Wilhelm Rowntree

Not "then" but "now."
Not "there" but "here"
is the Christian witness to be made.

Douglas V. Steere

This day will leave each of us either weaker or stronger. If we hear some call of duty and do nothing about it, we shall weaken the foundation of our character. If we hear the call of God to some need or service and take even one step toward it, we shall be that much the stronger. In a day which calls for positive action to replace so much prevailing negative criticism, let us, each in his own place, clinch our convictions of righteousness by some decisive deeds.

Ralph Sockman

Whether one is twenty, forty, sixty, or eighty, whether one has succeeded, failed, or just mud-

dled along—Life Begins Each Morning.

Life is a day—this day. All past days are gone beyond retrieving. All days that still may come are veiled in mystery. Each new day is Life, and life begins anew with it.

Each night of life is a wall between today and the past.

Each morning is the open door to a new world—new vistas, new aims, new plans, new thoughts.

The greatest fact of life is this, that it never is too late to start again. Biography simply overflows with inspiring examples of this truth.

However discouraging your days may have been,—keep this thought burning brightly in your mind—Life Begins Each Morning.

L.M. Hodges

Trees

The tree is known by its fruit.

Matthew 12:33

Be still, my heart, these great trees are prayers.

Rabindranath Tagore

The groves were God's first temples.

W.C. Bryant

I like trees because they seem more resigned to the way they have to live than other things do.

Willa Cather

The tree which needs two arms to span its girth sprang from the tiniest shoot.

Lao Tse

A man has made at least a start on discovering the meaning of life when he plants shade trees under which he knows full well he will never sit.

Elton Trueblood

We saw the Great Spirit's work in almost everything: sun, moon, trees, wind, and mountains. . . . Did you know that trees talk? Well, they do. . . . I have learned a lot from trees; sometimes about the weather; sometimes about animals; sometimes about The Great Spirit.

Walking Buffalo—A Stoney Indian

Since then I have planted many fruit trees on our land. In all seasons they have given me great happiness. Seldom a day passes when I do not pay them a visit, talk to them, touch them, care for them, and watch them grow. There is so much joy in fruit trees, from their beautiful flowers in the spring to that sacred, incomparable moment of picking the first ripe fruits in the fall. I am not at all surprised that a golden apple was the symbol of temptation in Paradise.

Robert Muller

He who has more learning than good deeds is like a tree with many branches but weak roots; the first great storm will throw it to the ground. He whose good works are greater than his knowledge is like a tree with fewer branches but with strong and spreading roots, a tree which all the winds of heaven cannot uproot.

The Talmud

Of Japan, what should I choose? The cherry blossoms. Certainly I shall never forget the cherry blossoms on Momijiyama within the moats and walls of the Imperial Palace. . . .

The plum blossoms? Yes, I think of the plum blossoms. . . . I love the plum blossoms, their fragrance and poetry, the symbolism of their courage, blooming in the snow.

Elizabeth Gray Vining

Trees as Good Company

Today I have grown taller from walking with the trees.

The seven sister poplars who go softly in a line;
And I think my heart is whiter for its parley with
a star

That trembled out at nightfall and hung above a
pine.

The call-notes of a redbird from the cedars in the
dusk

Woke his happy mate within me to an answer
free and fine;

And a sudden angel beckoned from a column of
blue smoke. . . .

Lord, who am I that they should stoop—these
holy folk of thine?

Karle Wilson Baker

I think that I shall never see
A poem lovely as a tree.
A tree whose hungry mouth is pressed
Against the earth's sweet flowing breast;
A tree that looks at God all day,
And lifts her leafy arms to pray;
A tree that may in summer wear
A nest of robins in her hair;
Upon whose bosom snow has lain;
Who intimately lives with rain.
Poems are made by fools like me,
But only God can make a tree.

Joyce Kilmer

Sequoias

We must walk sedately here,
Lest we break the reveries
Of these grave and thoughtful trees.
Offer them no flippant greeting.
They will neither bow nor nod;
Will not deign to notice us—
We who compliment and fuss.
Gravely they commune with God;

Quakers at their silent meeting.
Grave and silent be ye all
Who would walk with such as these.

Alzie Nelson

. . . nearly everyone has had the experience of seeing at some time or another a great tree in all the glory and strength of its maturity. Its symmetry, its poise, its shadowy lacing leaves and boughs, its deep-growing roots and sturdy trunk make it possible for the tree to provide not only a shady resting-place, but protection from heat and storm, not alone for man, but also for the beast; and because of this the tree has become endeared to us in a closer way than almost any other single blessing that the world of nature provides for the comfort of men.

Cynthia Pearl Maus

Truth

. . . and ye shall know the truth, and the truth shall set you free.

John 8:32

There is nothing worse in this world than an active ignorance.

Johann von Goethe

Truth is the highest thing that man may keep.

Chaucer

God is truth first of all, even before love, because in the long run love based on a lie, though it be a pious one, has to be paid for dearly by breakdown and disaster. Truth first—bitter pill, hard to swallow at first, but the only universal and infallible remedy.

Pierre Ceresole

Nowhere does Jesus demand of His hearers that they shall sacrifice thinking to believing. Quite the contrary! He bids them meditate upon religion. In the Sermon on the Mount He lets ethics, as the essence of religion, flood their hearts, leading them to judge the value of piety by what it makes of a man from the ethical point of view. . . . Thus the Sermon on the Mount becomes the incontestable charter of liberal Christianity. The truth that the ethical is the essence of religion is firmly established on the authority of Jesus.

Albert Schweitzer

Religions start from the generalization of final truths first perceived as exemplified in particular instances. These truths are amplified into a coherent system and applied to the interpretation of life. They stand—or fall—like other truths—by their success in this interpretation.

Alfred North Whitehead

Wisdom lies only in truth.

Johann von Goethe

Progress in truth—truth in science and truth in religion—is mainly a progress in the framing of concepts, in discarding artificial abstractions or partial metaphors, and in evolving notions which strike more deeply into the root of reality.

Alfred North Whitehead

This man will not lie—he is dangerous!

Pierre Ceresole

No human being is constituted to know the truth, the whole truth, and nothing but the truth; and even the best of men must be content with fragments, with partial glimpses; never the full fruition.

Sir William Osler

Beware of pure logic. It is very dangerous to focus one's attention exclusively on what is geometrically evident. . . . Love truth passionately . . . the spirit of enquiry and objectivity . . . strive to clarify your judgements, but sacrifice nothing of what you feel instinctively to be essential. . . . Say to yourself again and again "With the best will in the world there are things which escape me completely," but go ahead, judge, act on what you do know, on what you love, and truly understand. Do not be a snob, do not lie to yourself. Study yourself sincerely and without flattery.

Pierre Ceresole

On the mountains of truth, you never climb in vain.

Friedrich Nietzsche

To know the truth is easy; but, ah, how difficult to follow it.

From the Chinese

They must upward still and onward who would keep abreast the Truth.

James Russell Lowell

The Seemingly Unimportant

If we are to grow up into real strength, we must regain our respect for the importance of little things and the cultivation of the local and the personal.

Ralph Sockman

It is great and there is no other greatness—to make one nook of God's creation worthy of God—to make some human heart a little more blessed, less accursed.

Thomas Carlyle

We must show ourselves Christian in the details of daily life.

Toyohiko Kagawa

Great occasions for serving God come seldom, but little ones surround us.

St. Francis de Sales

No one can deny the brightness of the planets and the stars of first magnitude, but the glory of the heaven is not in these alone, but also in the infinite number of tiny stars.

Frederick J. Tritton

A journey of three thousand miles is begun by a single step.

Lao Tse

I am done with great things and big things, great organizations and big successes. And I am for those tiny, invisible, molecular moral forces which work from individual to individual, creeping in through the crannies of the world like so many soft rootlets, or like the capillary oozing of water, but which, if you give them time, will rend the hardest monuments of man's pride.

William James

Again and again we are impressed with the fact that little things make big differences. A little act of kindness at a moment of great need makes all the differences between sunshine and shadows. A smile at the right moment may make an intolerable burden lighter. Just a note bearing a message of simple interest or concern or affection may give to another the radically needed assurance. A simple "Thank you" has softened many a hard situa-

tion or punctured the crust of many a "hard-boiled" person. There is always a place for the graceful gesture, the thoughtful remark, the sensitive response.

Howard Thurman

The dear Lord's best interpreters
Are humble human souls;
The gospel of a life like theirs
Is more than books or scrolls.

John Greenleaf Whittier

Lord of all pots and pans and tins,
I have no time to be
A saint by doing lovely things, by watching late
with Thee.
Or praying in the dawnlight, or storming
Heaven's gates.
Make me a saint by getting meals and washing up
the plates.
Warm all the kitchen with Thy love, and fill it
with Thy peace,
Forgive me all my worrying and make all grumbl-
ing cease.
Thou who didst love to give men food, in room or
by the sea,
Accept this service that I do—I do it unto Thee.

Source unknown

The United States

The settlement of North America, the filling up of its vast empty spaces, is the most remarkable extension of one society over an ocean barrier of which we have any knowledge.

Denis Brogan

The American historical experience has been . . . the product of profound faith in man's possibilities and of repeated historical justification of that faith.

Denis Brogan

No nation can achieve greatness unless it believes in something—and unless that something has the moral dimensions to sustain a great civilization.

John W. Gardner

It is true that the pioneer was an individualist, but, at the same time, there was in the pioneer a spirit of cooperation and understanding of the need of building, not a class, but a community. It was that spirit that made possible these United States.

Franklin D. Roosevelt

The question for our society is not whether we are better than we used to be. The question is whether we are good enough.

John W. Gardner

But the glory of the Present is to make the Future
free,—

We love our land for what she is and what she is
to be.

Henry van Dyke

And so, my fellow Americans, ask not what
America will do for you; ask what you can do for
our country.

John F. Kennedy

The U.S.A. As A Democracy

We hold these truths to be self-evident, that all
men are created equal, that they are endowed by
their Creator with certain unalienable rights, that
among these are Life, Liberty, and the Pursuit of
Happiness.

The Declaration of Independence

We the people of the United States, in order to
form a more perfect union, establish justice, in-
sure domestic tranquility, provide for the com-
mon defense, promote the general welfare, and
secure the blessings of liberty to ourselves and
our posterity, do ordain and establish this Con-
stitution of the United States.

The Constitution of the United States

. . . government of the people, by the people, and
for the people. . . .

Abraham Lincoln

The . . . object of the institution of government is to secure the greatest degree of happiness possible to the general mass of those associated under it.

Thomas Jefferson

The legitimate object of government is to do for a community of people whatever they need to have done, but cannot do at all or cannot do so well for themselves in their separate and individual capacities. In all that the people can individually do so well for themselves, the government ought not to interfere.

Abraham Lincoln

A democratic way of doing anything is a way that best keeps and develops the intrinsic powers of men.

Lyman Bryson

No experiment can be more interesting than that we are now trying, and which we trust will end in establishing the fact that man may be governed by reason and truth. Our first object should therefore be to leave open to him all the avenues of truth. The most effectual hitherto found is the freedom of the press. It is therefore the first shut up by those who fear the investigation of their actions.

Thomas Jefferson

Democracy is not a static thing. It is an everlasting march.

Franklin D. Roosevelt

I have often thought that we overlook the fact that the real source of strength in the community comes from the bottom. . . . And so we must see to it that the bottom is left open. We must see to it that the soil of the common feeling, of the common consciousness, is always fertile and unclogged, for there can be no fruit unless the roots touch the rich sources of life.

Woodrow Wilson

Democracy, to be dynamic must provide for its citizens, opportunity as well as freedom.

Franklin D. Roosevelt

Democracy is the most difficult form of government because it is the form under which you have to persuade the largest number of persons to do anything in particular. But I think we are more pleased to undertake it because it is difficult. Anybody can do what is easy. We have shown that we could do what was hard.

Woodrow Wilson

The ballot is stronger than the bullet.

Abraham Lincoln

We have come a long way. But we still have a long way to go. There is still today a frontier that

remains unconquered—an America unreclaimed. This is the great, nation-wide frontier of insecurity, of human want and fear. This is the frontier—the America—we have set ourselves to reclaim.

Franklin D. Roosevelt

America first, not only in things material,
But in things of the spirit.
Not merely in science, invention, motors, skyscrapers,
But also in ideals, principles, character.
Not merely in the calm assertion of rights,
But in the glad assumption of duties.
Not flaunting her strength as a giant,
But bending in helpfulness as over a sick and wounded world, like a Good Samaritan.
Not in splendid isolation,
But in courageous cooperation.
Not in pride, arrogance, and disdain of other races and peoples,
But in sympathy, love, and understanding.
Not in treading again the old, worn, bloody pathway which ends inevitably in chaos and disaster,
But in blazing a new trail along which, please God, other nations will follow into the new Jerusalem where wars shall be no more.
Some day some nation must take that path—
unless we are to lapse into utter barbarism—
and that honor I covet for my beloved America.

And so, in that spirit and with these hopes, I say with all my heart and soul, "America First."

G. Ashton Oldham

The U.S.A. and the World

Peace and friendship with all mankind is our wisest policy.

Thomas Jefferson

In the field of world policy I would dedicate this nation to the policy of the good neighbor.

Franklin D. Roosevelt

We shall have to learn to think, not just as Americans, but as members of the human race—as peculiarly and uniquely fortunate members of the human race, endowed with an enormous potential for creative action. We shall have to learn to think . . . in terms of pioneers opening new horizons, clearing new fields of progress and conquering desert areas. We shall have to shake off the corroding fear of losing what we possess and recapture the spirit of adventure, along with the affinity for all men everywhere seeking change for the better, which once made our nation a symbol of hope throughout the world.

James Warburg

I believe the real issue of our time is whether America, having completed the tremendous century-old task of taming and integrating a

whole continent, will now turn, with the same zeal that characterized her material adventure, to the intellectual and spiritual foundations of her own life, rediscovering and reaffirming them, to the end that she might mediate them to the whole world. I also believe that America could not in reality perform this task except by being absolutely faithful to her Christian tradition, without which she herself would have been impossible in the first place.

Charles Malik (Lebanon)

We know that we cannot succeed in building a peaceful world unless we build an economically healthy world.

Franklin D. Roosevelt

The bulk of the people of the world live and work for revolution and change. We who have arrived and who enjoy our leisure and security are not in tune with these new voices; we and they speak different languages. The tragedy is that while the world needs leadership in revolutions, we have come to regard them with suspicion. We—who have the most glorious revolutionary history of any nation—have let the standard be carried by the communists.

William O. Douglas

From the Americans' deep-seated awareness that they are entrusted with an experiment never before tried by man derive the national characteristics most baffling to Europeans. One is

their apparent lack of respect for other people's precedents and experiences and the past in general. . . . Most Americans seem to believe every problem is born that very morning.

Luigi Barzini

Another serious cause for European apprehension and despondency at times . . . is the immense size, cornucopian fertility, and voraciousness of the United States. It is not surprising . . . that momentous decisions (or non-decisions) of such a great nation should provoke world-shattering consequences. Americans are not always aware of this power of theirs. They occasionally underestimate it optimistically—with disappointing results. They do not always seem to be able to control, harness, and direct their awesome power.

Luigi Barzini

Verbs

Must is one of the easiest verbs in the English language to conjugate. It is gloriously defective, with its one mood and one tense. But if ever a word weighed a ton, it is this same little defective verb. We meet it at all ages and on all levels of life and it holds us like a tested line of trench.

Rufus Jones

When passed through the prism of human experience, the white light of the comprehensive verb, *I*

live, reveals a beautifully illuminating spectrum. No one has learned to live until he can convincingly say to himself the eleven great verbs of life: I am, I think, I know, I feel, I wonder, I see, I believe, I can, I ought, I will, and I serve.

Education in both life and religion is but the process of learning through experience the meaning of these fundamental verbs of life and acquiring the power of each:

I am: the power of self-knowledge.

I think: the power to investigate.

I know: the power to answer facts.

I feel: the power to appreciate, to value, to live.

I wonder: the spirit of curiosity, reverence, worship.

I see: the power of insight, imagination, vision.

I believe: the power of adventurous faith.

I can: the power to act and the skill to accomplish.

I ought: the power of conscience, the moral imperative.

I will: will power, loyalty to duty, consecration.

I serve: the power to be useful, the devotion to a cause.

G. Walter Fiske

Walls

"I am a wall. Generations have passed under my gates; wars and destruction have broken over me like waves. I am still here; I am a wall."

I am a plane. Power and speed. I traverse space and race with time. You are bound; but I can fly—I am a plane."

"I am a wall. You are a plane; you will be gone tomorrow. But I—I will be here forever—a wall."

. . . a plane. . . ."

Anne Morrow Lindbergh

Give me wide walls to build my house of Life—
The North shall be of love, against the winds of
fate;

The South of Tolerance, that I may outreach hate;
The East of Faith, that rises clear and new each
day;

The West of Hope, that e'en dies a glorious way;
The threshold 'neath my feet shall be Humility;
The roof—the very sky itself—Infinity.

Give me wide walls to build my house of Life.

Elinor Lennen

Lay me on an anvil, O God.
Beat me and hammer me into a crowbar.
Let me pry loose old walls;
Let me lift and loosen old foundations.

Lay me on an anvil, O God.
Beat me and hammer me into a steel spike.
Drive me into the girders that hold a skyscraper
together.
Take red-hot rivets and fasten me into the central
girders.

Let me be the great nail holding a skyscraper
through blue nights into white stars.

Carl Sandburg

War

(See also Peace)

War is made by man, methodically and deliberately. I simply do not believe it comes through the Will of God. He allows us to choose it.

Wilmer J. Young

Every war, even the shortest, with all its accompanying losses, thefts, tolerated excesses, robberies, murders, with the supposed justification of its necessity and justice, with the praise and justification of war-like deeds, with prayers for the flag and Fatherland and the hypocritical anxiety for the wounded, corrupts men more in one year than millions of robberies, arsons and murders committed under the influence of passion in the course of hundreds of years.

Leo Tolstoy

It took the human race thousands of years to rid itself of human sacrifices; during many centuries it relapsed again and again. . . . So we have fallen back into warfare, and perhaps will fall back

again and again, until in self-pity, in self-defense, in self-assertion of the right of life, not hitherto a few, but the whole people of the world will brook this thing no longer.

Jane Addams

Every gun that is made, every warship that is launched, every rocket fired, signifies in the final sense a theft from those who hunger and are not fed, who are cold and are not clothed.

Dwight D. Eisenhower

We have a law against the slaughter of cattle according to Jewish custom; we might have one against the slaughter of men according to Christian custom.

Pierre Ceresole

. . . any country with expert bacteriologists and a few fanatical distributors is as potent militarily as any other country in the world. The measures of military potency previously used are therefore obsolete. Manpower is irrelevant. Heavy industry has nothing whatever to do with this since such development matters little in the production of deadly materials. Large armies, navies, and airforces, including the Atomic Bomb itself, which have been regarded as the symbol and fact of Power, are now obsolete. The Atomic Bomb is childplay compared with the potency of the biological.

Brock Chisholm

We are all aboard the same flight. The plane is called the nuclear age. What makes the situation precarious is that there is audible snarling from the direction of the pilots struggling over the controls. One thing is certain. They cannot grapple with one another and keep their hands on the controls at the same time.

Norman Cousins

O war, I hate you most of all for this, that you lay your hands on the noblest elements in human character, with which we might make a heaven on earth, and you use them to make a hell on earth instead. You take even our science, the fruit of our dedicated intelligence by means of which we might build here a City of God, and, using it, you fill the earth instead with new ways of slaughtering men. You take our loyalty, our unselfishness, with which we might make the earth beautiful, and, using these our finest qualities, you make death fall from the sky and burst up from the sea and hurtle from unseen ambuscades sixty miles away; you blast fathers in trenches while you are starving their children at home by blockades. . . .

Harry Emerson Fosdick

The Way
The Way

This is the way, walk ye in it. . . .

Isaiah 30:21

I will show you a far better way.

I Corinthians 13:1 (Goodspeed)

I am the way, the truth and the life; no man cometh unto the Father but by me.

John 14:6

To every man there cometh
A way, and ways, and a way
And the high soul climbs the high way
And the low soul gropes the low
And in between, on the misty flats,
The rest drift to and fro.

But to every man there openeth
A high way and a low
And every man decideth
Which way his soul shall go.

John Oxenham

We think we must climb to a certain height of goodness before we can reach God. But He says not "At the end of the way you will find me." He says "I am the Way." I am the road under your feet, the road begins just as low down as you happen to be. If you are in a hole, the way begins in the hole." The moment we turn to walk in the

Way, we are walking in God. The moment we set our feet in the same direction as His, we are walking with God.

Helen Wodehouse

God asks only that you get out of the way, insofar as you are creature, and let him be God in you. . . . Ah, beloved people, why don't you let God be God in you?

Meister Eckhart

Try all the ways to peace and welfare you can think of and you will find there is no way that brings you to it except the way of Jesus.

Matthew Arnold

I find that the great thing in this life is not where we stand but in what direction we are moving.

Oliver Wendell Holmes

. . . our central need is for a contemporary redemptive society which will do for us what the redemptive society envisaged by Augustine did for his generation and for succeeding generations. Christianity won in the Roman Empire, not chiefly as a belief, though it was a belief, but more as a self-conscious fellowship, and there is nothing in subsequent history to make us suppose that the faith adequate for our day will win in any other way.

Elton Trueblood

Because Thou art the Way,
Changing, yet changeless,—new, yet still the
same,
Both that to which I go, from whence I came—I
falter not, nor stay.

I do not fear the road,
The great adventure into tracts unknown.
My questing spirit wanders not alone
Where other feet have trod.

Thou Comrade of my soul,
So near, yet ever just beyond my sight,
Reach back Thy hand to hold me in the night
And bring me to the goal.

Elizabeth P. Howard

Work and Your Other Vocation

In the beginning God created. . . .

Genesis 1:1

And the Lord God took the man and put him into
the garden to dress it and tend it.

Genesis 2:15

In the handiwork of their craft is their prayer.

Ecclesiastes 8:4

Work is the inevitable condition of human life;
the true source of human welfare.

Leo Tolstoy

Employment is nature's physician, and is essential to human happiness.

Claudius Galen

No race can prosper till it learns that there is as much dignity in tilling a field as in writing a poem.

Booker T. Washington

Of all the methods available for absorbing the aggressive energies of mankind in a useful direction, work takes first place. It may not be the oldest; it certainly is not the most pleasant. But it has a certain realistic quality which makes it seem the most practical and obvious of all sublimations. Almost everyone would accept it as self-evident that we must work in order to live; not everyone believes that we must play in order to live or that we must have something to believe in or to love.

Karl Menninger

If you want to be not only successful, but personally happy, and permanently successful, then do your job in a way that puts light in people's faces. Do that job in such a way that, even when you are out of sight, folks will always know which way you went by the lamps left behind.

Kenneth McFarland

It will be a long time before we arrive at a comprehensive analysis of the unconscious motives involved in all the various specialties of human labor, but what I have outlined here is sufficient

to illustrate the possibilities, based on the original postulate; namely, that the destructive instinct may be modified by the sublimating efforts of the erotic instinct into the constructive activity of work.

Karl Menninger

Work expresses your life so long as it flows with it; but when it clings, then it impedes, and shows, not life, but itself.

Rabindranath Tagore

And all work is empty save when there is love;

And when you work with love, you bind yourself to yourself, and to another, and to God.

And what is it to work with love?

It is to weave the cloth with threads drawn from your heart, even as if your beloved were to wear that cloth.

It is to build a house with affection, even as if your beloved were to dwell in that house.

It is to sow seeds with tenderness and reap the harvest with joy, even as if your beloved were to eat the fruit.

It is to charge all things you fashion with a breath of your own spirit.

Kahlil Gibran

The actual career which one selects is in itself only of secondary importance. The thing that apparently matters to God is one's motive for embracing it. A ballet-dancer may be—and I cannot help believing often is—quite as pleasing to God

as a nun. The important thing is that one should take reasonable means to fit into the jig-saw of life in exactly the spot where God wants one.

Monica Baldwin

The religious man is not only religious when he prays; his work is religiously done, his recreation religiously enjoyed, his food and drink religiously received; the last he often emphasizes by the custom of grace before meat. He does his duty religiously; above all, his failures in duty affect him religiously.

William Temple

God's work, the doing of His will, is extraordinarily inclusive—raising food on the land, ordering a nurturing home, taking care of a child with loving insight, speaking simple truth, spreading love abroad in any spot of the world, praying and working for the Kingdom of God, being heroic in quiet ways, saying the right word when others do not dare, walking straight forward in the path of duty—these are some of the ways of doing God's will.

Rufus M. Jones

We must try to make the distinction between worship and work and play less sharp. . . .

Peter Marshall

The hidden forces of goodness are embodied in those persons who carry on as a secondary pur-

suit, the immediate personal service which they cannot make their life work. The lot of many is to have a profession, for the earning of their living and the satisfaction of society's claim on them, a more or less soulless labor in which they can give out little or nothing of their human qualities. . . . Anyone can rescue his human life, in spite of his professional life, who seizes every opportunity of being a man by means of personal action, however unpretending, for the good of fellow-men who need the help of a fellow-man. Such a man enlists in the service of the spiritual and good.

Albert Schweitzer

It is the art of mankind to polish the world, and everyone who works is scrubbing in some part.

Henry David Thoreau

It is a gross error to suppose that the Christian cause goes forward solely or chiefly on weekends. What happens on the regular week may be far more important . . . than what happens on Sundays. . . . Most men ought to stay where they are and to make their Christian witness in their ordinary work rather than beyond it. . . . One of the heartening developments of our time has been the growing awareness . . . of the meaning of vocation. The idea is that God can call us to many kinds of activity and that secular work well done is a holy enterprise.

Elton Trueblood

You have, he (Albert Schweitzer) said, your everyday work . . . work that you must do first

and do well, but close behind it, treading on its heels, comes your No. 2 job, for which there is no pay except the privilege of doing it. But in the second job one encounters noble chances and finds deep strength; here all a man's reserve power can be put to work, for what the world lacks most today is men who occupy themselves with the needs of other men. In this unselfish labor a blessing falls on both the helper and the helped.

Fulton Oursler

O Master-Workman, if Thou choose
The thing I make, the tool I use,
If all be wrought to Thy design,
And Thou transmute the Me and Mine;
The noise of saw and plane shall be
Parts in the heavenly harmony.
And all the din of working days
Reach Thee as deep and peaceful praise.

Author Unknown

Worldview

Human life should remain as a home of many rooms.

Clyde Kluckhohn

I earnestly hope that I shall find my home anywhere before I leave it.

Rabindranath Tagore

The good we secure for ourselves is precarious and uncertain . . . until it is secured for all of us and incorporated into our common life.

Jane Addams

We travel together, passengers on a fragile spaceship, dependent on its vulnerable reserves of air and soil—all committed for our safety to its security and peace; preserved from annihilation only by the care, the work, and I will say, the love, we give our fragile craft.

Adlai Stevenson

Now let me suggest . . . that if we are to have peace on earth, our loyalties must become ecumenical rather than sectional. Our loyalties must transcend our race, our tribe, our class, and our nation, and this means we must develop a world perspective. No individual can live alone; no nation can live alone, and as long as we try, the more we are going to have war in this world. Now the judgement of God is upon us and we must learn to live together as brothers or we are all going to perish together as fools.

Martin Luther King, Jr.

The most important single fact in the world today is that East and West have met.

Rabindranath Tagore

We have it in our hands to give history some new, unprecedented turn.

Arnold Toynbee

A New Era Is Emerging

One of the most remarkable triumphs of vision over experience lies in the fact that any kind of belief in the unity of mankind ever contrived to emerge.

Barbara Ward

The twentieth century marks the middle period of a great transition in the state of the human race. It may properly be called the second great transition in the history of mankind. The first transition was that from precivilized to civilized society which began to take place about five (to ten) thousand years ago. This is a transition that is still going on in some parts of the world, although it can be regarded as almost complete. . . . even as the first great transition is nearing completion. However, a second is treading on its heels. It may be called the transition from civilized to post-civilized society. . . . If the word technological or the term developed society is preferred, I would have no objection.

Kenneth Boulding

There is no inevitability and no determinism in making this great transition . . . there are a number of traps which lie along the way and which may either prevent man and his planet earth from making the transition altogether or delay it for generations or even thousands of years. The first most obvious trap is the war trap. . . . Another possible trap which might delay the attainment of the transition for a long

time is the population trap. A third possible trap is the technological trap. . . . Any one of them could be fatal. Not one of them has to be fatal.

Kenneth Boulding

We may now be in only the initial period of an era of change as far-reaching in its consequences as the American Revolution. The developed industrial nations of the world cannot remain secure islands of prosperity in a seething sea of poverty. The storm is rising against the privileged minority of the earth, from which there is no shelter in isolation and armament. The storm will not abate until a just distribution of the fruits of the earth enables man everywhere to live in dignity and human decency. . . . But we do not have much time. The revolutionary spirit is already world-wide. If the anger of the peoples of the world at the injustice of things is to be channeled into a revolution of love and creativity, we must begin to work, urgently, with all the peoples, to shape a new world.

Martin Luther King, Jr.

Pessimism and cynicism stem from a sense of hopelessness and helplessness, and human beings have ever been helpless. The transient failures that have pockmarked history reflect periods of philosophical poverty. But, given a transcendent vision, people have proved themselves capable of uniting across their differences, particularly when it is clear that their destinies are interlocked.

Norman Cousins

The most distressing aspect of the modern world is not the gravity of its problems. . . . It is the dampening of the human spirit which causes many contemporary people, especially in the countries of Western civilization, to lose their pride in being human and to doubt that we shall be able to cope with our problems and those of the future.

Renee DuBos

I believe that human life is given meaning through the relationship which the individual's conscious goals have to the civilization, period, and country within which one lives. At times the task may be to fence a wilderness, bridge a river, or rear sons to perpetuate a young colony. Today it means taking upon oneself the task of creating one world in such a way that we both keep the future safe and leave the future free.

Margaret Mead

In the final analysis the welfare of humankind may well depend upon our ability to create the equivalent of the tribal unity that existed at the beginning of the human adventure, while continuing to nurture the individual diversity which is essential for the further development of civilization. We should aim at some form of political unification of humankind, but global unity will be viable only if it is compatible with the cultivation of diversity and pluralism in our habits, tastes, and aspirations.

Rene DuBos

In understand now that true welfare is possible for me only on condition that I recognize my fellowship with the whole world. I believe this, and the belief has changed my estimate of what is right and wrong, important and despicable. What once seemed to me right and important—love of country, love for those of my own race, for the organization called the State, services rendered at the expense of the welfare of other men, military exploits—now seem to me detestable and pitiable. What once seemed to me shameful and wrong—renunciation of nationality and the cultivation of compolitanism—now seem to me right and important.

Leo Tolstoy

To extend their lives to all parts of the earth, people do not need to change their places of residence. They can remain where they are and multiply and lengthen their lines of intercourse.

Ralph Barton Perry

Because of what we now know about cultural differences, we should not do unto others what we would have them do unto us. Instead, we should do unto others as they would have us do unto them.

Margaret Mead

The human race has its moods and tensions, . . . like an individual, and war is all too often the outcome. As humanity advances, toward higher levels of evolution, greater provision must be

made for the pent-up emotions through more world sport, world art, world folklore, and world festivities. One should not underestimate the role played by the United Nations in defusing and reducing world tensions. I wonder what our planet would look like if the United Nations were not around to be the first shock absorber, safety lid, and verbal shouting gallery for the innumerable tensions that constantly arise among nations and groups of people.

Robert Muller

Whatever the uncertainties of the future may be, of these facts we can be sure. The oncoming generations will have to operate in a world arena; be at home in many lands, among many peoples; comprehend many philosophies and psychologies; and be open to approaches as yet uncharted. They will need to have special knowledge, certainly; but they will need something far more important: an intense awareness of the conditions under which the values essential to the future of mankind can be created and maintained.

Norman Cousins

World-Oriented Individuals

I am not an Athenian or a Greek, but I am a citizen of the world.

Socrates

Be universal in your spirits.

William Penn

No man is an island, entire of itself:

Every man is a piece of the continent, a part of
the main:

If a clod be washed away by the sea, Europe is
the less:

Any man's death diminishes me

Because I am involved in mankind.

John Donne

My country is the world; my countrymen are
mankind.

William Lloyd Garrison

Who learns to swing between both worlds

Wisely, he worketh best.

And so, good luck to him who travels

Between the East and West.

Johann von Goethe

We are all citizens of one world, we are all of one
blood. To hate a man because he was born in an-
other country, because he speaks a different lan-
guage, or because he takes a different point of
view on this subject or that, is a great folly. De-
sist, I implore you, for we are all equally hu-
man. . . . Let us have but one end in view, the
welfare of humanity.

Johann Amos Comenius

I understand now that true welfare is possible for me only on condition that I recognize my fellowship with the entire world. I believe this and the belief has changed my estimate of what is right and wrong, important and despicable.

Leo Tolstoy

It is a glorious destiny to be a member of the human race though it is a race dedicated to many absurdities and one which makes many terrible mistakes; yet with all that, God himself glorified it becoming a member of the human race.

Thomas Merton

The person who characterizes international understanding is one who associates strangeness with friendliness rather than with hostility.

Lyman Bryson

Already there seems to me to be in existence a new kind of human being who is living ahead of the meaning of our time, knowing only that meaning has to be lived before it can be known, and that every step of the exacting journey has to be accomplished before new being can be discovered. Already in the world there are many individuals who are so strongly attacked by this need of contemporary reality that they experience the inadequacies of their communities as a sickness of their own physical being.

Laurens van der Post

There is in the world today an "invisible college" of people in many different countries and many different cultures, who have this vision of the nature of the transition through which we are passing and who are determined to devote their lives to contributing toward its successful fulfillment. Membership in this college is consistent with many different philosophical, religious, and political positions. It is a college without a founder and without a president, without buildings and without organization. . . . Its living representatives are still a pretty small group of people. I think, however, that it is they who hold the future of the world in their hands or at least in their minds. For this invisible college I am an unashamed propagandist.

Kenneth Boulding

Worship

But a time is coming—it is already here—when the true worshippers will worship the Father in spirit and sincerity, for the Father wants such worshippers. God is spirit and his worshippers must worship him in spirit and in sincerity.

John 4:23 (Goodspeed)

Worship is not primarily a mode of expression. It is primarily a mood of aspiration. It is not primarily a way of doing something. It is primarily a feeling of desire to do that thing. Those who

forget or overlook this fact are the formalists, the ritualists, the play-actors of religion. They have lost their way. He who is so greatly concerned about mode that he neglects the cultivation of mood is like a man who lays out a garden in the desert sands without having first assured himself that there are springs of water in the hills which may be diverted and caused to fertilize the soil.

Dwight Bradley

Worship is the soul's response to God. . . . It is the spontaneous emotion of love and praise and wonder that goes out to things that are worshipful, wonderful, and lovely. "We live by admiration, hope, and love." That is worship, and every form of worship, every religious service, ought so to express God that irresistibly the minds of those who are present are moved to love and worship. That is the supreme aim of a religious service, that you should so see God, even if only for a moment . . . that you ask nothing more. . . . To create that feeling should be the aim of every religious service.

Maude A. Royden

Worship is the way in which we contact the source of strength and fortitude necessary to mold our individual and group habits so that we may even attempt to live up to our ideals. Some of us hesitate to consider worship as a form of discipline, but rather as a basic need, as basic as food, shelter, and clothing.

Pacifist Living pamphlet

We need corporate encouragement to recall and be re-dedicated to that deep citizenship to which our lives stand pledged.

Douglas V. Steere

The regular participation in corporate worship nurtures the tender insight of private prayer and helps to give it grows a stalk, a stem, a root, and soil in which to grow.

Douglas V. Steere

A service of corporate worship is for those who are weary and heavy laden. It is for sinners, for apprentices and journeymen, as well as master workmen, and what we begin with does not matter. What matters is, are we brought to such a focus of attention that our claimful cares are made aware of being petty chatterers in the presence of the patient Listener? What matters is, does this awareness of the Listener change their course, re-order them, drop them into the background, and finally, reduce them to silence as the worshipper becomes still enough to hear God speak?

Douglas V. Steere

. . . worship is of supreme importance and so conduct tests it. Conduct tests how much of yourself was in the worship you gave to God.

William Temple

The test of these (art and worship) is whether, as a result of them, we have more love for our fellow

men. This is one of the differences between the emotional condition of real worship and the emotional condition generated by great art. They feel very much alike, but for many people at least, the experience of great art creates a feeling of sensitiveness to the unsatisfying qualities of life and of our neighbors. When we have been absorbed in great music, I do not think we generally feel particularly charitable to the people we meet outside. They seem to be of a courser fiber than that into which we have been entering. That could never be true of our worship if it has really been worship of God, not some indulgence of our spiritual emotion, but the concentration of mind, heart, and will on Him. You will be full of kindness for everybody as you go out from such worship. It is only as the world gets hold of you again that that begins to fail and you have to come again and kindle the fire of your worship until it lasts undying.

William Temple

The church could help build a public by worshipping in public places. If a public is to discover and sustain itself, our deepest symbols of unity, of brokenness, and of longing for reconciliation must be shared. That is the nature of worship—a symbolic celebration of the unity we have, a petition for forgiveness of the ways we have broken our bond, and a receptivity to the wholeness that is promised by God. When we hold such rites only in private, we strip the public of the symbols needed to evoke a public, and we move ourselves

from the realities of the public world in which the reconciliation of strangers must occur.

Parker T. Palmer

Youth

Rejoice, a young man, in thy youth. . . .

Ecclesiastes 11:9

Remember also thy Creator in the days of thy youth. . . .

Ecclesiastes 12:1

Let no man despise thy youth; but be thou an example to them that believe, in word, in manner of life, in love, in faith, in purity.

I Timothy 4:12

The notion of a true self embodying all goodness is a romantic fiction. The best of all parents have not shielded us from wrestling with the problems of security, acceptance, control, jealousy, rivalry. The strategies for living that we develop, some causing us to be tender and loving and others egging us on to be competitive and cruel, form parts integral to our distinctive character by the end of childhood. To "know thyself" in the full sense, one must eventually allow acquaintance with all these parts. This is the opportunity presented to

us as we move through a series of critical passages. . . . And even as one part of us seeks the freedom to be an individual, another part is always seeking for someone or something to surrender our freedom to.

Gail Sheehy

. . . the mature of each generation run a grave risk of putting their efforts in a futile direction . . . unless they can keep in touch with the youth of their own day and know at least the trend in which eager dreams are driving them.

Jane Addams

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